



#9

Daily Journal

July 7-13, 2014

Monday July 7, 2014 7:29am. Been up since 4:30 ate pancakes for breakfast. then wrote a grievance. The grievance lady has been coming by at like 6:30 and she did again today. They called rec at 7:15 and I'm ready to go to rec. get out OF this cage for a little while. I'm really tired, this pain is really messing with my sleep.

11:09am. Back in from rec. I enjoyed sitting and talking to guys as I got some sun. I've got to wait to wash up. my floor rag is out at the laundry.

11:49am. Just ate lunch. Was a processed patty. Nothing was cooked proper. as is the case the majority OF the time.

1:20PM. Wrote a short letter and a grievance on medical.

3:56PM. waiting on dinner. Got clothes washed, messed around with some art work. Just hard to sit for long periods OF time. I hope to get some sleep tonight.

4:14PM. Finished eating. Potatoes were raw, beans

Ronald W. Clarke
July 7, 2014

page 2
D.J.

were a mess. Hot dogs were okay, hard to mess them
up. Now wait on showers and then mail call. Sure
hope some comes in tonight.

7:02 PM. They still haven't started the showers. Well
they come through the back door just now.
Poped the electric door about 30 times. Then when
it breaks, they want to know why it's broke.
Well now you know, cause a security door is
treated like a toy.

7:34 PM. Back from the shower. Lay down and
watch some T.V.

10:00 PM. Mail just came by. Nothing.

Tuesday July 8, 2014 6:55 am. I'm so tired. I'm
hoping to have a law library call out today.
Not sure what all I'll do.

7:00 am. I was just told that I have no
law library call out. I'm getting mad about
this. In fact need to write the captain, see
if he can straighten this out.

7:31 am. Wrote the captain about get to the
law library. They may have cut me off to
try to stop me from filing grievances and
formal complaints. Eddie Wayne Davis AKA Red
neck has 2 days left to live. I'm surprised that
another death warrant hasn't been signed.

8:58 am. Wrote a short letter to Anne. Haven't
heard from her in about 3 weeks. She's 77
years old, so I worry about her. I'm going
to watch RTM and then go from there.

Ronald W. Clardy
July 8, 2014

Page 3
D.J.

9:40 am. Inmates in population are mowing the grass. The smell of Fresh cut grass and gas is in here, sure would like to be outside.

1:27 PM. just been laying around. I'm tired, and don't have anything to do.

3:46 PM. canteen just left. I had an iced tea. they are really good. waiting on dinner. we got chicken tonight which is my favorite meal.

4:32 PM. The chicken was cooked like I like it, but greasy and crisp. Lot of guys don't like it like that. I do.

6:48 PM just finished bathing, it was hot in here. I'm going to lay down now.

wednesday July 9, 2014 6:11 am. Cell's cleaned, ate coffee cake for breakfast. I'm number 4 on the law library, so I'll either be going down there at 9:30 or 7:30 if one of the first three cancel. I'm going to write this representative Matt Gaetz and his pastor about his comments and ill will towards human. Got his information in last night.

11:52 am. was writing Gaetz pastor when they came to get me for the law library. was down there until 9:30 came back, and jumped on this legal stuff. Nurse just came around and gave me some meds. Naproxen and a 7 day supply of Flexaril.

1:35 PM. Been writing, trying to get some thing's done. was reading my new book

Ronald W. Cluck
July 9, 2014

Page 4
D.J.

Catechism of the Catholic Church. Some good reading. I'm cooking a beef stew for dinner. Should be good.

3:49 PM. Just finished eating a stew I made. Talked to the psychiatrist about not sleeping. I'm so tired. I need to finish writing this pastor and then Matt Gaetz. May wait until tomorrow. I need to lay down.

8:03 PM Back from the shower, going to watch Big Brother.

Thursday July 10, 2014 7:18 AM. Legal mail just went out. They called rec. I'm going. But this muscle relaxer has me feeling bad. I feel high, and that's not a feeling that I like. I need to get ready. I feel scatter brained. I don't think I'm taking any more of these.

11:11 AM. Just got back in from rec. Just sat in the wheel chair and talked. Jason got his eye split open on the basketball court and had to go for stitches. Redneck has 7 hours to live.

2:28 PM. Baby Ray is leaving. He's moving to 4 wing to get away from Doug whose in 6115. The guy gets up laughing loud at the T.V. making all kinds of noise. Wish they would have moved him instead of Baby Ray. Baby Ray's a good neighbor.

4:44 PM. Wrote a grievance on how their treating my cousin with these visits.

Ronald W. Clark
July 10, 2014

Page 5
D.J.

Food is late. I'm groggy. I don't like this feeling. I need to wash clothes, and bath. I'll do that as soon as I eat. Redneck is down to an hour and 15 minutes to live. I like him, but killing an 11 year old girl really disturbs me.

5:35 PM. Ate hot dogs, I'm heating up a chili. Finished washing clothes, after I eat chili I'll bath and lay down after taking these muscle relaxers.

7:14 PM. Redneck was executed at 6:43 am. I need to lay down.

Friday July 11, 2014 6:52 am. Rough night and a rough morning. These pills don't help with the pinched nerve, nor do I feel good after taking them. I woke up several times last night screaming in pain. Seen Redneck again on the news this morning. I've got some writing to do.

8:49 am. I was just writing up a petition on this rule, and they came to get me for medical. Seen the nurse, she's going to try to get me an extra mattress pass. Blood pressure was 158/97. It's been high every since I got hurt. The Colonel also came through the building.

9:24 am. Finished the petition to try to get the pen's back. I've got to ^{get} it typed up. Probably the week after next. Now I need to eat something and write a

Ronald W. Clark
July 11, 2014

Page 6
DJ

letter or two.

10:58am. just wrote my Dad. There's a lot of abuse going on over there at Columbia Correctional Institution. so I'm going to help get the word out.

1:55PM. Finished a letter to one of my friends. I'm getting something out to eat. Then I need to work on this petition dealing with the three two hour rec's. This medication has me drowsy. I have to take it to cut down on the pain.

2:18PM. They just moved Al down here into cell P-6116. I've known him about 14 years, he's good guy.

4:45PM. Finished eating sausage. Need to wash some clothes, back hurts.

7:13PM. Back from the shower, going to lay down and call it a day.

Saturday July 12, 2014 7:03am. Another rough night. I'm tired of hurting like this. Tried to clean my locker out this morning. Couldn't do it. I was in so much pain that it brought tears to my eyes. I'm so tired of hurting like this.

8:37am. Assistant warden just came through stopped and asked me, what's up with all of these grievances. I told him medical will not help me. said he's going to look into it, I doubt it. I'm writing

Ronald W. Clarky
July 12, 2014

page 7
D.J.

a pastor right now.

10:44am. Wrote a 4 Page letter to the Assistant warden. He seems to be a Fair man, so Figured I'd try to deal with him. Need to lay down, I'm hurting really bad.

3:05 PM. Been writing, I need to lay down and get some pressure OFF OF MY back.

4:54 PM. Finished eating, I made a soup, was reading Catechism OF the Catholic Church.

8:00 PM. I'm going to try to lay down and sleep. These meds have me really drowsy.

Sunday July 13, 2014 6:26 am. Last night wasn't too bad, I got some sleep woke up twice with back pain, overall not too bad. I got up at 4:30 washed up, made the bunk clean-ed the cell and did some reading up on religion's who Founded them, on what date they were Founded "very interesting!"

7:56 am. just finished bathing, need to lay down for a bit.

8:57 am. was writing, now waiting for them to come get me for visits.

2:43 PM. Back from the visit, my back is killing me. Greg wasn't out there today. Man's really struggling financially. Her diabetic medication is cost her a lot of money. I need to find her some help. I need to write her a letter right now.

6:04 PM. wrote a letter, then did some

Ronald W. Cluker
July 13, 2014.

Page 8
D.J.

reading. I'm looking at all the religions OF
the so called Christian Faith, that spun OFF
OF the Catholic Faith, which is foretold about
by Christ and his apostles. I'm sending a request
in tonight to have the Chaplain change my
paper work to Catholic.

8:00 PM. Getting ready to watch Big Brother
and then call it a day. I'm stressing over try-
ing to find my mom some help, so she can
pay for her medication. Medical in the United
States is garbage. They need to fix it with
a system like ENGLAND has. Well I'm going to
watch the show and call it a day.