by Timothy J. Muise

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I dance each day, to keep from crying. I dance with pen and pad,

I dance in the morning light, to start off energized, my typewriter is my partner,

I dance at night when tired, to remind me of the day to come, I dance with pencil and notepad,

I dance to tunes on that harp unstrung, sung about in American roots music,
I dance with words and thoughts,

I dance year after year, in dark prison abuse, I dance for my freedom.

SHE WALKS by Timothy J. Muise

She walks away,
I crumble under the weight of her steps.