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RE: BIG SCANDAL IN L.A. COUNTY JAIL CASE,
(SOUNDS SIMILAR TO PBSP IN THE 1990'S). (POST).

TODAY IS SATURDAY, IT'S AROUND 1:30 PM AND I'M SITTING IN MY CELL WAITING FOR THEM TO START RUNNING THE SHOWERS, WE SHOWER THREE TIMES A WEEK. IT'S THE ONLY TIME WE CAN ALSO SHAVE, SO IT'S KIND OF A BIG & C OF BETTER AN IMPORTANT ONE.

OKAY SO I WENT TO THE YARD FOR MY HOUR AND A HALF. I EXERCISED AND SHOULDERS ON THE PULL UP BARS. WHILE I WAS EXERCISING I THOUGHT OF ARTICLE I READ IN THE SAN FRANCISCO CHRONICLE. IT WAS ABOUT AN ABUSE SCANDAL IN THE LOS ANGELES COUNTY JAIL. THERE IS A BIG INVESTIGATION & CIVIL RIGHTS COMPLAINT BEING FILED DOWN THERE.

SHERIFF DEPUTES HAVE BEEN BEATING PRISONERS, AND VIOLATING MANY HUMAN RIGHTS CONDITIONS. (SOUND FAMILIAR) YEAH IT SHOULD.

THIS IS SOMETHING THAT BELIEVE IT OR NOT HAS ALWAYS BEEN A PART OF THE JUSTICE SYSTEM EVER SINCE I COULD REMEMBER.

THERE HAS BEEN PROBABLY THOUSANDS OF CIVIL SUITS FILED ON THATS OF ABUSE OVER THE PAST 50 YEARS.

THE JAIL SYSTEM IS DIFFERENT FROM THE PRISON SYSTEM IN ONE WAY. I AM NOT DOING PRISON SENTENCES, THEY DO NOT HAVE THE ABILITY TO ASK FOR LEGAL ASSISTANCE FROM JAIL HOUSE LAWYERS. I AM NOW A JAIL HOUSE LAWYER MYSELF. THOUGH I PREFER TO BE CALLED A PARALEGAL.

IN PRISON ANY ABUSE WOULD BE CHALLENGED IN SOME WAY BY PRISONERS TRY TO HELP EACH OTHER.

I LOOK AT THE VIOLATIONS AT THE COUNTY JAIL AND WONDER WHY IT TOOK SO LONG FOR ANYONE TO BRING IT OUT IN THE OPEN. IT'S NOT NEW, IT'S BEEN GOING ON FOR DECADES. THIS IS CONSIDERED A NORMAL THING IN MANY DETENTION CENTERS.