



Daily Journal

#12

July 28-31, 2014

Monday July 28, 2014. 5:43 am. Nurse just came by and told me that I'm scheduled to see the Doctor this morning. I just hope he listens. I didn't get to sleep until 10:30 11 PM, and was back up at 3 am laid there, couldn't go back to sleep. I've got to get any and everything that needs to be done, done this morning. Cause it's going to be way over 100 degrees today in these cages with the heat index. I'll be so glad to see October roll around. Had Panakes For breakfast. Eat my oatmeal around 8 am. time to get the bunk made which is difficult with this back, and then get to writing.

8:58 am wrote 2 letters to Pastor's that I was watching yesterday on T.V. wrote for free info. 10:20 am. still waiting for this Doctor. It's already hot in here and it's not even 10:30. Need to do some more writing.

11:08 am. They called recreation, I don't think I'm going out. Too hot out there and no shade from the sun. sit out there on hot concrete.

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For 3 hours. But I do want out of this cage. Doctor never called me.

12:41 PM. Ready for rec, Doctor never did show up. maybe they will call me out on Wednesday. They may not even get us for rec. Last time they called us they didn't run it.

3:33 PM. We just come back in, it was nice out there. There was cloud coverage, some rain and even some thunder and lightning. Need to wash some clothes.

4:46 PM. Finished eating, we had chicken. wish they would fry it. I've been sitting here doing some reading. It's not as hot as I thought it was going to be, just hope it stays like this. We weren't suppose to have chicken today, so that was a surprise. Clothes are washed. now going to watch some news.

8:17 PM. Back from the shower. Going to lay down watch some TV, and wait on mail call.

9:07 PM. Got a card, and a short letter from a new person who wants to be friend. yeah!! Going to lay down and hopefully get some sleep.

Tuesday July 29, 2014 6:32 AM. I'm so pissed OFF!! I was suppose to go to the law library today. well I got bumped. PAY TO PLAY, you've got to pay inmate's who make out the list. otherwise you get bumped. That's what happened to me. someone gave the inmate a canteen cheese burger and I got

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bumped. The inmate told me yesterday on the yard that he paid to get down there today. I didn't say anything, but I had a feeling that I'd get bumped cause I refuse to pay for something that I'm entitled to. Fixing to go to war over this. Cause this needs to be stopped! They just come by with cleaning supplies. I've been up since 4:30 started a letter that I need to get back to.

7:51am wrote a letter, the officer's just come by opening cell doors with the keys. They do that every week just to make sure everything's working.

9:26am. watching R.T.M. (Right This Minute) wrote an org. making something to eat.

10:07am. Back is hurting so bad, sitting here trying to write. Heard the warden and Doctor come around, but didn't come over on this wing, sure would have liked to have seen them together.

10:43am. Been reading my Bible and Catechism. Learning a little something, need to lay down for a while, my back is killing me.

2:03PM. wrote another letter. Had to escape the insanity by putting the earbuds in and turning the music up. This guy down the hall is driving every one crazy. He got excited about a cartoon Saturday

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morning. sounded like he was watching a real fight or something. He's a complete nut case. He was getting excited about Jerry Springer at 12 P.M. so I had to get away from that. This place is full of mentally ill men. We (humans) are all crazy, but not like this guy down here. I've got to lay down my back hurts bad. Nurse came by and said I'm on the list to see the Doctor tomorrow.

4:26 P.M. Hurting bad! Laid down and was dozing off. turned over pain shot through my back and ruined that. Dinner came was mac Cassole, I washed the noodles off will put a soup with it and eat in about an hour.

5:33 P.M. It's so hot in here. I was doing some legal work, but I had to shut it down. sweating. Have to bath shortly.

7:48 P.M. Finished bathing, laying down calling it a day.

wednesday July 30, 2014 5:41 am. William (Bill) Turner died last night. He was in cell P-3119 was 69 years old. I've known him for 20 plus years. He was real quite and laid back. I ate breakfast, I have a Doctor call out today. Probably won't do any good, but got to try. I've made the bunk, cleaned up now I need to write. Got in a letter and a card last night and have 2 comments

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From the blog that I need to respond to
8:10 am. They called rec, guys went out, I couldn't
go, I've got to see the Doctor. I replied to the
two comments on my blog, wrote a letter, and
need to write one more.

10:57 am. Just got back from the Doctor. He
ordered an MRI on the knee and back, but
said, "He can't make Corizon approve it. He
also ordered a cushion for me to sit on and
renewed my meds and wheel chair pass even to
go to the showers. They were doing that any
ways, but I didn't want to take a chance
of some officer coming through that's new,
like happened that one day and denying me
of the wheel chair, so that's straightened out.
Have to see if I get the MRI. He also said,
He's going to put me in to see the orthopedic
specialist. He's making sure that he's not
going to get sued. waiting on lunch now. And
my blood pressure was 138/102. she said that's
dangerously high.

12:01 PM. Finished eating, now going to do some
reading.

12:53 PM. worked on a memorandum to the ADA
Coordinator, send that out Friday. I need to
lay down. I'm hurting like hell.

2:27 PM. Laid down, dozed off for a few minutes
MP3 man picked up the player at 1 PM. I
don't have any new music coming, was

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just getting my timer reset, you have 30 days before you have to turn it in other wise the security system shuts the player down.

4:36 PM. Filled out a sick call slip over this High Blood pressure, maybe that's why I'm feeling like crap. I need to lay back down.

6:00 PM. Waiting on the showers. I feel sick to my stomach and have a headache, not sure if this is from the high blood pressure or not.

7:06 PM. Back from the shower, going to lay down and call it a day.

9:08 PM. one letter at mail call from my Dad. watched Big Brother going to try to get some sleep.

Thursday July 31, 2014 7:45 am. Dragging my feet this morning. Was a rough night, and I'm in a great deal of pain! I need to write Dad

and an org. I'm #12 on the law library, so I probably want get down there until 1 PM.

Canteen should be here today, so got that to look forward to. I'll get to writing.

9:48 am. Got my writing done. Canteen should be down here this morning. I'm waiting on that or the law library. Need to go in my legal locker in search of a legal document.

11:28 am. Finished eating lunch, now sit and wait on the law library.

1:50 PM. Back from the law library they got me at 11:55 am. Canteen was here when I got back. Ate Burrito's and ice cream.

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Don't usually order that. When I got back to my cell, I had all the pressure on my left leg, and something ripped again. This is something, I can't win with this.

4:33 P.M. They brought that pizza, I had to make a soup. I could mess up a pizza and it would be 10 times better than that. you can't call this pizza. A hungry dog wouldn't eat it, may bite you if you put it in front of him. I've got to lay down I'm hurting so bad.

6:14 P.M. Finished eating, bathing and was watching the news. a 12 year old boy shot and killed a 54 year old man. This is a crazy world.

8:45 P.M. Got one letter in tonight. wish this pain would ease up. I just hope they do the MRI and surgery. Here we are the last day of July. Many in here will not see another July, many out there won't see another July. Always leave those you love, knowing that their loved, for you never know when your saying your last good bye. Today we live, tomorrow we die.