

|| ~~Driving your loved ones~~

Helpful and Helpless

Part of my Job consist of working during Visitation on weekends and that's simply washing the plates off after the visitors have bought their loved ones snacks out of the machines available. I'm a very observant person being behind bars a person loses touch with reality especially when you do not have this opportunity. But the fact is, I was deeply touched on a point, and that was hearing a young child cry after leaving her father and asking why can't Daddy come home and the mother having to try to explain having to be forced to lie to her daughter about his predicament it was quite gut wrenching the person visited "the father" unaware of this whole scenario.

Seeing you visitors as you come in nervous and as you sit to wait for your loved ones to come through that door the way your eyes light up, your determination in driving the many hours it's taken and dedication even hearing you ponder on what snacks you think they will enjoy all of this unknown to the loved one you are visiting.

I can't help but to respect you all and applaud you and let you know it doesn't go unnoticed. It hurts me hearing how some have driven 100's of miles only to be turned away so I've found another



① Way I could be of help

For trips over 4 hours or it may be even 3 make sure to call the unit early in the week and you might be able to get a special visit there 8 hours you can split 4 one day and 4 on Sunday you can even call and find out 1st if you're on the approved visitors list and when they are taking pictures so you can have a memento. Little things that you need to know are you can't wear shorts or spandex I don't even think you can wear a skirt or dress no bras that reveal cleavage the only thing you can bring in is "change" up to \$10.00 or \$20.00 and your I.D. of course wheelchairs and breathing oxygen I've seen let in you'd be surprised the dedication in visiting their loved one they've gone through. It also upsets me to see the guys in here not realizing what their families go through when they do stuff to have their visitation taken away and not give any thought to how far they have driven or how much they want to see them.

I always try and share this with the offenders. Some of them feel it's just another



⑤

Responsibility of their families (Pure Ignorance)

Anyways I just thought I'd let you know what you are doing is helping your loved one in a Big way your contributing to the Reintegration Process of keeping your loved one in touch with reality, Time apart Separates the Bond that you have and you are keeping it tied together

What I saw today as badly as I wanted to help an Elderly Lady on a walker the type you can sit on it needed a Lady about 60 assisted her. the walk is long and If you've ever Visited you'd know I swear By time they reached the Central hallway they stoped to rest 3 times as a Nurse I'm not allowed to come in any contact with Visitors "Physically" I thought Its sad that the one thing I would do in the world was "help".

and I took that Freedom away from my self when I committed My Crime and I Couldn't do the most humane act and help or assist them in any way my hands were literally tied.

We dont know whats really taken away from us



9  
fill times like these

Maybe my writing has took a different turn  
and I've gotten completely off Base Id recognizing Experiences  
from within these walls and making it a learning and  
eye opening realization

upon officers starting to work they are required  
a on the job trainings usually after leaving the academy  
requiring 3 to 4 weeks and they are trained to the units  
routines we just had a new orientee Boss Maybe on  
his 2 week training got assaulted by and inmate with  
mental problems that was probably off his medication, for nothing  
at all he attacked the officer - Bruising and causing stitches  
the officer young trying to enter a career path and  
subjected to such violence

As an Inmate (if I were on the Building)  
at the time of the Incident I would have felt  
compelled to Intervine But IF I would have the  
Inmates in organizations would have retaliated against  
me saying Its (us) Those in white against (them)  
those in Grey

were not even allowed to talk or discuss  
personal matters Its considered Fratricization



5) and we could receive disciplinary for establishing a relationship with the officer meaning not keeping your relationship with the officer on a Professional Inmate / Officer level.

Im 41 years old and any one younger I feel although my word may not be considered of significance because Im an inmate, I wanted to let the young officer know I respected him for picking himself up and brushing off the dirt and coming back to work the very next day bandages and black eyes I felt bad for him all this saying although we are behind bars doesn't mean we are the same, cruel and mean people we are projected to be.

I'd like the readers to write in and let me know what you thought about this blog and if you'd like me to continue to share my little experiences, Artie's i and stories

Thank you  
for Reading