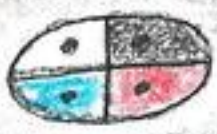


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I AM, WARRIOR MEDICINE

When I say, I am, Warrior Medicine,
 I am not shouting that I am greater,
 I am whispering that I was once lost,
 Now I am found, returning thanks,
 to All Our Relations.

When I say, I am, Warrior Medicine,
 I do not speak with granted pride.
 I am confessing that I will stumble,
 & need Father Sun to be my guide.
 When I say, I am Warrior Medicine,
 I am not trying to be "Mighty Warrior",
 I am only professing that I am weak,
 but use Traditional strength to carry on.

When I say, I am Warrior Medicine,
 Am not bragging spiritual success.
 I am admitting that when I failed,
 I went to Grandmother Lodge
 to cleanse my mess.

When I say, I am Warrior Medicine,
 I do not claim to be perfect.
 My flaws are way too visible,
 but, my visions tell me I am worth it.

When I say, I am Warrior Medicine,
 I still feel the harsh sting of my pain,
 and my share of heartaches, so
 I can call on Grandfather's Name.

When I say, I am Warrior Medicine,
 It is not to act "holier than thou."
 I am just a simple Earthwarrior,
 who received Earth Mother's
 good grace, somehow!

What I've Learned

- I've learned—that you cannot make someone love you. All you can do is be someone who can be loved. The rest is up to them.
- I've learned—that no matter how much I care, some people just don't care back.
- I've learned—that it takes years to build up trust, and only seconds to destroy it.
- I've learned—that it's not what you have in your life but who you have in your life that counts.
- I've learned—that you can get by on charm for about fifteen minutes. After that, you'd better know something.
- I've learned—that it's not what happens to people that's important. It's what they do about it.
- I've learned—that you can do something in an instant that will give you heartache for life.

Bro. Warrior Medicine

Some say the best lessons learned in life are learned the hard way: through experience. It's clear that Bro. Warrior Medicine has developed this wisdom through experience, and while it may take our own personal experience to relate with Bro. Warrior Medicine, we appreciate him sharing his knowledge with us, and find it admirable that he is still learning.

- I've learned—that learning to forgive takes practice.
- I've learned—that regardless of how hot and steamy a relationship is at first, the passion fades and there had better be something else to take its place.
- I've learned—that either you control your attitude, or it controls you.
- I've learned—that you should always leave loved ones with loving words. It may be the last time you see them.
- I've learned—that I'm still learning.