

Sun Sept 2nd 2012

the only time I care about - is the date.

Today my favorite part of prison, was the chocolate glaze cinnamon rolls, for brunch. Close as "\$-can go" as I'm ever gonna get. I'm just a regular "Incarcerated-American" (R) (L) NE who the rolls were so good & fluffy like dreams of the streets, housewifed in Holsup bakery.

Today my least favorite part of prison: the joy & pain of baked chicken on the bone. "Men" cry @ alot; ~~with~~ whine alot; complain bout "that's my seat" - alot! Frustrated men. Last week there was almost a riot over a missing packet of butter.

People love 2 break rules but H8 when others do. Interesting.

Prison sucks. Please don't shoot / kill people - Prison sucks. Crown men cry about 21¢ needles & 49¢ stamps. (that's \$\$\$) & fight / gossip about ANYTHING. One time there was a fist fight over Chris Brown & Rihanna! yikes.

Prison is prison. And I ~~am~~ no longer truly express myself - I have a daughter - it will be used against me. But I rebuke the manipulation of warden. Haven't u heard & maybe I'm only saying this to get a book deal.

Maybe writin' / blog'n - is my ~~an~~ emotional management?

Sometimes I want 2 kidnap myself & hold me 4 ransom; ie an earlier release date.

I cry alot,  
bout being her.

Yes I'm sorry,

but healing brings justice  
I can 'walk' but confined 2 a wheel chair,

think about it. uncomfortable like an adult  
in kindergarten desks. Billy Maelisen, or a  
healthy 20 yr old pro athlete, in ~~clean~~ diapers  
forced to go #1 & #2 on himself ~~it~~

My head hurts I need 2 relax if something  
bad happens 2 me. That was honest. I lay  
down/sleep 4 less than 4-5 hrs/day  
Sometimes I don't look like

Jesus :-

Sometimes, huh?

is the only

thesis

And of rehabilitation is real

why sentence

me

2

in capacity?

Oh yeah it's not up 4  
debate in

& how do "acts of God"

factor into politics?

the economy 2 fix?

Shouldn't that B a footnote

2 the next poll?

Say ya prayers, go to church

not the automatic.

RE - birth

but - I - fly

unearthed