

IN LOVING MEMORY OF JUSTINE RENEE McDONALD: 9/3/1980-10/25/2001

OCTOBER 16, 2014: 11:30am: LISTENING TO: ALL OF ME BY: JOHN LEGEND

AS I SIT HERE AND THINK OF MY DAUGHTER KRISTA ON HER 17th BIRTHDAY TODAY, I CAN'T HELP BUT TO REMEMBER MY JUSTINE, WHO WAS KILLED ALMOST 13 YEARS AGO. JUSTINE WAS AN AMAZING WOMAN. I WAS NOT GOOD FOR HER BACK THEN. THOUGH I LOVED HER IMMENSELY, I WAS A CHILDISH ASSHOLE AND SHE TRULY DESERVED BETTER. IF THIS WERE THE MOVIES, I WOULD SELL MY SOUL TO GIVE HER BACK HER LIFE. SHE WAS SUCH A BEAUTIFUL YOUNG WOMAN. SO FULL OF LIFE. FULL OF ENERGY AND JUST A NATURAL ZEST FOR LIFE. SHE LOVES HELPING PEOPLE, SHE LOVED CHILDREN, SHE HAD A WAY OF MAKING YOU FEEL LIKE EVERYTHING WOULD ALWAYS BE OKAY. SHE LOVED LITTLE DOGS, ESPECIALLY HER FAVORITE ONES, POMERANIANS. I HAVE BAD MEMORIES FROM THE BAD TIMES WE HAD WHEN I WAS NOT A GOOD PERSON. BUT SHE GAVE ME SO MANY MEMORIES THAT I WILL CONTINUE TO CHERISH UNTIL THE DAY I DIE. EACH YEAR I TORTURE MY SELF BY RE-READING THE OLD LETTERS I HAVE FROM HER AND IT IS ALMOST THAT TIME. OCTOBER 25th IS RIGHT AROUND THE CORNER. JUSTINE WANTED NOTHING BUT A HAPPY LIFE FILLED WITH CHILDREN, LOVE AND A GOOD HAPPY MARRIAGE. I FAILED HER IN EVERY ASPECT OF THAT. I WANT TO SHARE A POEM THAT EVERY TIME I READ IT, I CAN'T HELP BUT HAVE TEARS IN MY EYES. THIS IS MY WAY OF PRETENDING THAT EVERYTHING IS GOING TO BE OKAY. JUSTINE WAS AN AMAZING WOMAN AND NOTHING HURTS ME MORE THEN KNOWING I FAILED HER. YOU CAN SEE OLD PHOTO'S OF HER ON MY FACEBOOK PAGE. SHE IS THE GORGEOUS LITTLE BLOND. I THANK YOU FOR READING AND I HOPE THIS REACHES OUT AND TOUCHES SOMEONE. WHY HAVE ALL THIS PAIN IF I CANNOT USE IT TO HELP SOMEONE ELSE. TAKE CARE, AND GOD BLESS. CIAO

FOR THOSE I'VE LEFT BEHIND

NO TEARS OF SORROW SHALL BE SHED
FOR THEY WOULD ONLY BE IN VAIN
ONLY TEARS OF JOY & HAPPINESS
SINCE NOW I HAVE NO PAIN
MY LIFE WAS A SHORT, BUT HAPPY ONE
FILLED WITH BLESSINGS AND WITH LOVE
NOW MY HEART HAS FOUND CONTENTMENT
AS I'M WITH THE LORD ABOVE
MY FAMILY HAS COME TO WELCOME ME
AND GUIDE MY SOUL TO REST
FOR THOSE OF YOU I'VE LEFT BEHIND
YOU SHALL BE BLESSED
FOR THE LOVE WE'VE SHARED IS ETERNAL

AND REMAINS WITH EACH PASSING DAY
KNOW THAT I AM WITH YOU ALWAYS
IN A VERY SPECIAL WAY
THOUGH MY VOICE WILL NOT BE HEARD
AND MY BODY YOU WILL NOT SEE
LET YOUR HEART AND CONSCIENCE GUIDE YOU
AND KNOW IT COMES FROM ME
KEEP ME IN YOUR HEARTS AND MINDS
AND MY MEMORY SHALL REMAIN
REMEMBER OUR JOYOUS & HAPPY TIMES
AND LET MY LOVE HEAL YOUR PAIN
TOGETHER WE SHALL BE FOREVER
EVEN THOUGH WE'RE NOW APART
FOR THE MANY WAYS OUR LIVES HAVE TOUCHED
WE'RE ALWAYS IN EACH OTHER'S HEARTS
SO PLEASE DON'T CRY IN SORROW
REMEMBER OUR HAPPINESS & LET IT SHINE THROUGH
FOR THE LORD HAS BROUGHT ME HOME WITH HIM
SO THAT ONE DAY I MAY BE HERE AND WELCOME YOU.

UNA VERA BUONA MOGLIE E IL TESORO PIU PREZIOSO CHE UN UOMA
POSSA TROVARE.
(A TRULY GOOD WIFE IS THE MOST PRECIOUS TREASURE A MAN CAN
FIND).

RIPOSA IN PACE MI AMOR.

AMORE ETERNO,

