

JANUARY 13, 2014

"FORGIVENESS IS A CREATIVE ACT THAT CHANGES US FROM PRISONERS OF THE PAST TO LIBERATED PEOPLE AT PEACE WITH OUR MEMORIES. IT IS NOT FORGETFULNESS, BUT IT INVOLVES ACCEPTING THE PROMISE THAT THE FUTURE CAN BE MORE THAN DWELLING ON MEMORIES OF PAST INJURY. FORGIVENESS BREAKS THE CYCLE OF HATRED, RESENTMENT, ANGER AND PAIN THAT IS OFTEN PASSED ON TO THOSE AROUND YOU. FORGIVENESS HELPS YOU MAKE PEACE WITH YOUR PAST."

- QUOTE BY: LARRY JAMES

HELLO WORLD,

HAPPY NEW YEAR! 😊 MAY THE PEACE AND BLESSINGS OF ALLAH (GOD) BE UPON YOU THROUGHOUT THIS ENTIRE YEAR OF 2014... AND BEYOND.

IN MY QUOTE, I CHOSE THE SUBJECT OF "FORGIVENESS" BECAUSE I BELIEVE THAT NO MATTER HOW GOOD A FRIEND, A FAMILY MEMBER, OR A SIGNIFICANT OTHER IS IN OUR LIVES, THEY'RE GOING TO HURT OR DISAPPOINT YOU EVERY ONCE IN A WHILE, AND YOU MUST "FORGIVE" THEM FOR THAT.

ALSO, THIS SUBJECT HAS SPECIAL MEANINGS TO ME BECAUSE FOR SO MANY YEARS OF MY LIFE, I WAS UNABLE TO FULLY "FORGIVE" OTHERS WHOM I PERCEIVED TO HAVE HARMED ME OR "DISRESPECTED" ME. THIS WOULD CAUSE ME TO HAVE AND HARBOR RESENTMENTS/GRUDGES TOWARDS OTHERS AS I WOULD "PLAY-BACK" THAT EPISODE OF HARM WITHIN MY MIND; THEREBY, I'D REMAIN "UPSET" WITH MY OWN EMBITTERMENT WITH THAT PERSON. I WAS ONLY HURTING