

"Murderous Heart"

* News Front
* 2014
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Recently I attended one of my groups called "Coping Skills" we sit around and talk about issues and how we cope with them. Anyways one of the guys opened up how he murdered his cellie. He used vivid descriptions. He strangled him while whispering in his ear "Don't fight it - It will be over in a minute." Both inmates were Black - only one was affiliated. He then propped the body in various positions for when the guards did their count times. When describing some of these horrendous details he'd laugh (short spurts). He put headphones on him - to make it appear he was listening to music - Then he'd rearrange the corpse into a sleeping position & tied a home made rope to his leg - He'd raise his leg by pulling on the rope - to make it appear the corpse was still alive. This man had no remorse - This is not the first time I've heard other stories like it. He kept the body 3 days before he told the guard he was dead - He said the only reason why he told because the body started to decompose. The only good news to come out of this story is he's never getting out of prison - on top of the life sentence he already had - They gave him another one. Maybe after he dies serving his first life sentence - He'll come back in the after life to serve the other life sentence in hell.