

Daily Journal

#17

September 1-7 2014

Monday, September 1, 2014 4:49am. watching the news having a cup of coffee got up at 4:20. Now wait on breakfast.

6:01am Ate 2 pancakes, save the oatmeal for later. They just served breakfast. They're running behind this morning. Guess I'll make my bunk and then do some writing. Today's a holiday, so there's nothing going on. I'll be glad when I get this back and my knee's fixed. I'd love to be able to walk back and forth and listen to my music.

6:55am. wrote man a quick letter and a request to the warden about how the visitors are being processed. That needs to be changed, it's taking time away from our visitors.

9:00am. ate some oatmeal. was reading some legal books. Going to watch RTM, right now.

10:07am. Finished a letter to Ann need to do some reading in this legal book.

10:57am. wrote one step closer to... Death. just wanted to rant about this stinking two face American justice system. I keep getting

Ronald W. Clady
September 1, 2014

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screwed over at every turn. Need to lay down my back hurts.

11:46 am. Finished eating lunch. That nasty processed patty. Going to lay down for awhile.

3:38 PM. Been laying around. Fell asleep for a little bit. Back is hurting so bad. Hope to get this fixed soon.

I also hope they move me to cell T1101 and OFF OF this disciplinary confinement wing this week. These nuts over here are going to run me crazy. It's insane on this wing.

4:47 PM. Finished eating, that's one of the better meals. Hot dogs. That chicken and sausage is the best dinners. Now waiting on the shower and then bed. Last in the shower, not that it matters, only 6 people on this wing. So I'll be the 3rd pair in the shower.

7:06 PM. Just got back from the shower, which is right next to my cell. Going to lay down and call it a day. Watch some TV until I'm tired.

9:35 PM. They just did master count going to bed.

Tuesday September 2, 2014 6:28 am. I'm dragging my feet this morning. Got up at a little after 5 am. I've made the bunk, washed up, ate breakfast. Sitting here now having a cup of coffee, watching the news.

Another day, in which I have to find something to do to pass the time.

7:35 am. Got a legal letter from Fla. Inst. Legal services with that same B.S. response. I was hoping to go outside today. Maybe

Ronald W. Clark
September 2, 2014

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they'll call rec this after noon. Them idiot's down the hall are arguing about legal crap that neither one understands.

9:20 am. wrote a couple of cards, watching RTM.
1:39 PM. just got back from the law library I had no idea I was even scheduled. OFFICER didn't tell me this morning. Also learned that Doctor LaFontant got Fired on Friday. I can only guess because of my grievances and formal complaints. The nurse said, that she didn't even know. He's going to have a law suit against Corizon. And now, I'm pretty sure he will testify on my behalf. My blood pressure was just 120/96 still not that good. These blood pressure pills aren't that good. I'm going to eat.

4:36 PM. Finished eating. Been looking all over the place for the Fla. Health Dept. Address. I need to lay down. I'm hurting!

8:14 PM. Got one letter tonight, and a request slip from this warden that has ticked me off! I'm fixing to try to go to bed.

Wednesday September 3, 2014 5:40 am. Been up for over an hour and a half. Hurting like hell! waiting on breakfast. Nurse still hasn't come through. Got my sheets ready for the laundry. I hate sending them, but I can't wash them with my back like this. Well there's the nurse right there. I asked about my

Ronald W. Clabey
September 3, 2014

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meds. Here's breakfast.

8:18am, spoke with Sgt Blue just now, who said, I can't go to recreation unless I can walk. I'm working on a complaint about something else, dealing with all of this medical. I'm on page 4 right now.

11:00am, was writing, some people came through checking the cell's. I showed them how the wall's and floors are separating. tried to stand up and fell. just fell on the knees. now the pain is hurting so bad. I need to lay down.

11:50am, just finished eating need to finish this letter.

1:16pm, They just brought Conner another D.R. I don't know how much D.C. time he's got. It's getting up around 6 months. my back is hurting right hip hurts

3:30pm, Been laying down, got the sheets back. I don't like the way they look. I just can't wash them with my back hurting like this. I played hell just making the bed. It's hot in here today. I wish it would go back to feeling like it did last Thursday, it was nice. Going to lay back down

4:45pm, Finished eating dinner wasn't very good. The processed patty was a sick gray color, not anything you want your food to look like. Going to lay back down and wait for showers.

6:56pm, Back from the shower. I'm going to lay down watch Big Brother hope for some mail and go to bed

Ronald W. Clark
September 4, 2014

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Thursday September 4, 2014 1:41 PM. Just got back at 11:40 From the MRI I've spent the past couple of hours cleaning my cell. The officers come in and destroyed it. My back is killing me and I need to lay down for awhile, and eat something.

2:12 PM. Pain has eased up some. They woke me up at 4:30 tried to put me in the holding cell before 5:00 AM. Finally took me back to the holding cell at 5:45. I sat out there until after 7 AM. Went with one other inmate from Population to RMC. Was first time I've been away from UCI since, I think 2009. Over 5 years. Got to see cars, green grass, people in the free world. They did the MRI on my right knee but not the left knee, and did the back. That was painful laying there being completely still for 30 minutes. I was in so much pain that I was in tears. I screamed in pain trying to get up. The guy running the MRI said don't let them cut you back open, ask for laser surgery. It's better and heals quicker. Was an interesting day, seen some women prisoners, that breaks my heart. I don't like to see a woman in prison. I need to write some letters. Coming back to a cell that's been tossed is not fun. That hurt trying to clean it up. There's no sense in that.

7:28 PM. Finished eating hot dogs. Was doing

Donald H. Cluffy
Sept 4, 2014

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some writing, need to lay down for now.

6:09 PM. Laying here watching the news.

9:02 PM. Mail came, I got one post card from France. I'm watching Big Brother and then going to bed.

Friday, September 5, 2014 4:41 AM. Watching the news, having a cup of coffee. Got up at 4:20. Didn't get enough sleep.

5:43 AM. Finished eating, 6 oz. of grits, 1 brownish gray soy sausage as thick as this line and 2, 2 1/2 inches across, 2 biscuits. There was about 6 oz of potatoes on the tray, boiled with skins and rot still on it. So I didn't touch them. I need to make my bunk clean, brush my teeth, shave and do some writing.

6:59 AM. Officer told me that I have a 2 PM call out with Father Conrad. No legal call. I'm working on grievances right now.

7:51 AM. Just finished these 4 appeal grievances on medical. They just come and got the guy in cell P-4102 to take him to rec. I need to rest my back and then write a letter.

10:48 AM. Been writing a Deacon. Inmate's are cutting grass. Fresh cut, smell of grass is in the air. Need to lay down.

12:11 PM. Ate a soup with cheese in it, that dinner tray was nasty. Canteen should be here later today. I'll be going to see Father Conrad in about an hour and 45 minutes. Going to

Ronald H. Clark
September 5, 2014

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lay back down for now. rest the back.

3:13 PM. just got back from seeing Father Conrad. I really enjoy talking to him and spending time with him. Going to watch TMZ and wait on dinner.

4:39 PM. Canteen is here, so is dinner, sausage so I need to put my canteen in my locker and then eat. Get a shower and hope for some mail.

6:58 PM. Back from the shower going to lay down now and wait on mail.

9:02 PM. Got two letters from Christian orgs. I'm going to bed.

Saturday September 6, 2014 3:30 am. wake up at 250. Couldn't go back to sleep. Hurting like hell! I'm having coffee watching T.V.

11:29 am. Here's lunch. Was writing a letter. I wrote one this morning.

4:23 PM. Finished eating, I ate the corn, cabbage and Panbiscuits. That meat mixed with tomatoes and I don't know what else, looked like dog food, and probably didn't taste as good as dog food. Dog would probably bite you if you put that in his bowl. I'm going to lay back down.

7:40 PM. watching the race and football. I'm ready to go to sleep.

Sunday Sept. 6, 2014 8:43 am. waiting on mom to show up. I'm not feeling good. I have a headache. I'm sick to my stomach. I think it's my blood pressure. Going to lay back down and wait for her to show. or I

Ronald H. Clark
September 7, 2014

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Should say wait for them to call me.

2:53 PM. Back from the visit. We had a good time. I need to lay down my back is hurting

5:18 PM. Miami Dolphins won. I sent a card to my girl Ann. I need to lay back

down. Starting to get dizzy again. I'm falling apart. High blood pressure bad back, knees,

wrist hurts, ankle hurts, eyes are going bad, hair's falling out. I'm going to hell in

a hand basket. Time to lay down for a while.

9:30 PM. They just did master count. I've been watching football. I'm going to lay down now

and try to get some sleep. I'm really tired. Hope to get a phone call from my lawyer tomorrow.

DEPARTMENT OF CORRECTIONS
 OFFICE OF HEALTH SERVICES
 ADDITIONAL COMMENTS FOR PROTOCOLS

DATE/TIME	NURSING NOTES FOR PROTOCOL DC4-683
8-12-14	DIA. 8/12/14
1:40 PM	S: 101.2 W: 160 lbs BP: 125/85 HR: 61 Resp: 18 T: 99.1 F
	This patient is fully on wheelchair, (Kramer's)
	Pain: 10/10 (Right side of back)
	Pain: 10/10 (Left side of back)
	Pain: 10/10 (Right side of chest)
	Pain: 10/10 (Left side of chest)
	Pain: 10/10 (Right side of abdomen)
	Pain: 10/10 (Left side of abdomen)
	Pain: 10/10 (Right side of arm)
	Pain: 10/10 (Left side of arm)
	Pain: 10/10 (Right side of leg)
	Pain: 10/10 (Left side of leg)
	Pain: 10/10 (Right side of foot)
	Pain: 10/10 (Left side of foot)
	Pain: 10/10 (Right side of hand)
	Pain: 10/10 (Left side of hand)
	Pain: 10/10 (Right side of face)
	Pain: 10/10 (Left side of face)
	Pain: 10/10 (Right side of neck)
	Pain: 10/10 (Left side of neck)
	Pain: 10/10 (Right side of head)
	Pain: 10/10 (Left side of head)
	Pain: 10/10 (Right side of torso)
	Pain: 10/10 (Left side of torso)
	Pain: 10/10 (Right side of back)
	Pain: 10/10 (Left side of back)
	Pain: 10/10 (Right side of neck)
	Pain: 10/10 (Left side of neck)
	Pain: 10/10 (Right side of head)
	Pain: 10/10 (Left side of head)
	Pain: 10/10 (Right side of torso)
	Pain: 10/10 (Left side of torso)
	Pain: 10/10 (Right side of back)
	Pain: 10/10 (Left side of back)
	Pain: 10/10 (Right side of neck)
	Pain: 10/10 (Left side of neck)

1:40 PM
 8/12/14
 LINDENZ
 UNION CHICAGO
 NOTIFICATION

LINDENZ
 UNION CHICAGO
 NOTIFICATION

*File this form with associated completed DC4-683 Protocol

INMATE NAME: Clark Rood
 DOB: 8/29/74 RACE: _____ SEX: _____
 DATE OF BIRTH: _____
 INSTITUTION: _____

SIGNATURE AND STAMP/PRINT

FLORIDA DEPARTMENT OF CORRECTIONS
Chronological Record of Health Care

Allergies: ADA

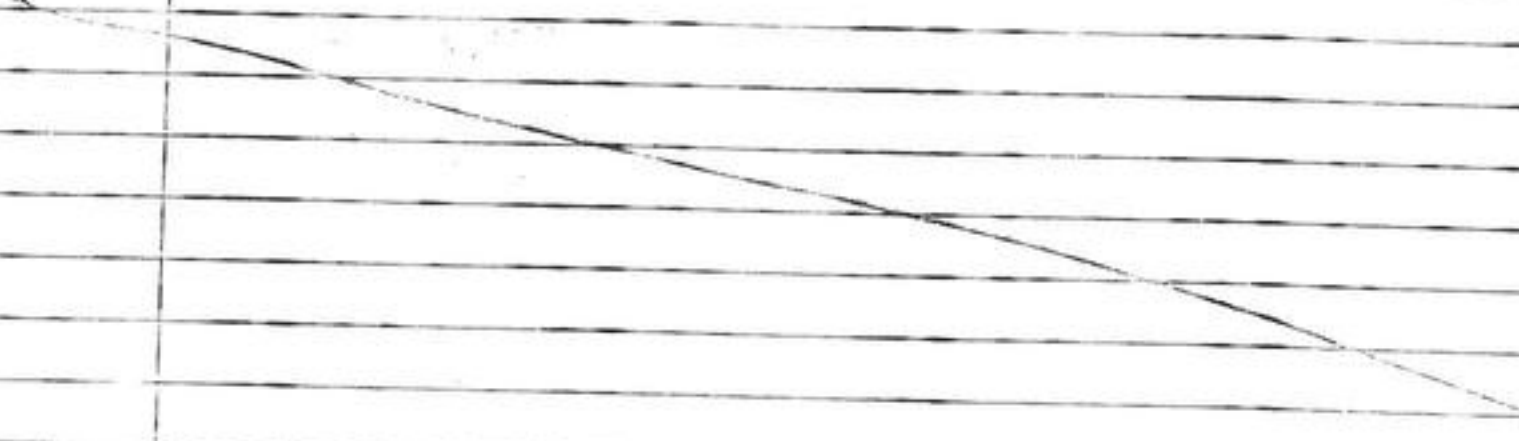
DATE/TIME

8-15-14 7:30
10:30 2/c 10:30 Edman has at this time
not in cell

8-18-14 16:30 INCIDENTAL NOTE:
INMATE REQUEST (DCR-236)
RECEIVED 8-15-14
ANSWERED 8-18-14
T. MACEY, HSA
UNION CI/CORIZON

8-19-14 16:40 INCIDENTAL NOTE:
INMATE REQUEST (DCR-236)
RECEIVED 8-18-14
ANSWERED 8-18-14
T. MACEY, HSA
UNION CI/CORIZON

8-19-14 16:50 INCIDENTAL NOTE:
INMATE REQUEST (DCR-236)
RECEIVED 8-18-14
ANSWERED 8-18-14
T. MACEY, HSA
UNION CI/CORIZON



Inmate Name Clark, Ronald
DC# 812974 Race/Sex W/M
Date of Birth 4-20-1958
Institution W4

- S- Subjective Data
- O- Objective Data
- A- Assessment of S and O Data
- P- Plan
- E- Education

FLORIDA DEPARTMENT OF CORRECTIONS
HEALTH SLIP/PASS

The below-named inmate is authorized for:

- Bed rest lay-in From _____ To _____
- Low/bottom bunk From _____ To _____
- No shave From _____ To _____
- Restricted activity From _____ To _____
- Restrictions: _____

Other: From 7-30-14 To 7-29-15
for all out of cell activities
may have down cushion

CLARK, RONALD
DC# 812974 DOB: 04/20/68
UNION CI

authorized
CORIZON
7-29-14

Health Slip/Pass

DC-701D (2/96)

White/Medical Yellow/Security Pink/Inmate

FLORIDA DEPARTMENT OF CORRECTIONS
HEALTH SLIP/PASS

The below-named inmate is authorized for:

- Bed rest lay-in From _____ To _____
- Low/bottom bunk From _____ To _____
- No shave From _____ To _____
- Restricted activity From _____ To _____
- Restrictions: _____

Other: From 6-9-14 To 6-9-15
May use w/c. off wing X byr

CLARK, RONALD
DC# 812974 DOB: 04/20/68
UNION CI

D. LADONTEANT, MD
CORIZON
(Initial & Name Stamp)
Date: 6-9-14

Health Slip/Pass

DC-701D (2/96)

White/Medical Yellow/Security Pink/Inmate