



# Daily Journal

#28

November 17-23, 2014

[deathpenalty.org/join](http://deathpenalty.org/join)

Monday November 17, 2014 6:16am. Been up since 4am. I didn't get up until they brought the breakfast at 5:30 2 pancakes and some oatmeal. Then I washed up, made my bunk, washed a T-shirt. Now I've got to figure out what to do to pass the day. Thought about one grievance that I could write. I didn't get a good night's sleep between this pain and these two officers when they walk by, instead of counting inmates, their having conversations. Imagine being in your bed asleep and every hour or so some one walks through their talking, that's what this amounts to. Then Mercury and Martin talking. Miguel over there rubbing his hand against the table to make a squeaking noise. This place is starting to seriously effect me. I don't remember the last time a place got to me like this. Yes I do, in March when I was in cell P-4111 Mercury on one side, Randy Jones another mentally-ill inmate on the other side. Being housed around the mentally ill takes a serious strain on you. I need to write my attorney about my death penalty case.

6:17am. Wrote Linda a quick legal letter.

6:59am. The legal mail lady just picked up my

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letter and mailed it. I'm going through some legal papers throwing stuff away while looking for a grievance that I filed a few weeks ago. Martin is talking to his self as usual. I've heard him snoring sleeping good, come right out of that sleep and go right into conversation (with his self) when he started that, I thought he was faking, when he did that several times, I knew he's seriously messed up. I seen a guy start out faking it, by the end he had slipped over and lost his mind. The mental structure of the mind, is not to be played with. Guess I'll see what I can write next.

8:01am. Did some reading in my book about the Catholic church.

8:13am. Grievance lady just picked up my grievances. I've got to find something to do, to pass some time. I'm already hungry, we have about 3 hours and 15 minutes until we eat. I just had sever pain shoot through my right knee.

9:23am. Wrote Ann. I'm going to lay down now. Not feeling very good.

10:35am. Been laying down. Plumber came and fixed my sink where it'll now drain. They also worked on the handicap shower. I hope they got it fixed this time.

11:14am. Cleaned out my address book, threw away some old addresses and letters. It's hot and humid in here. I hear the food cart out there. They should be coming in about 30 minutes. I'm Fed last.

11:43am. Just finished eating, dang that was nasty!

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I'm going back to reading this article on prison abuse. I read it months ago, but I wanted to reread it.  
12:23 P.M. Amazing how corrupt the FDOC is. This article talks about 2 inmate deaths, and the Inspector General Jeffrey T. Beasley trying to cover them up, and telling his inspectors he would have their asses if they didn't back off. Some watch dog we have. This place has earned its right to be called the Fla. Dept. of "CORRUPTION".

I'm going to get myself killed doing this, might as well die for something you believe in. I'm trying to figure out an angle on how to fight them, which was why I was reading this article. Have to think about it some more. What I'm really ready to do, is eat dinner, take a shower and go to bed. Hope they wake me up with some mail. Weather out there looks rough. I haven't seen weather or any news since Sunday Oct. 26. I have no idea what's going on in the Free World.

3:56 P.M. Been laying down. I read some of this book on the Catholic Faith. I hear the food cart up stairs. We should be eating in 20 to 30 minutes. About 2 1/2 hours until shower then I can get in bed. Won't be able to sleep, guys from other wings will come over here to shower, and they will be calling me to talk. Since there's only 5 of us over here only 4 shower after 2 tips this side's done 2 showers on a wing. So they will start bringing guys from other wings over so they can finish the showers up. It was storming outside earlier. We have

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a nasty dinner tonight. I'm going to lay down and wait on it.

4:31 PM. Finished eating, just 2 more hours till shower. I'm reading some more on this book.

6:13 PM. They just came through with a 600 PM. count, yes they are running behind. Hope they get them showers started so I can lay down. I need some mail tonight so I have something to do tomorrow.

6:52 PM. Back from the shower going to lay down.

7:30 PM. Martin's cell 4102 was buzzed open, so he walked out had his stuff packed up, he's out on the quarterdeck now with the officers. That woman running that control panel is going to be in a world of trouble. I'm not sure what they are doing to him. They may beat his ass for walking out of that cell. He's been out there for over 15 minutes. This is the wrong Sgt on, they may beat the hell out of him. I don't hear any more, showers going so they've stopped the showers. Martin thought he was going home, he was packed.

7:47 PM. They brought him back, there was a use of force, cause they had the camera on him and brought medical down. They don't do that unless there's a use of force. Martin's back over there talking to his self. Well I'm going to lay back down.

Tuesday Nov. 18, 2014 6:13 AM. Got up at 5 ate breakfast at 5:30 read my mail that came in last night. Washed up made the bunk, I got in letters that had four org. for me to write, so I'll be writing them today. Martin did get slammed last night. Can't

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blame the OFFICER, I'd have done the same thing.

Martin is mentally gone, and deteriorating more every day. Well I need to get this pen going and try to accomplish some things.

8:37am. Classification and a C.O. just came by, told Martin he needs to come out so maintenance can fix his door. They're going to check it, try to find out why the door opened last night. I know why it opened, the woman in the Control Room pushed the button. I heard it when it rolled. I know what it sounds like. It was human error, and it happens all the time!

8:47am. They are taking the door apart. All that work because of the wrong button being pushed.

9:24am. They just brought Martin back. I'm writing a letter.

10:02am. Finished a letter, it is cold in here. I know why, from cell P-4104 all the way down to cell P-4114 the windows are open, and it's in the 30's and 40's out there. They are trying to freeze the mentally ill and me right along with them. I've got more letters to write.

11:13am. Fire alarm is going off. Wish someone would just cut the wires and be done with it. It's useless. It goes off so often that people don't take it serious. It's a piece of garbage. I'm waiting on lunch. I had to lay down. I sneezed and pain shot through my back. Still hurts, suppose to see the doctor tomorrow.

11:53am. Finished eating, wasn't much and all ice cold. I hope dinner is better. That's 4 1/2 hours off.

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oh well, back to writing.

1:44pm. just finished putting my property up and I've been listening to my music. Sgt. came by at noon said your OFF DC the DR. was thrown out. that's all I know at this point. I know their not going to be happy about it, and they may do something crazy and OFF the wall. I wouldn't be surprised to see the DR. investigator back here tomorrow. I just don't trust these people and I know how slimy they are. This will be the 2nd DR. I've had over turned against my Classification OFFICER this year. 2:17pm. wrote mom and told her I'm OFF DC. wrote a request to also find out why this DR. was thrown out and who threw it out. I'm fixing to eat and take some pain pills.

4:01pm. waiting on dinner, chicken tonight. I'm feeling sick. I don't know if its these pain pills or what. I'm watching a movie, surviving the Game, starring Ice-Tea. it goes OFF at 5pm. then I'll watch the news.

4:11pm. I found out the DR. was thrown out do to a re write. which means they made a mistake and are going to re write the DR. and make me serve an extra 30 days. That's the game these people play.

4:37pm. Finished eating. I need to lay down.

5:42pm. I spent the last 40 minutes finding all my rates, and getting my statement ready. I'm going to go after them even harder

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When they write this new DR.

6:15 PM. Wrote a letter to Father Conrad, I'm going to have him call the senator. These people have got to be stopped, she's the one who can stop them.

8:13 PM. I've been writing and getting ready to fight this DR. I'm going to lay down.

Wednesday Nov 19, 2014 10:16 am. I've been up writing since 5 am. Wrote grievance, got my statement, wrote up the evidence laid out and the witness list ready. Yep, I'm going to cause chaps!" They wanted this I stopped for a moment to talk to Bishop Snyder and Brother Don. I'm waiting to see the Doctor. I've got right this minute on, but my focus is on other stuff. I want that DR. Investigator to show up. I need to write a letter.

10:6 PM. Back from seeing the Doctor blood pressure was 164/108 it was 160/108 in the left arm, and then dropped to 150/100 need to write. Back is really hurting.

4:40 PM. Ate dinner. Wasn't great. I'm having so much pain in my back. No DR. Investigator showed up today. Maybe tomorrow. I need to lay down. Wait on showers.

6:48 PM. Back from the shower, going to lay down.

Thursday Nov. 20, 2014 6:56 am. I'm not motivated to move this morning. Woke up at 4:30 ate breakfast about 5:30. then laid back down. My back is hurting so bad. If I can't get this fixed, then I'm going to have to just be done with life. I can't go on like

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this Not sure what I will do to pass the day.

Be nice if I got some legal mail. I got a request back last night from the psychologist. He was stupid for returning it. He stated "The issues you are pertaining to inmate McCray does not effect you at all. Please address request only as they pertain to you personally" so now by acknowledging this request he can't say I didn't know what we were doing was illegal. I guess I'll write a letter or two and wait for them to bring this other DR. 10:13am. Wrote one letter. I'm watching RTM. Need to write another letter shortly Got a letter from Dad last night need to write him. Got a letter from mom, but I should see her Sunday.

10:22am. The DR. Officer says just here serving Martin a DR. For not showering. I got a witness statement I'll prepare that and have it when he shows back 2p.

12:28PM. I finished my witness statement 3 pages. I'm calling the senator secretary and big wig's as witnesses who know the rules.

7:00PM. I finished eating a canteen chilli for dinner. They have that crap they try to pass for pizza. Can't eat that. Never did get back to that letter. I'll get up and write in the morning. I'm going to lay back down.

7:40PM. I'm going to bed. I don't feel good, I'm tired of this place. I'm tired of the struggle. I'm tired of life. Wish I could go to sleep and never wake up. It won't happen!



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Friday November 28, 2014 6:50am. I'm up, went to sleep feeling like crap woke up feeling like crap. one day hopefully I'll get lucky and not wake up. I'm not sure what I'll do today. I think Father Conrad will be here this afternoon.

8:52am. wrote a letter to get help with phone calls being made to the Governors OFFICE and to secretary crews. I figure the phone calls will make a much bigger impact. I'm taking the battle to another level. I'm also having my formal complaint. Faxed to the senator and Governors OFFICE that being sent by Fax, and then phone calls coming behind it, will have a greater impact.

I turned in my mp3 for some new songs. He picked it up about 20 minutes ago. I'm going to watch R.T.M. and write on this DIR investigator.

10:48am. nurse brought my new blood pressure meds called Enalapril. she'll bring me a muscle relaxer later

for my back. canteen came, I only got paper and envelopes. That DIR investigator still hasn't shown up. Two weeks ago he showed up between 1PM and 2. Cause I was seeing Father Conrad when he walked by, he came down to give Connor a DIR.

10:57am. Generator just came on. it'll run for 30 minutes does every Friday.

11:29am. Generator went OFF. Got an hour and a half until I see Father Conrad.

12:16pm I gave the lunch-tray away and ate a soup just got the muscle relaxer from the nurse. I

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hope it helps, but I doubt it. This is a nerve not a muscle. Well I'm going to watch the news and wait on Father Conrad.

2:34 P.M. Back from seeing Father Conrad. I didn't get out there until 1:20 P.M. they had recourt. I.R. investigator never did show up. They have violated 33-601.305, 24 hour investigation. The officer yesterday said the I.R. was written sitting in the office, but it wasn't typed up yet, and he thought he may take today off, so yes, breaking the rules.

6:02 P.M. Dinner was really late. They had master count while I was seeing Father Conrad. Waiting on the showers now.

6:48 P.M. Back from the shower, going to lay down and call it a day.

Saturday November 22, 2014 8:07 am. Been up since 5 am. Best night's sleep that I've had in a long time. This pain med with this muscle relaxer is working, which surprises me. I didn't expect it to work. I'm very thankful that it is working. I'm listening to music. I've made the bunk and all. I got 2 letters in last night, one from mom. I should see her tomorrow. I've got to keep my mind in fighting for these guys down here who can't fight for themselves.

8:55 am. Cleaned my floor, and put the walker in the middle of the floor and walked around it. I feel some pain, but not like it was. I'm going to try to get the nurse to show me

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those exercises. For the back, cause if I can do them while I'm not hurting then maybe that will help. I'm going to try washing clothes later. And if this pain stays at this level next Saturday I'm washing sheets. Right now I'm going to watch "Lucky Dogs."

9:53am. Watched Lucky Dog, I really like that show. I got some clothes soaking that I'll wash later. I need to write a couple of letters, still haven't written Dad. I've got a bunch of grievances that I need to write.

11:29am. I've been up walking around this walker. This has been the first time that I've had my shoes on since June! I hope these combination of pills continue to work. I want to be able to go to the visiting park and walk around. I hate that wheel chair.

11:47am. Got my lunch, looking some mac & cheese. I'll eat it in a little bit and watch some football.

1:40pm. I've been sitting here working on my statement for the DR. I figure they will be here Monday. I've got a total of 13 pages 4 written statement 9 pages of exhibits and it's nasty. I rub their rule violations in their nose. Well I still haven't eaten. I had to warm the food backup. I'm going to watch some football now.

2:27pm. Finished eating, hot dogs. When I come out from under the earbuds, I can hear

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Martin next door and McCray down the hall. I've  
got to get these guys some help. Well, I'm going to  
watch this Fla. state game.

7:33 PM. I'm going to bed. FSU won as did Louisville.  
I'm tired.

Sunday November 23, 2014 7:02 AM. Been up since 4am.  
Washed up, made the bunk, cleaned the floor. Watching  
the news. McCray is down there struggling with that  
Cage and his demons. This muscle relaxer makes me  
feel high, I don't like that feeling, but it's helping  
with the pain. I need to write Dad, I also need to  
get everything ready for the visit.

8:35 AM. Just finished bathing watching GMA as I wait  
on mom to show up.

3:13 PM. Back from the visit. Had a nice visit. I hate to  
see mom having all of these struggles. I'm going to  
lay back and watch some football.

7:16 PM. I'm sick of the football after watching these  
Dolphins look like crap. I'm fixing to lay down and  
go to bed. Call it a day. Wait for the DR. officer  
to show up tomorrow.