

AS EXPLAINED EARLIER THEY HAVE SOMEWHAT REVISED THEIR PROGRAM FOR THE STEPDOWN OUT OF SHU. THEY SOUND THE SAME TO ME. I DON'T SEE TOO MUCH OF A CHANGE. WITH THE EXCEPTION THAT NOW WE DON'T NEED TO SIGN A CONTRACT.

I'M STILL WAITING TO GO BEFORE THE (DRB) BOARD TO SEE WHAT THEY TELL ME. AND WHAT I MUST DO TO COMPLY WITH THEIR PROGRAM. IF IT'S TOO MUCH, I MAY HAVE TO DECLINE. I AM NOT GOING TO BOW DOWN TO THEM OR ANY ONE ELSE. BUT IF IT'S SOMETHING I COULD WORK WITH, AND STILL RETAIN MY SELF RESPECT AND DIGNITY. I'LL THINK ABOUT IT. I KNOW SOME INMATES HAVE BEEN LET OUT OF SHU, BUT OTHERS HAVE REFUSED TO COMPLY. SO THIS IS WHY I CAN'T SAY HOW I WILL REACT. I MUST HEAR THEM OUT FIRST.

I WILL SEND THE REST OF THE STEPDOWN PROGRAM POLICIES AS TIME PERMITS. BUT IT WILL BE IN PARTS.

I KNOW SOME OF THE INMATES WHO HAVE BEEN LET OUT OF SHU AND THEY ARE SOLID INDIVIDUALS. BUT SINCE OTHERS WHO HAVE REFUSED ARE ALSO SOLID INDIVIDUALS.

SO THIS IS WHY I THINK ITS CONFUSING FOR MOST OF INMATES. I THOUGHT EVERYONE WAS SUPPOSED TO REFUSE TO COMPLY. OBVIOUSLY SOME HAVE DISREGARDED THAT.

NEW PROPERTY ALLOWED IN SHU-MATRIX: JANUARY 2014.

2- SHORTS (NO LOGOS)

1- GLOVES

2- BODY POWDER, FOOT POWDER, TALCUM, 20 oz MAX

6- SOAP BARS

1- TOOTH BRUSH (MAY BE CUT TO MEET STANDARDS)

2- TOOTH BRUSH HOLDER (ONLY TO COVER TOP).

3- T. PASTE

2- WASH CLOTHS.

1- HAIR GREASE (20 oz)

1- FACE CREAM (10 oz)

2- LAUNDRY DETERGENT (36 oz) warden approval ✓

2- LAUNDRY SOAP. 7.0Z ✓

2- LOTIONS 30oz.

yes OVER THE COUNTER MEDICATIONS. COUGH DROPS ETC.

1- MOUTH WASH.

yes - BEVERAGE CANNED OR BOTTLED SODA, WATER (CANTEEN ONLY). ✓ NO SUGAR

yes - CANDY NO LIMIT.

NO ALUMINUM, PLASTIC
BOTTLES.

CEREALS yes.

yes - CHEESE (NO AEROSOL)

yes - CHIPS - TACO SHELLS.

yes - COCOA (SUGAR FREE)

yes - COOKIES

yes - COFFEE.

yes - 1 CONDIMENTS HOT SAUCE, HONEY (NO SUGAR), NO JELLY, HONEY, JUICES AND SUGAR.

yes - POUCHED FOODS, (VACUUM PACKED) (TUNA, SARDINES, ETC.)

yes - PEANUT BUTTER. 30 oz.

no - INSTANT FOODS, RICE, BEANS, CHILE, PASTA, ✓ (I THINK THIS IS A MISTAKE)

no - PROTEIN SUPPLEMENTS (MEDICAL PRESC. ONLY). ✓

yes - SOUPS, NOODLES (STYROFOAM NOT PERMITTED - STAFF MAY EMPTY).

YES - VITAMINS - SOLID TABLET/CAPLET OR SOFT GEL ONLY, NOT EXCEED 250 TABS.
PER CONTAINER, MAX 6 - BOTTLES PER PRODUCT.
(NO BULK POWDERED PRODUCTS PERMITTED) ✓

14 - COLORED INK PENS/FILLERS.

10 - BOOKS/MAGAZINES (DOES NOT APPLY TO LEGAL BOOKS MATERIALS)

1 - BOWL

1 - CALENDAR.

25 - CARD STOCK / DRAWING PAPER 12 X 12 (CANTEEN ONLY) ✓

12 - CHALK PASTEL (CANTEEN ONLY).

200 - SHEETS OF WRITING PAPER.

1 - TUMBLER (16 OZ) (HAS TUBE OF SOFT PLASTIC WITH LID).

1 - EAR BUDS (CLEAR CASE ONLY). VALUE \$50.00

1 - RING (WEDDING BAND).

1 - T.V. COMBINATION.

1 - TYPEWRITER

1 - RADIO ✓

* METAL CONTAINERS AND GLASS CONTAINERS NOT ALLOWED.

PELICAN BAY STATE PRISON
SECURITY HOUSING UNIT
UNIT D-2