

PABLO PIÑA D-28579  
P.O. BOX 7500 D-2 122 SHU.  
CRESCENT CITY, CALIF 95531

2/7/14  
FRIDAY AM

RE: ANOTHER DAY IN THE SHU, (POST)  
AND STEP DOWN PROGRAM POLICIES.

GREETINGS.

TODAY IS THE 7th OF FEBRUARY AND ITS AROUND 8:30 AM I RECEIVED A MEDICAL  
DUCAT LAST NIGHT SO IM WAITING FOR THEM TO COME AND GET ME FOR THE DOCTORS LINE,  
IT'S BEEN RAINING THE LAST FEW DAYS WITH ALL THE DROUGHT ISSUES THAT HAVE BEEN  
GOING ON IN CALIFORNIA AND THEY HAVE BEEN CUTTING OUT HOT WATER OFF KIND OF  
REGULAR AROUND HERE, MAYBE NOW WITH THE LATEST RAIN THEY'LL BACK UP OFF OF US.  
I WENT TO SEE THE DOCTOR EARLIER AND THE DOCTOR TOLD ME THEY ARE GOING TO CHANGE  
MY MEDICATION AGAIN. I TAKE THYROID MEDICATION AND THEY ARE CONSTANTLY CHANG-  
ING IT TO A HIGHER AND LOWER DOSE, AND BETWEEN GENERIC AND NAME BRAND MED-  
ICATION, IM NOT A DOCTOR SO I DONT KNOW WHAT TO THINK ABOUT ALL THIS AND I  
JUST GO ALONG WITH THE PROGRAM, HOPING THEY ARE DOING THE RIGHT THING.  
ALL DAY WE HAD TO GO WITH ~~OUT~~ WATER, THEY KEEP TELLING US THE PIPES HAD  
BROKE, THEN THAT A WORKER USING A BACKHOE DUG UP A PIPE BREAKING IT IN  
HALF. THIS PLACE IS STEADILY HAVING PROBLEMS WITH THE WATER AND ELECTRICITY,  
AND ITS SUPPOSE TO BE STATE OF THE ART, YEAH RIGHT!

IM ENCLOSEING THE NEXT PART OF THE STEP DOWN PROGRAM PROCEDURES, THERE  
IS ALOT OF PAGES, BUT THIS IS WHAT THEY ARE GOING TO USE TO CONTROL GANG  
ACTIVITY. IS IT GOING TO WORK? WHAT WOULD YOU THINK IF YOU WERE SITTING IN  
A SHU CELL, I BELIEVE THAT THERE IS NO REAL WAY TO CONTROL IT, NOT TO DISCOURAGE  
INMATES FROM GANG ACTIVITY. IT USUALLY TAKES IT COURSE, MOST WILL OUT GROW IT,  
OTHERS WILL END UP IN PRISON WITH LONG SENTENCES AND OTHERS WILL END UP DYING  
OUT ON THE STREETS OR IN PRISON. ANY SHU OR STEP DOWN PROGRAM CAN ONLY SLOW IT  
DOWN A LITTLE, KIND OF PLACING US ON A "STILL MATE"; STILL IN THE GAME ONLY  
OUT OF COMMISSION, WHICH MANY OF US HAVE BEEN ALL THESE YEARS. SO WHAT CAN  
PRISON STAFF DO, FOR OVER 40 YEARS THEY'VE ISOLATED US, NOW THEY'RE FORCED TO MAKE  
MODIFICATIONS BECAUSE OF ALL THE PUBLICITY. →



II.

IN RESPONSE TO BLUE LOTUS - 9m3d. (POST).

GREETINGS, I LIKE YOUR NAME AND I'M WONDERING IF YOU CHOSE IT BECAUSE IT JUST HAS A NICE RING TO IT, OR IS IT BECAUSE OF WHAT THE LOTUS FLOWER REPRESENTS. AND HAVE YOU EVER READ "THE GOLDEN LOTUS".

OKAY TO YOUR POST, NO I DON'T THINK ANY PRISONER HAS EVER HEARD ALL OF THIS THAT'S IN A FLU VACCINE. I THINK I READ ABOUT THE EGG AND SOME OTHER STUFF, BUT LIKE MOST MEDICAL AND SCIENTIFIC TERMS, PRISONERS DON'T KNOW WHAT THEY MEAN. I DOUBT ANY OF US WOULD AGREE TO TAKE THE SHOT IF WE KNEW WHAT I KNOW NOW. THIS IS VERY SERIOUS, THIS COULD BE VERY DANGEROUS, NOW OR IN THE NEAR FUTURE. AS IT IS EVERY TIME THEY GIVE THE SHOT A LOT OF PRISONERS COME DOWN WITH SOME FLU SYMPTOMS AND OTHERS.

I WON'T BE TAKING THE FLU SHOT ANY MORE, AND I'M GOING TO TELL EVERYONE WHAT I HAVE LEARNED.

THIS COULD BE A WAY TO CAUSE EXTERMINATION, AND OR RENDER PRISONERS AND OTHERS FROM HAVING KIDS. IT IS NOT NEW EITHER, THE PRISON SYSTEM HAS DONE THIS TO WOMEN PRISONERS IN CALIFORNIA SEVERAL TIMES BUT UNDER SOME OTHER MEDICAL TERM, BUT IT WAS DESIGNED TO CAUSE INFERTILITY.

THANK YOU FOR THE INFORMATION, AND IF YOU WANT TO LEARN MORE ABOUT THE LOTUS FLOWER READ THAT BOOK. THOUGH I CAN'T REMEMBER WHO WROTE IT.

MUCH RESPECT