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RE: TWO WEEKS OUT OF THE SHU. (POST)

GREETINGS.

WELL HERE I AM TWO WEEKS AGO I WAS PULLED OUT OF
ALONG WITH TEN OTHERS PUT ON A BUS OUT OF THE SHU
GENERAL POPULATIONS.

I ASKED TO BE SENT TO THIS MAINLINE BECAUSE I'VE HEARD
COMING OUT OF IT, AND FELT THAT I COULD CONTRIBUTE MOST
AND HOPEFULLY HELP THE YOUNG PRISONERS SEEK ALTERNA
EVEN THOUGH I'M UNDER THIS PROGRAM THAT I WAS RELEASED
GANG MEMBER AND I'M REALLY NOT SUPPOSE TO BE INVOLV
THAT.

BUT MY INTENTIONS ARE NOT TO PROMOTE GANG ACTIVITY, BUT
AND HOPE TO TELL THAT CDCR AND THEIR GANG UNITS DON'T
THAT IT AIN'T.

I ARRIVED HERE ON A BEAUTIFUL SUNNY DAY, AND YES I
AS THE BUS DROVE DOWN THE HIGHWAY. IT WAS CHANGING
CAME PAST IT ON THE WAY TO PELICAN BAY SHU IN
ANYTHING. THERE WAS A LOT OF TREES AND HOUSES, BUILD
25 YEARS AGO.

THIS IS THE FIRST TIME I'VE BEEN ON A MAINLINE SINCE
NEW PRISONS, THEY ARE DESIGNED MUCH DIFFERENT NOW
USED TO, I'VE BEEN IN PRISON OVER 30 YEARS BUT FELT
BECAUSE I RECOGNIZED NOTHING.

THE FIRST THING I NOTICED WAS ALL THE YOUNG PRISONERS,
PROBABLY UNDER 25 YEARS OLD. I HAD TO SMILE BECAUSE I COULD
AND I CAN REMEMBER MY THOUGHTS AT THAT SAME AGE
DOING IN PRISON, NOT KNOWING THAT THE OLD GUYS
30 TO 40 YEARS.

WHILE ON THE PRISON BUS THEY HAD OVER HEARD HOW IT

II. CONTINUED:

SO I HAD TO ADAPT, AND FEED OFF OF EVERYTHING AROUND MIND AND BODY NEEDED TO CONTINUE. I SAW A LOT OF THE MINDS, I COULD HEAR THEM SLOWLY START TO TALK TO DETERIORATE TILL THEY LOST ALL REASON AND SENSE OF SOME I KNEW VERY WELL, AND I FELT BAD FOR THEM, KNOW THAT THEY LOST THEMSELVES FOR EVER. THE YOUNGSTERS ON THE BUS WERE IN AWE AT TIMES AND PARTED WAYS AT EACH STOP.

AS SOON AS I GOT TO THIS PRISON I THOUGHT I WOULD BE OUT.

BUT INSTEAD I WAS PLACED IN CONTRABAND WATCH. SO I WAS ACCOSTUMED TO. I CAN FIGURE IT OUT AS SOON AS OKAY CHANGING GEARS. I WAS LATER ESCORTED TO THE BLOCK PLACED IN MY CELL. I WALKED ACROSS THE YARD AND SAW I WALKED TO THE BLOCK (PROBABLY WONDERING THE SA THE BUS WONDERED). I LOOKED IN BAD SHAPE I HADN'T THREE, I WAS DIRTY AND HAVEN'T SHAVED IN A WEEK. SO BUT I'M REPRESENTING THE PELICAN BAY SHU PRISONERS, TORE UP BUT I'M VERY PROUD AND I WALK WITH THAT CONFIDENCE EXPLAINING WHO ARE THE PRISONERS AT THE VARIOUS LOCALITY YARD IS RUN, THE KIND OF PROGRAM I'M GOING IN WAS THAT I COULD NOT GO OUT TO THE YARD FOR AT LEAST SINCE LEAVING THE SHU I HAVE NOT BEEN GIVEN ANY NOW,

EVEN THOUGH I HAVE CONTINUED TO DO MY EXERCISES IN MY CELL LITTLE SUN ON MY FACE.

SO I WAS PUT IN MY CELL AND CLEANED IT UP A LITTLE, I WAS KIND OF LIKE A NEW ARRIVAL. BUT AS SOON AS THAT I CAME OUT OF THE SHU AFTER ALL THESE YEARS, THE I NEEDED TO MAKE MY STAY MORE COMFORTABLE. I WAS GUL NOT DRANK A SODA IN 35 YEARS, IT TASTED GOOD, I'M WAIT HAVEN'T ATE ANY IN THAT SAME AMOUNT OF TIME. SO

III. CONTINUED:

I WAS GIVEN A PAIR OF LEVIS, THEY ARE NO LONGER ALLOWED IN AS I'M WRITING, I CAN'T SAY HOW LONG ITS BEEN SINCE I'M TO WEARING A JUMPSUIT, HA, HA, HA. I HAVE POCKETS, THIS, I WISH I COULD TAKE A PICTURE LIKE THIS. I ALSO HAVE SO USED TO DRINKING WARM COFFEE OR COLD COFFEE, NOW COFFEE. WHEN I WAKE UP IN THE MORNING I COULD HEAT UP A YEAH SO I'M ENJOYING MYSELF TO THE FULLEST, ALL THESE PR AND EAGER TO HELP ME OUT. A YEAR AGO THIS WOULD NOT HA WERE AT WAR. CDR HAS NEVER BEEN ABLE TO SLOW THE VI ALONE STOP IT. ALL THEY COULD DO WAS PUT THOUSANDS OF US CONTINUED, OVER NIGHT WE HAVE STOPPED MOST OF IT, THE WILL NEVER CHANGE. WE'VE BEEN HEARING THAT PRISON OFFICIAL RATHER HAVENUS ATTACKING EACH OTHER KILLING EACH OTHER. & SOMETHING TO INSTIGATE MORE PROBLEMS. THIS IS WHAT I H IT FURTHER.

THIS PRISON I'M AT IS CALLED A 180 YARD WHICH IS GENERALLY A THOSE BEING LET OUT OF THE SHU. SO THEY EXPECT RIOTS, ASS BEFORE,

PRISONERS ON THIS YARD GET VERY FEW PROGRAM OPPORTUNIT HAVE FOR IT. LIMITED PROGRAM, AND ACTIVITIES, BUT I BELIEVE I KIND OF LIKE MY NEW FREEDOM BUT I KIND OF MISS MY C I ALSO MISS SEEING THE PRETTY NURSES THAT I CAME TO KNOW WHEN I TOLD THEM I WAS LEAVING. I TOLD THEM I EXPECTED BE IN A YEAR SO THAT MADE THEM HAPPY, BUT I WAS RECENTLY FOR THREE YEARS, THAT REALLY MESSSES THINGS UP FOR ME, FROM MY WINDOW I CAN SEE WHAT A NICE DAY IT IS OUTS ONLY GET YARD TWICE A WEEK SOMETIMES THREE TIMES I NOW IT WAS REALLY PAINFUL THE OTHER DAY. I AIN'T I I DIDN'T KNOW THATS WHAT I HAD, I WALKED AROUND MY LEGS ARE REAL SORE BECAUSE MY LEGS HAVEN'T WAY TOO MANY YEARS, BUT ITS A GOOD PAIN, MY

IV.

THE ONE THING I DON'T LIKE HERE IS THE SHOWERS, THEY DON'T
THE SHOWERS IS DONE WITH LIQUID DETERGENT. SAME WAY
BUT I HAVE TO ADMIT THIS PLACE HAS A LOT OF GOOD POINTS AS
MORE THAN A YEAR HERE IT WILL NOT BE TOO BAD. MY FAMILY
CAN VISIT ME MORE OFTEN NOW. UP AT THE SHU IT WAS I
DIDN'T HELP WITH THE FACT THAT THERE THE VISITS WERE
THE GLASS.

HERE I CAN GET CONTACT VISITS, I'D LIKE TO SEE MY DAUGHTER
DON'T LIVE IN CALIFORNIA THOUGH. I'D LIKE TO HOLD MY BABY
ANY MORE.

I COULD SEE THE MOUNTAINS FROM MY WINDOW I SAW A RANGE
MOUNTAINS.

I'M NOT USED TO SLEEPING IN STRANGE PLACES, MY BODY HAS
SURROUNDINGS. I WAKE UP EARLIER THAN USUAL. AND I AM
NIGHT, I CAN'T ADJUST TO THE QUIET IN THE NIGHT, I'M US
OPENING LOUDLY AND CLOSING EVEN LOUDER. AND QUIET
THE STAIRS. I THINK MY BODY LISTENS FOR THE FAMILIAR
THEM IT WAKES ME UP TO INVESTIGATE WHAT'S WRONG
THEY FINALLY LOCATED MY PROPERTY AND AFTER ITS SEARCHED
THINK I'LL BE MORE ABLE TO RELAX WITH MY OWN STUFF
MATE YET BECAUSE THE STAFF WANT TO WATCH ME FOR A WHILE
I ALREADY HAVE A HANDFUL OF PRISONERS WHO WOULD LIKE TO
TO HATE CHOOSING ONE OVER THE OTHERS, BUT I DON'T HAVE
MONTHS.

AT FIRST I HATED THIS CELL I WAS PUT IN BECAUSE THE CONTROL BOOD
CAUGHT THEM QUITE A FEW TIMES SPYING ON ME, NOT MUCH
BUT WHAT'S GOOD ABOUT IT IS THAT I CAN SEE ALL THE LADIES WHEN
THEY LEAVE, SO I'M IN A PERFECT CELL AFTER ALL, AND ITS A GOOD
THE WALK WAY IS KIND OF FAR BUT I CAN SEE EXACTLY WHO
FOR RIGHT NOW I HAVE NOTHING ELSE TO DO, WHEN I GET MY
BECAUSE I'LL HAVE OTHER THINGS TO OCCUPY MY TIME.