

The Bake Sale
by Timothy J. Muise

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Warriors sold cookies to help out some cons,
smiles instead of swords righting the wrongs.
Hearts full of gold not weighed on a scale,
love for their brother so fully unveiled.

Sarvi & Helen wearing the breastplate of love,
hot from their oven such gifts from above.
The Hungry, the lonely, those tucked away,
will reap the benefits of their blessings today.

My life is better knowing these two,
actions not words always shine through.
Thank you and know that I am moved to the bone,
your love and kindness let us know we are not alone.

For Sarvi & Helen

Two beautiful souls battles the brutal winter cold to sell cookies to passersby, the proceeds to be used to make a sick and dying prisoners holiday season a bit more bearable. Incredible compassion from two beautiful souls who give of themselves to change their world! I am humbled by their beauty of soul. I cannot wait to laugh with them again and let them know that they are saving lives! The world is a kind and gentle place, full of love and compassion; their lives prove that out!

Find Out More at: Worldbodymind.wordpress.com
Read The "Pass The Pen" project.