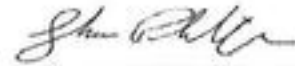


FACILITY OR
INSTITUTION NAME: _____

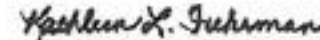
STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
RELIGIOUS DIET MENU - CERTIFIED FOOD OPTION

MONTH OF _____
OPERATION: _____

Revised March 2014



Department of Corrections Approval
Shane Phillips, Operations Manager



Kathleen L. Fuhrman, MS, RD, LD #ND-234
Public Health Nutrition Program Manager

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
1 ea peanut butter (3 oz) 1 pk cold cereal (.75 oz) 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz) 1 pk cold cereal (.75 oz) 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz) 1 pk cold cereal (.75 oz) 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz) 1 pk cold cereal (.75 oz) 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz) 1 pk cold cereal (.75 oz) 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz) 1 pk cold cereal (.75 oz) 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz) 1 pk cold cereal (.75 oz) 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage
LUNCH						
1 pk sardines (3.53 oz) 1/4 c tomatoes 1 c beans, canned 3 pk saltine crackers (2ea/pk) 2 ea margarine 2 ea mustard 1 pk beverage	1 c beans, canned 1 c cabbage 1 pk dressing (12 g) 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage	1 c beans, canned 1 c cabbage 1 pk dressing (12 g) 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage	1 pk sardines (3.53 oz) 1 c beans, canned 1/4 c carrot 3 pk saltine crackers (2ea/pk) 2 ea margarine 2 ea mustard 1 pk beverage	1 c beans, canned 1 c cabbage 1 pk dressing (12 g) 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage	1 pk sardines (3.53 oz) 1 c beans, canned 1/4 c carrot 3 pk saltine crackers (2ea/pk) 2 ea margarine 2 ea mustard 1 pk beverage	1 c beans, canned 1 c cabbage 1 pk dressing (12 g) 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage
DINNER						
1 c beans, canned 1 c cabbage 1 pk dressing (12 g) 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage	1 pk sardines (3.53 oz) 1 c beans, canned 1/4 c carrot 3 pk saltine crackers (2ea/pk) 2 ea margarine 2 ea mustard 1 pk beverage	1 pk peanut butter (3 oz) 1 c beans, canned 1/4 c tomatoes 2 ea bread 2 ea margarine 2 pk jelly 1 pk beverage	1 c beans, canned 1 c cabbage 1 pk dressing (12 g) 2 ea bread 2 ea margarine 1 ea banana 1 pk beverage	1 pk peanut butter (3 oz) 1 c beans, canned 1/4 c tomatoes 2 ea bread 2 ea margarine 2 pk jelly 1 pk beverage	1 c beans, canned 1 c cabbage 1 pk dressing (12 g) 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage	1 pk sardines (3.53 oz) 1 c beans, canned 1/4 c tomato, fresh 3 pk saltine crackers (2ea/pk) 2 ea margarine 2 ea mustard 1 pk beverage

* Salt/Pepper shall be offered

They do not give us pepper.

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

Updated 3/03/2014

Food Service Director

This is the new menu, and it just repeats itself every week. This is going to be hard to live OFF OF. sardines for dinner and P.B.J. sandwiches for breakfast every morning and dinner on Tuesday and Thursday. They took all the hot trays away. This starts Monday March 24.

*Ronald W. Clarke
March 22, 2014*