

Mending Broken Fences

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This is a Subject we all face where many inmates lose contact with family over the years, where you almost seem like strangers, you don't know how to act, you don't know what to say, there is a burning desire to know more than you could possibly digest in one day. familiarity is based on knowing ones feelings just by expression and when you don't know these expressions they seem alien to you. ^{familiarity = family} the toughest dilemma for us to get passed is one (feelings) because that is what drives our Thinking thus leading to our behaviors

It's a dilemma I'm faced with learning to be patient and knowing life is still moving along out there! we want instant gratification.

Reuniting is a process that I am trying to LEARN and it is done step by step.

So adapting is it easy

One of the things about Reuniting is accepting the fact that we the inmates have a lot to make amends for = (Mending fences)

Myself not being in my little brothers life

as he grew up as bad I as I feel about
this I can not change it and I can not expect
to pop up in his life and expect everything to be
the same or like nothing was ever amiss.

I want the families to know you aren't the
only one who are struggling with so many feelings.
It's identifying them and processing and you should
ask yourself should I be feeling this way
know it isn't easy for us either we already feel
like failures in your lives and it is a constant
want to change the image you have. It feels like
nothing we do or say can change it, and you
hold on to the last image you had of us and
vice versa. It's a little easier for me than others
my last image wasn't bad but for those that were
that is all the family can "see" It is the process
of both parties to see past our flaws and
work together toward one common goal. Mine is
to reunite with family but if a lot of them doesn't
have this goal I can't force it upon them another
dilemma is fear! FEAR we will try to use you
as some lies in your past please don't let fear
block you and your loved ones opportunity

Just be on Guard o and Expect it in "addiction". ^③

I've heard it alot! Oh, all he's going to do is steal the roof over your head dont shut him out, Just dont give him the opportunity. (LOL)

Its that fear that blocks out alot of feelings that are good that we dont get to feel that ~~additions~~ ^{Nurtures} relationships with one another.

I know we cant expect to jump back into your lives and everything be Okie dokie

all I am getting at is we know its hard on you too and it is just as hard on us too.

I've heard from my Brothers after years of searching and with the help of someone special to me. It blew my mind to finally hear from them because I've wanted them in my life for so long, Now its a letter by letter journey toward getting to know each other Im happy to hear some want me in their lives and its my responsibility to build everything it takes to be "family" Its frustrating from in

here the mail man doesnt come fast enough ☹

I've written on this Because its something we all face and often goes un talked about.

Life isn't easy and we need Ice breakers

to get through part of It. and That is

Simply talking about it Bringing us whatever it

may have been (Wronged) Per say your loved one

has Stolen from you Oh, and you went alone!

Simply ask If you could just talk about it So you

May get passed this Stumbling Block. let them know

you need, this which alot do. This may be hard for

Some of you but its a nessessary step toward Nurturing

your Relationship with your loved ones.

By no means am I famular with all this

but Just Observant ☹ I hope something I might

have said helps

Much Respect