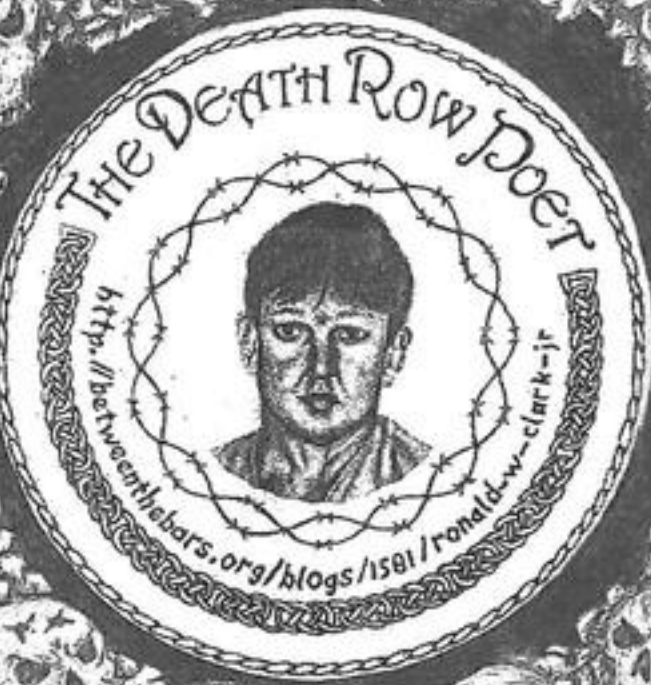


# Daily Journal

March 1-6, 2014



saturday march 1, 2014 7:15 am.

I'm late at getting started. Here on Disciplinary Confinement (D.C) the cell lights are on from 5am till 11:30pm, so I've got to adjust to that. My damn neck and head hurt's from that fight. It's just a really good thing that he didn't have a knife. Cause I didn't see it coming. I need to get a letter or two I wrote, and then decide what to do next.

10:32am. Was writing, pen gave out of ink and this one doesn't have much ink in it, so I can't do much writing with it.

10:58am. Got me a pen and just spoke to the assistant warden Rossiter, he just walked by. I've been scrubbing this floor again. I can't get it cleaned. I've scrubbed the crap out of it. Fixing to scrub some more.

5:53PM. This place is ~~driving~~ ~~my~~ mentally ill guys, and this is ~~sure~~ ~~a~~ nut house. I wrote Randy's judge cause there's no way he should be here in

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this cage. It's tearing him down more and more every year. He wasn't this bad when I left him 2 years ago. I can't sleep, because all he's doing is talking to his self out loud, for hours, and the guy in cell 4114 is doing the same thing. This is hard to deal with.

7:08 PM. I'm going to try to go to sleep.

Sunday March 2, 2014 8:01 AM. Just got up washed up. I didn't eat breakfast this morning, I just put it in my locker. I did not get a good night's sleep. Randy has been going for over 24 hours. I'd wake up at night and he would still be talking to his self, or who ever he thinks he's talking to. This is not the place to be. My neck is still sore, which is also waking me up at night. I need to make my bunk, and write a letter and workout.

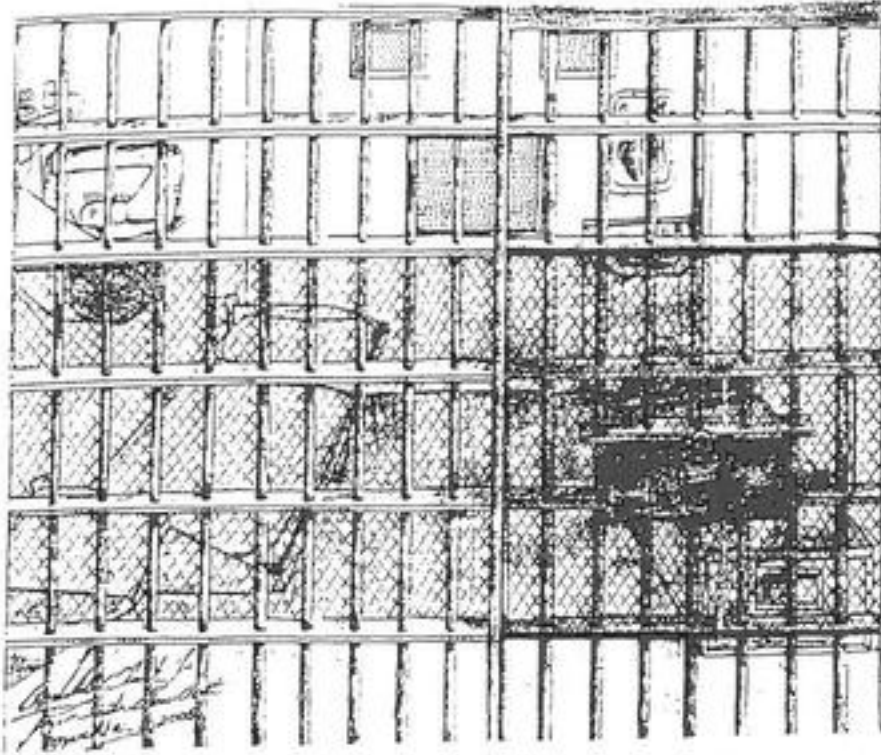
12:01 PM. Just finished eating. Wrote a letter, and been talking law with Troy and Mike about something that man pan out, so coming down here might be a blessing for us and all the guys on the row. Need to do some writing.

4:36 PM. Just finished eating dinner. Wrote another letter. And was talking law with some guys.

7:30 PM. Been reading ~~the~~

1:00 OF PI It's pretty good. But I'm going to try to sleep now.

Ronald W. Clark Jr.  
March 3, 2014



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Monday March 3, 2014 7:38 am. Just got up a few minutes ago. Another rough night's sleep. Mickey was talking to that ghost in his cell all night. Some times he will scream at him. So I've been waking up all night long. Still tired. Randy has been quite only because he's sick and his throat is so messed up that he can't hardly talk. Not sure what I'm going to do today. I need to workout. I'll read some of this book.

11:18 am. Was reading when the property room showed up with my property. So I've been going through that. Got my mp3-player, so I've blocked out this madness. They were driving me crazy! I still don't have my address book or stamps, but I have some old letters, so that will help me make some contact.

4:45 PM. Just finished eating. Still madness in here. Randy's over here ranting about crazy stuff. I wrote a couple of letters. I need to go through some legal stuff.

7:00 PM. Finished taking a shower, going to read and go to bed.

Tuesday March 4, 2014 6:02 am. I'll file this morning. Finished a grimoire.

11:40 am. They served 2 DRS on me, one for fighting one for a 15 year old penpal ad. So their trying to give me mail suspension to keep me OFF the internet.

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This is some dirty crap their doing. Their trying to keep me quiet about this fight/assault that they are responsible for. Cause it should have never happened. Classification negligence is the reason it happened. I need to write something up for the blog.

4:42 PM. Finished eating, going to do some more writing and then reading.

7:29 PM. Been reading, fixing to go to bed.

\* Wednesday March 5, 2014 6:00 AM. up cleaned fixing to do some writing. Cause I may not be able to get any mail out of here after Thursday.

10:38 AM. Mike Lambrix was taken out of cell P-4102, and moved to Flay State Prison. I'm writing trying to get as many e-mails sent to the warden as I can.

12:03 PM. Went and seen the Doctor, I got degenerate disc disease. I'm still writing to get the record out about these D.R.'s

5:37 PM. Got a lot of writing done, just washed clothes. Randy has been moved to that closed in cell. Right now I'm going to read, shower and then go to sleep.

9:26 PM. Been reading, fixing to go to sleep.

\* March 6, 2014. Thursday 6:39 AM. Got up at 5 AM. Cleaned up made the bunk, then did some reading. Mcray has been down here all morning talking to himself, or his friend (the ghost) crazy as a bed bug. He's been going off all morning long. I need to write a few more letters today. and get everything mailed out, because after today I may not have any mail privileges. Cause I suspect we will go to D.R. court in the morning.

6:03 PM. Been busy all day writing going through paper work, just incase I get my mail privileges taken.

And attending these Tangaroo court's, I don't have any faith. I expect to be found guilty. I didn't fight. And the reason I didn't was because staff told me last year when they gave me my rec back, what ever you do, don't get into a fight. so I just grabed the guy and tried to

rip him the ~~shirt~~ <sup>piece</sup> case today that I'm going to have across a piece on my This maybe my last entry for awhile. on the blog.