

Change of Address

Hey everyone, this is just to let you know I am at a new unit. I have signed up for a program to help me get better control of my temper and I'll tell you it's not easy. I'm surrounded by guys who gossip all the time and listen to other people's conversations, which we call "ear hussling." They will even make passive aggressive statements about you to other people. When the first rule in prison is mind your own business. But I'm learning no one can make you hit them, that I have to accept responsibility for my actions and not to blame others. But God, it's damned hard sometimes. Wish me luck, I come up for parole in Feb. 2015. Peace ☺ Downy.