

## The Way's & Words of Others

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When we are offended by another person, we can respond in several different fashions: we can pout, pity ourselves, take it out on someone else (the easiest), or pray (the hardest).

When we pout, we pollute ourselves with the poison of displeasure. It's like pouring a teaspoon full of black dye into a clear glass of pure water and watching the darkness take over. It ruins the beauty that light brings to life. Pouting brings distress into our lives - not deliverance.

When we pity ourselves, we are simply poisoning ourselves. Self-pity distorts our thinking, disrupts our work, disturbs our body and even disfigures our face with wrinkles. It depresses our friends, demoralizes our life and above all, dishonors our Lord.

When we take hurt out on others, it not only pains them, but will come right back to pain us as well - doubling up the hurt that was already there. Revenge is like a boomerang: Although it flies into the path of the other person, it will eventually come back to attack us in the process. It can hit the one who threw it with the heaviest blow.

When we pray, we protect ourselves and place responsibility for settling the score up to God. We are God's children and what offends us, offends Him; what hurts us will hurt Him; and what affects us has already affected Him.

A negative reaction to a negative situation will always result in a negative outcome, ... so think positive & pray. Rehell Will