

EMANCIPATION

C O M P L E X

THE EXHAUSTED PURSUIT OF BEING AUTHENTICALLY FREE

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CAN YOU HEAR YOU

NOW?

1. CAN YOU, HEAR YOU, NOW? 11 MARCH 2015

COMMUNICATION AS AN ELEMENT IN RELATIONSHIPS PROVIDES CLARITY, HEALTH, PACE, AND DIRECTION. COMMUNICATION REQUIRES A MUTUAL PATHWAY TO TRAVEL OPENLY, HONESTLY, AND CONSISTANTLY WITHOUT HESITATIONS OR RESERVATION. COMMUNICATION IS NOT FOR THE WEAK, FEARFUL, NOR THE INSECURE. IN THE ACTS OF "SINCERE COMMUNICATION" IS A STANDING FIRM GROWTH THAT ROOTS THE HEART IN THE GIFT OF BEING PRESENT AND AVAILABLE TO THE HERE AND NOW. COMMUNICATION IS MOST PROFOUND WHEN IT IS ACCURATE AND SPOKEN INTENTIONALLY WITH SURE-NESS BUT WE MUST REMEMBER TO CONSIDER IF THE ACTIONS WE TAKE AND BEHAVIORS WE PATTERN LINE-UP WITH WHAT WE SPEAK. OFTEN OUR BEHAVIORS ARE MISUNDERSTOOD WHEN THEY ARE OBSERVED BECAUSE OUR MOVEMENTS ARE NOT NARRATED FOR THE BENEFITS OF THE WATCHING OTHERS. BUT SELF AWARENESS, OF OUR BODY, HOW IT MOVES, WITH OR WITHOUT EASE, WILL ALLOW US TO CHECK OURSELF AND INSURE THAT OUR OWN WORDS LINE-UP WITH OUR ACTIONS, WITHOUT QUESTION IT IS MOST BEAUTIFUL TO SEE A LIFE LIVED UN-INTERPRETED SELF-ALIGNMENT WILL FINE-TUNE THE CURRENTS, AND FREQUENCIES THAT WE SEND OUT INTO OUR IMMEDIATE ENVIRONMENT AND THE UNIVERSE. BY CO-ORALATING OUR BEHAVIORS AND WORDS WITH THE SAME RYTHMN, WE WILL DEVELOP POISE AND GRACE IN A WAY THAT EXPOSES AN AUTHENTIC CONFIDENCE THROUGH TRUSTED SELF DEVELOPMENT INSTEAD OF CREATING BATTLES TO WIN. COMMUNICATION IS ALWAYS GOING ON IN SOMEWAY ON EVERY LEVEL BETWEEN US ALL. THE QUESTION IS: "DO YOU KNOW WHAT YOUR LIFE IS COMMUNICATING?"

THE ANSWER TO THIS QUESTION COULD BE LOCATED IN THE REACTIONS AND THE IN-COMING RESPONSES AROUND YOU.

THOSE OF US WHO ARE DESPARATE, REALIZE AND RECOGNIZE THAT "IF" THERE IS A NEED, HUNGER, OR TRUE DESIRE TO "BE" ON TASK AND POINT POSTED WITH SATISFYING OUR LIFE'S PURPOSE - WE WILL FIRST AND FOREMOST ACCEPT THE TRUTH THAT WE ARE THE THINKERS WHO THINK THE THOUGHTS AND SPEAK THE WORDS THAT ACCURATELY CREATE OUR LIFE EXPERIENCE. WE MUST MAINTAIN A HIGH PLACE FOR SACRED WORDS TO SPOKEN OVER OUR LIFE, WORLD, RELATIONSHIPS, AND AFFAIRS, WHATEVER WE ATTACH TO OUR WORDS AS INTENTIONS, FEELS STRONGLY PRESENT, OR EMPTY CARELESS CHATTER, NO MATTER, OUR WORDS BY LAW WILL RIPPLE OUT AND CATCH PURPOSELY, BRING BACK, WITHOUT FAIL WHAT EVER WE HAVE SPOKEN-SOWN.

° SO LET US PRESS TO GET IT RIGHT THE FIRST TIME AND ACT SWIFTLY WITH POWER TO MAKE ALL THE MANDATORY CORRECTIONS, AJUSTMENTS, AND FORGIVE, LET US NOT UTTER A STODPER, IN TURN TERMS OF DAMAGE CONTROL.

EVERY WORD WE SPEAK WAVES AWAY WITH OUR D.N.A. AND WE "SHOULD" BE CHECKING OUR LIVES FOR IN-COMING VERBAL MAIL MANIFESTED BACK, I MEAN JUST GO AND LOOK IN THE MIRROR. I KNOW YOU CAN SEE YOUR REFLECTION. BUT CAN YOU HEAR YOUR REFLECTIONS? CAN YOU HEAR ME NOW?

I AM AN AFRICAN-CLASSIC