

PABLO PINA D-28079
P.O. BOX 7500 D-2 122 SHU.
CRESCENT CITY, CALIF 95531

1/7/11

RE: SOLITARY CONFINEMENT: (POST).

RECENTLY IN A HEARING IN SACRAMENTO CDCR OFFICIALS SAID THAT (SHU) INMATES ARE NOT IN SOLITARY. HE SAID THIS BECAUSE MOST INMATES HAVE A TV OR A RADIO. THEY HAVE BOOKS, THEY CAN ORDER CANTEEN ITEMS IF THEY HAVE MONEY. SOME INMATES EVEN HAVE A CELL MATE.

BUT WHAT CDCR DOES NOT SEE, IS THAT REGARDLESS OF WHAT A SHU INMATE HAS IN HIS CELL. HE IS STILL IN HIS CELL ALL DAY AND ALL NIGHT, 24-7,

HE IS CUT OFF FROM THE REST OF THE INMATES, HE CAN NOT DO WHAT ALL OTHER PRISON INMATES ARE ALLOWED TO DO.

CDCR DOES NOT PROVIDE US WITH NOTHING BUT OUR CLOTHES, BEDDING AND BASIC SUPPLIES. ONE BAR OF SOAP, A SMALL PACK OF TOOTH PASTE AND A TOOTH BRUSH THAT WEARS OUT AFTER A FEW DAYS. AND A LITTLE OF TOILET PAPER.

THEY DON'T WANT US TO HAVE ANY TYPE OF GAMES, PLAYING CARDS OR ANYTHING TO OCCUPY OUR TIME. THEY CONFISCATE ANY THING WE MAKE ON OUR OWN.

I MADE SOME PLAYING CARDS MYSELF FROM CEREAL BOXES. I ALSO MADE SOME DOMINOES OUT OF MILK CARTONS. I'VE MADE A SCRABBLE BOARD OUT OF A MANILA ENVELOPE AND CHIP CHIPS FROM MILK CARTONS I EVEN MADE A BATTLESHIP SET. BUT THEY WERE ALL TAKEN AS CONTRABAND. SO THEY DON'T WANT US TO HAVE ANY KIND OF FUN. THEY WANT US TO STAY IN OUR CELL AND STRESS OUT. HOPING WE WILL JUST GIVE UP. AND DEBRIEF.

I CAN'T LIE IT GETS TOUGH SOMETIMES, ESPECIALLY WITHOUT SUPPORT FROM THE OUTSIDE.

THIS IS SOLITARY, I DON'T CARE IF THERE WERE TEN GUYS IN A CELL. THEY ARE ALL IN SOLITARY.