



The Death Row Poet

http://betweenthebars.org/blogs/1581/ronald-w-clark-jr

Daily Journal

#6

June 16-22, 2014

Monday June 16, 2014 5:36 am, Been up for an hour, ate pancakes, I'll eat the oatmeal later. made the bunk washed up cleaned the cell. Hurting really bad, mainly the lower back. not sure what I'll do today, I was thinking about something that I needed to write last night as I was going to sleep, but can't remember what it is now.

6:55 am. Found this rule I was looking for, so went ahead and Filed this appeal grievance.

7:16 am. Legal mail lady just picked up legal mail. Formal Complaint on the grievance ADA was just sent to the Governor's OFFICE and Inspector General. I'm writing Father Conrad.

7:32 am. They called rec. I need out of here for some sunshine and Fresh air.

7:54 am. Doesn't look like their going to get us. 10:52 am. we didn't get on the rec yard until after 8:30 am. around 8:10 & 15 am. and was coming back in at 10:34 am. so they beat us out of 40 minutes. The OFFicers would get the wheel chair for me, so I'm in a lot of pain, I felt something in my left knee tear. From having all the

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weight over there. I needed out for fresh air and sun shine, but I'm seriously hurting. 12:42 PM. Finished a letter to Father Conrad. I need to lay down.

2:25 PM. Hurting so bad! "I don't think I'm going to the shower tonight. I can't walk down there and I don't have the wheel-chair pass unless I'm leaving OFF the wing."

3:37 PM. Wrote a short letter. Got clothes, soot-ing pain, shooting although my knee, my back and my butt. I've got to wash these clothes, I've got to bathe, cause I can't walk to that shower tonight. I can barely stand up. I've never hurt this bad!"

4:08 PM. Finished eating, potatoes gravy cornbread was alright. One of the better meal's. Need to wash clothes.

5:33 PM. Finished bathing, washed clothes. I can't walk to that shower tonight. And I still don't have the wheel chair pass. Should have gotten the pass today, but didn't. I turned in another sick call. I've got to get some help. I'm in more pain than I've ever been.

6:20 PM. Skipped shower's can't walk. I've never hurt so bad before.

9:40 PM. They just did master court. I'm hurting so bad that I can't sleep.
Going to try.

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Tuesday June 17, 2017. 4:32 am. Been up about 20 minutes. Not a good night's sleep, I've been hurting all night. I wake up with sever pain in my spin. Need to wash the floor but don't want to get down there.

5:13am. Ate breakfast - potatoes, grits, bread and a sausage, sounds better than it looks or tastes.

8:35am. Filed no & wrote a grievance, about them not picking up grievances. Last two days they yell grievance's pick up, I yell back cell 18, and they never come down here. I was writing a letter, which I need to get back to, I'll be going to see the nurse shortly, and this afternoon, I'll be going to the law library. Got a lot to do down there today.

1:37PM. Back from the law library, still haven't been to sick call. I need to lay down for a bit. I'm hurting bad!

2:29PM. Got two of the formal complaints going out tomorrow, one on Revamping unethical classification. The other on grievances.

4:10PM. Back, I was taken to sick call, they sent me up front, I got a shot, see how it works in this pain easing it.

5:09PM. Hasn't helped with the pain, it helped the knee, but not the back. I am getting tired, and I'm going to lay down.

8:13PM. Trying to sleep. Not going well.

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wednesday june 18, 2014 Execution Day. 5:06am
Got up a few minutes ago, still hurting, need
to make the bunk clean up. est. John Henry
has 13 hours left to live. my guess is Gover-
nor Scott will sign another warrant by Friday.
5:23am. Got breakfast, coffee cakes & oatmeal.
I put it in a bowl, I'll eat later.

6:56am. Legal mail lady, just picked up legal
mail. I've got some stuff that I need to get
ready for tomorrow's legal mail.

8:04am. Finally got my grievances picked up.
She didn't like having to walk down here.

9:31am. Finished a letter, wrote an organization
on Constitutional Rights, sent them the Formal
Complaints. I'm trying to bring change.

11:17am just wrote a Formal Complaint to try
to get the Notice of Rule development memo's
passed out back here as required by the rules.

11:27am finished eating, they called rec. I can't
go out. I'm hurting to bad. and their not go-
ing to get the wheel chair so I'm stuck in here.

12:38pm. Guy's are going out now. I can't go
cause I can't walk. I'm aggravated as hell!!!
I really wanted out of this damn cage!
I hate this cage!!

2:15pm. Finally finished a letter. I hurt so bad
sitting here. I wanted to be outside. But
I can't walk, knee's want hold up, feels
like some one is stabbing me in the

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I'll do next. No mail in last night.

6:44am. Legal mail was just picked up.

8:02 am. Grievance lady just picked up grievances said Ronald Clark, I want to make sure that I'm right here in front of your cell." That was posturing over a grievance I filed yesterday as a result of her not picking grievances up on Monday or Tuesday.

9:09am. Wrote a grievance, cleaned the floor, mp3 guy picked up the players. I'm hurting so bad. I've got some other stuff to do. I'm watching R.T.M. right now.

11:26am wrote a letter, ate a beef stew over rice. Need to lay down. Lots of pain.

1:04PM. Cooper just left out of the building. He got off of death row, was given a life sentence. I'm doing some reading.

4:18PM. Wrote a grievance on the raw patties sent back by the kitchen. This is unacceptable. They keep sending them back here like that, I'll keep filing grievances.

7:49PM. Can't sleep, I'm in pain and it's really hot in here.

FRIDAY June 20, 2014 6:28am. Been up since 3:35am. Not a good night's sleep. Washed up made the bunk, watched some news and then started writing grievances, all medical appeals.

Got one letter last night and got bad news the one guy I really consider a friend was denied clemency, so he could be the next one.

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back with an ice pick. Well in 4 hours John Henry will be in the execution chamber just minutes away from dying.

4:36PM. Ate pizza, which was actually fixed better, not sure if that's because of the grievance or what. Wrote a grievance concerning barber training. They are not going to like that one. Wrote another medical grievance. John Henry has an hour and a half left to live.

5:34PM. John Henry has about 30 minutes left to live. They just showed the story on channel 20 wjcb ABC out of Gainesville, really bad case.

6:12PM. He's no doubt, laying on the gurney dying right now. That's the kind of country we are. just as sick and twisted as a murderer. Cause this is land of the murderers. And our Governor Rick Scott has found something that he enjoys, "Killing!!"

7:18PM. Back from the shower. I'm in so much pain. Going to lay down now.

Thursday June 19, 2014 4:32AM. watching the world news. Got up a couple minutes after 4, just in so much pain. Have clean up.

5:14AM. Seen John Henry was killed at 7:43PM. The court's had give him a stay. we can expect another death warrant to be signed any day. I'll be watching for that van to come in. Got my bunk made with some difficulty. Got my legal mail ready to go out. Not sure what

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signed. Now I'm really worried about him.

It's going to be hard when he goes over there
7:18am, just sent legal mail out on the HIPAA privacy violations. Also got in Acknowledgment of New Case on the Petition to initiate rule making pertaining to 33-601-830 (7)(i) and getting zis three, two hour recreation periods.

8:06am, Grievance lady picked up grievance. I'm writing a letter. Just painful sitting here.

11:02am, wrote a friend and then wrote a church. Need to lay down, back is hurting.

4:39PM, just ate hotdog's and potatoes for dinner. I've been laying in bed all day. It is extremely hot in here and my back is hurting. I'm so tired, I hope to get a good night's sleep tonight. Have been reading my new Catholic answer Bible as I laid here; showers want be until after 8PM.

8:12PM, just got back from the shower. Hurting like hell! I need to lay down.

Saturday June 21, 2014 7:04 am. Been up since 4:14 didn't get to sleep until after 10am. woke up several times hurting. my left knee is now hurting from holding the weight off the right knee. Washing these sheet's is difficult. one is washed with the pillow case now drying. I'll get to the other one here shortly. Had coffee, cakes and oatmeal for breakfast. Got one comment last night from Paul, no mail.

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so I guess I'll respond to him.

8:00am. Finished writing paul need to get this other sheet rinsed.

9:46 am. other sheets rinsed and drying. wrote a bog. "About my death penalty case."

11:14am. Was cleaning out some old papers and letters. They brought Tunch, sloppy joe's if you can call it that. Looks like someone threw up in the tray. seriously looks that bad.

1:04PM. made my bunk. Been reading, and just wrote a request to the warden. Trying to figure out what to do to pass time. I'm tired, but I doubt I could sleep.

4:28PM. Just had spagetti for dinner. I wrote a couple of grievances.

7:38PM. Watching Cross Roads The Francis Factor. I like Pope Francis.

Sunday June 22, 2014 6:26am. Been zip since 3:30 not sleeping good. I have my left knee hurting. Tore something in it on monday from trying to keep the pressure off the right knee. Hope mom found out something good through her phone calls. I hate not being able to walk back and forth listening to music. can't exercise or anything! "can't even sit for long period's to do my art work. I've got to get my back and knee's fixed. I enjoyed that program on Pope Francis last night. I hope it comes on again. I'd like to

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watch it from the very beginning. well I have made the bunk, cleaned up. I'll bath around 8am and get ready for the visit. 8:40 am. Finished bathing, now just waiting for them to come get me.

2:08 PM. Had a good visit. mom's blood sugar has gotten out of hand, she seen her Doctor this past monday need to get some diabetic food out there in the visiting park. might also have something to do with stress, she's having Financially problems. Need to try to do some writing.

4:46 PM. Ate hot dogs for lunch. wrote a letter. Back and knees are hurting. I heard Corizon medical isn't even giving out the proper dose of med's to seizure patient's, so seizures have increased. Corizon is putting these guy's at risk in order to save money. But they've also cut OFF cancer treatment. I'm going to file a law suit to get treatment. I can't keep living in this kind of pain. I'm hurting so bad. I've got to go through my legal work tomorrow and try to find them documents I was writing about.

6:04 PM. I'm going to lay down and call it a day. I need some sleep. I'm tired, I just hurt so damn bad.