

"The greater danger for most of us lies not in setting our aim too high and falling short, but in setting our aim too low, and achieving our mark." - Michelangelo

This entry is dedicated to those beautiful women who are uncomfortable in their appearance, and may not realize that they are indeed beautiful in their own right. The only difference in the beauty of one person and the beauty of another is the concept of beauty that people have. We all have these judgments, all these opinions that put limits on our own happiness, that push us to self-rejection and to reject other people also. I want to let you know that you have the right to feel beautiful and enjoy it. You can honor your body and accept it as it is. Love comes from the inside. It lives inside us and is always there, but with all the fog also, that we don't need.

Look at what you do with your body. If you reject your own body, what can other people expect from you? If you accept your own body you can accept almost everyone, almost everything. This is a very important point when it comes to the art of relationships. The relationship you have with yourself is reflected in your relationships with others. When you reject yourself, and make the assumption that the other person will reject you for the same reason you reject in yourself, you then reject someone else. You reject them for the same thing you rejected in yourself.

To create a relationship that takes you all the way to heaven, you have to accept yourself, and your body completely. You have to love your body and allow your body to be free, without being shy, because shyness is nothing but fear. What is not important is all those opinions from others, but your own opinions. You are beautiful no matter what your mind tells you. That is a fact. You don't have to do anything because you already have all the beauty you need. To be beautiful you don't have any obligations to anyone.

It's your reactions that make you so happy or make you so unhappy. Your reactions are the key to having a wonderful life. If you can learn to control your own reactions, then you can change your routines and you can change your life. You are responsible for the consequences of whatever you do, think, say, and feel. Perhaps it's hard for you to see what actions caused the consequences, what emotions, what thoughts, but you can see the consequences because you are suffering the consequences or enjoying the consequences.

Your reaction comes from a belief that is deep inside you. The way you react has been repeated thousands of times, and it becomes a routine for you. You are conditioned to be a certain way, and that is a challenge. To change your normal reactions, to change your normal routine, to take a risk, and make a different choice. If the consequence is not what you want, change it again and again until you finally get what result you want.

I wish for every woman whose either slim, kind of thick, full figured, short, tall, light skinned, or dark chocolate, to be comfortable in your own skin, with high self-esteem. Embrace your uniqueness because it's a distinguishing trait from God that he gave to you specifically.

May your troubles be less, your blessings more, and may nothing but happiness come through your door.

Be Beautiful!
Prince