

Daily Jour

march 7 - 11, 2014

Friday march 7, 2014 7:25am.

I went and participated in their red ne Kangaroo court and got rail roaded just I Figured. came back wrote grievance app on both DR's and now I'm going to do so writing. I got 60 day's down here, they d not mention mail suspension, so their not suppose to do it, unless they tell you, but do a lot of things their not suppose to do. 7:45am. They picked up my grievances where I appealing these DR's Need to write now.

1:18PM. Been writing. Wrote a piece Kangaroos court for the blog, then a letter to mom, I got more writing that I need to do. I n to walk for awhile. Hand hurts.

2:58PM. I just come back from seeing Father Conrad. Then seen my Classification OFFicer, wrote this DR. on AngelFire.com, but the is wigs not www.AngelFire.com. she want's me shut between the bars down. I kept talking her about it and she kept saying Between bars. They won't this blog shut do.

Donald W. Clark
March 7, 2014

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This blog is ruffling feathers. I didn't want go through this drama again.

7:01 PM. Just got back from the shower. Be writing up until then. Wrote a blog RUFF Feathers. Going to read then go to sleep.

Saturday March 8, 2014 10:48 AM. Been up since 5am. and started writing, my hand's hurt from all of this writing. Wrote a letter a grievance, and a blog post and one reply to a comment. still got some more writing to do.

3:01 PM. Been writing all day, my hand is so sore, stopped to do some reading in between letters, still got a lot more that I need to do.

5:07 PM. just finished cleaning the floor. was going to eat dinner tuna over noodles.

Sunday March 9, 2014 8:30 AM. just got up, didn't get to sleep until 9 PM. Last night I finished that book the Life of Pi. Was too bad. This is the latest I've slept in in long time. Need to do some writing.

4:43 PM. just finished eating. washed clothes ear done, some writing. I'm tired, my hand hurts but I've got more writing to do.

5:48 PM. Been writing some more. Hand is hurting, I still have more writing to do. These people put me on D.C. then get even mad when I sit here and write like this.

IF they suspend my mail, I'll write

Ronald W. Clark Jr
March 9, 2014

Daily
Log

Senators, Judges, Inspector General and legal
that they can't stop. Fixing to write a senator
now.

7:53PM. Wrote a couple of other letters, held off
writing the senator. Was doing some reading
to go to bed.

Monday March 10, 2014 7:19AM. Been up since 5:11
breakfast, cleaned the cell, made the bed, and was
some reading. I've got this grievance to have p.
this morning. I need to write my Dad and a
of other letters.

5:01PM. Just finished eating dinner. Been writing
of the day. Got a grievance written for tomorrow
I'm trying to get self defense provisions put in
chapter 33- Fla. Administrative codes. I'm fixin'
some reading, and walk some before showers
6:02PM. Just finished washing
clothes. Walked for a bit did
some reading, waiting on the
showers now.

6:38PM. Just got back from
the shower. I feel better. Go-
ing to do some reading. Hope
for some mail tonight. Just
another boring day on death
row in a disciplinary confinement
cell.

Tuesday March 11, 2014 6:31AM Got
up at 5:15 when breakfast came.
Cleaned up made my bunk. Did
some reading. Didn't get any
mail last night. Another rough
night's sleep. This crazy guy is
driving me crazy. Not sure



Ronald W. Clark Jr.
March 11, 2014

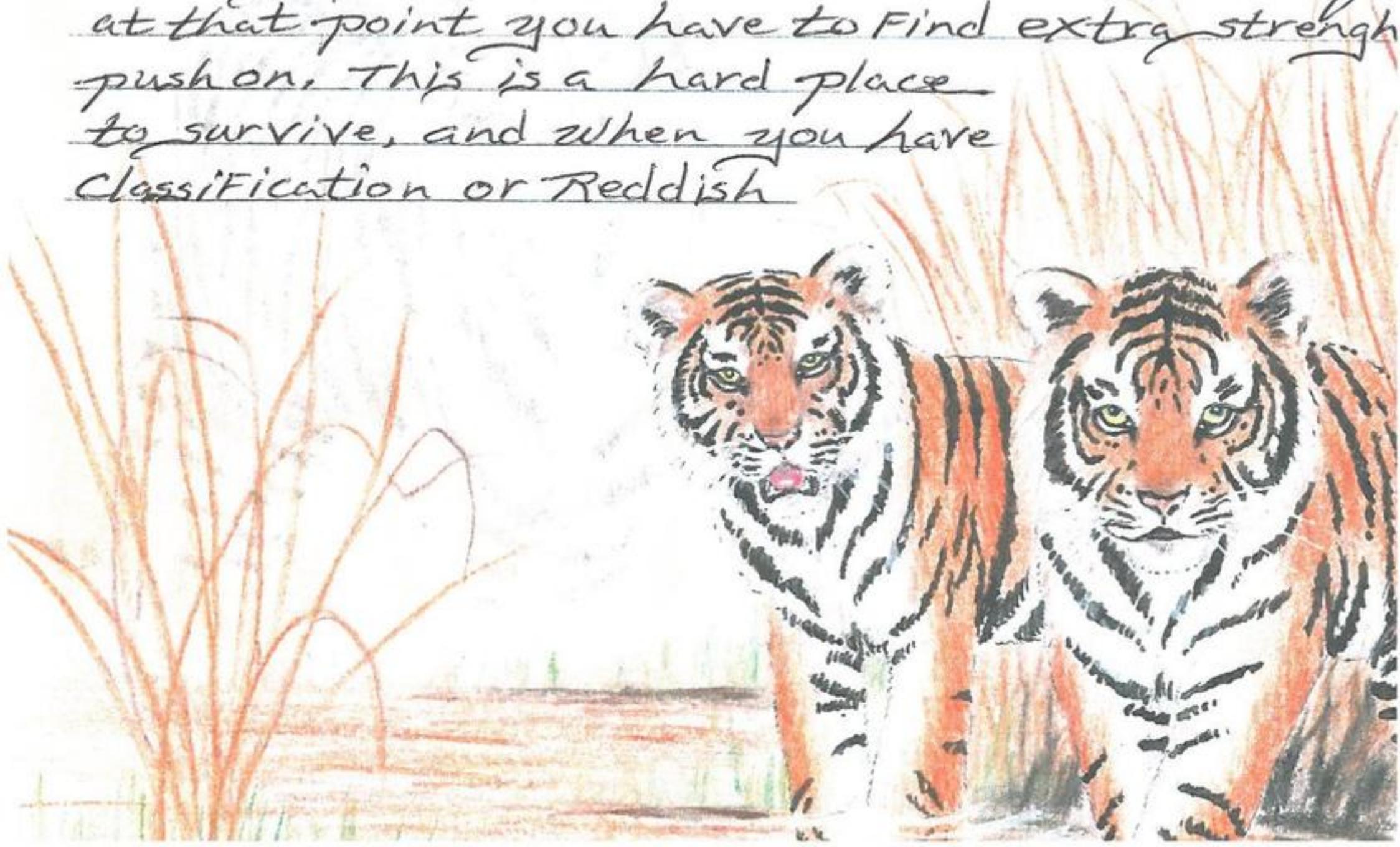
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guess and take it as it comes. I'm expecting -
Frivolous D.R.s from Classification.

7:16am. Got to snap out of the way I'm feeling.
on the depressed side.

7:38am. They just came by calling rec. won't allow us
since I'm on D.C. say we got to wait 30 days. So
so I'm filing a grievance to get rec back. Fixin'
a PB&J sandwich and then write I guess.

9:06am. Classification just picked up grievances.
tell she's pissed off with me. Need to write a
3:17pm. Wrote a short letter to mom, then a blog
- Christ and Capital punishment. Other than that;
some reading. Just be glad when this day is over
not getting any mail last night, took it out of
when you go without hearing from people that
expecting to hear from, you feel an abandonment
may not be the case, but that's the feeling,
make's you almost want to say. I'm done, I gu
at that point you have to find extra strength
push on. This is a hard place
to survive, and when you have
Classification or Reddish



Donald W. Clark Jr.

To
Dad

messing with you, it makes it all the more difficult.
This place is no joke. This is survival at its best.
Can I survive. What can I find to help me get
today?!" That's what your often standing around
yourself. How do I keep going? Why do I keep goi
what is there to keep going for? Game over! It
4:36PM. Just finished eating, meat loaf if you can
that. Doesn't look like any meat loaf that I've ever
had, sure doesn't taste like any I've ever eaten.

5:18PM. just been laying here reading, passing time
it away. Which is really all I've done for 24 years.
a quarter of a century in this cage. Back to reading
for a letter from mom. Then bed.

7:28PM. still reading. Need to go
to sleep. Which I'm fixing to do.
Hope they wake me up at 9am
with a letter from my mom.

