



# Daily Journal

APRIL 1-5, 2015

wed, April 1, 2015 4:54 am Got up at 3:14 washed up, washed my hair, brushed my teeth

put on some deodorant. all of which is my daily ritual of washing up. Then made the bunk and cleaned the cell. watched some news which is very depressing. I got in a couple of letters last night. I think I went like 5 days without a single letter. my friend said my daily journals are being posted. I need to write her and do some other writing. to prepare for my confirmation tomorrow, I need to do some reading and write down several things. But I've also got to write the regional director again about this yard. It's having to read and write by the T.V. light. my light switch broke the other day and still has not been fixed. well time to get this pen to work. Got to write a grievance on medical as well.

5:49 am. Breakfast came, I threw it in a bowl. I wrote a grievance on medical, and a letter to the regional director concerning the recreation. I hope they help change





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these recreation rules.

6:35am. Just finished a letter to Amnesty International asking for help on a mental health wing, recreation and the issue with the screens having holes allowing mosquitos in. My hands hurting from all this writing.

7:24am. Legal mail lady just picked up my two letters. I'm going to eat now.

7:43am. Just ate some chicken that I had from last night. The officers are pulling six wing for recreation right now. My finger is swollen and hurting, and I can't get to see the nurse. I can't even bend it. But it doesn't hurt as bad as it did two days ago. Well I've got to get back to this letter, then do some pushups.

8:20am. Grievance lady picked up my medical grievance.

10:02am. Finished watching RTM. Just turned over to the Florida Channel and the Fla. senate is about to start. I want to watch SB 7020 dealing with the FDOC.

11:18am. Watching the senate as I'm reading the catechism getting ready for my confirmation tomorrow. I've got some studying to do for that.

11:35am. Ate lunch called cabbage roll casserole. Its rice, cabbage and whatever type of meat, that is that they serve us. It's not bad. I'm going to lay back for a bit. sure wish I could go out. Its





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really nice outside, someone told me earlier that I'm moving to Co-wing on Friday, we will see. I don't care either way.

1:35 PM, still watching the senate. I did some pushups. I did about 300, maybe a little over. I wasn't keeping count, just doing them 30 and 25 at a time.

1:59 PM, SB 7020 just passed 35 years INA. one person voted against it. But still, you need a way to enforce it. 33-208,002 Rules of conduct is beautiful, but they don't abide by the rules.

4:32 PM. Finished eating, been doing some reading going to lay down.

5:43 PM, just got back from the shower. They started them late. Going to watch survivor then go to sleep.

8:29 PM. Going to bed. I don't feel like staying up until 9:00 PM. I'm dozing off already.

Thursday April 2, 2015 4:51 am. Got up at 2:51 washed up, had 2 cups of coffee, made the bunk, cleaned the cell then wrote the formal grievance on the recreation yard, just finished that. My fingers hurting, sides hurting. I hope to see the nurse today. I'll be seeing Father Conrad later, and going through my confirmation. I've got some reading that I need to do now.

5:33 am. Finished eating breakfast. Nurse just brought meds around. I hope to be seen in sick call



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Today. I'm going to walk for a bit, then do some reading. Wish they would fix my cell light. It's hard reading in the dark, by T.V. and the hall light.

6:26 am. They just came around with cleaning supplies. Was told the Captain has said nothing can be up on your sink, but a bar of soap, towel, toothbrush and paste, and a cup. To me none of that stuff should be up there, except the soap.

7:38 am legal mail lady just came by, nothing for me.

8:32 am. Officer just made his 30 minute round. I asked if I have a call out, he said he would check. I'm suppose to have a call out today to see Father Conrad, for my confirmation. Hope nothing went wrong.

9:04 am. My classification officer was picking up grievances, so I didn't turn mine in, I just avoid talking to her at all. I'll turn them in tomorrow.

10:16 am just spent about 45 minutes talking with Deacon Roy. He said I am scheduled to see Father Conrad at 1 PM, so that's good to know. I was starting to worry about that.

12:30 PM. waiting on Father Conrad. ate some meat fried rice for lunch.

2:30 PM. I just got back from seeing Father Conrad, had my Baptism, and confirmation, my first confession and then Holy Communion. I need



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to do some reading.

3:13 PM. Chase is being taken up front, one of the yard officers just came down and said, Ronald Clark your yard has been cancelled from here on out. Their made because of the formal complaint I filed. I need to lay down.

4:28 PM. Dinner just came, I got a surprise, my neighbor gave me something, I was almost asleep. I'm tired. Chase still hasn't come back I heard he's not coming back tonight.

Friday April 3, 2015 7:58 am. I got sick, by 5 PM yesterday I was in bed. I was cold and got under both of my blankets. I didn't get out of bed until 4:30 am. Chase was taken out of here yesterday in an ambulance, to Jacksonville Memorial Hospital. None of us knows what's going on. I'm #8 for the law library, I need to go, but I sure don't feel like it.

I got a letter from the Chief Inspector General just acknowledging my letter. I need to lay back down. My neighbor has been sick for 3 days, I think I got what he has. or I've got a blood infection from this finger.

Saturday April 4, 2015 8:44 am. I just got out of bed 20 minutes ago, I got up and bathed. I made it to the law library yesterday came back got in bed and stayed there. I talked to the nurse at 1:06 PM to see if I could declare a medical emergency, she said your not bleeding your



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not dying and therefore it's not an emergency well I'm going to fight to change that. I've got to write a grievance on that to file on Monday. I ate one piece of coffee cake this morning, yesterday I didn't eat anything. I need to get going, I've got to wash my sheets and some other clothes and I need to do some writing.

9:54am sheets are washed and are drying, just wrote a grievance on medical. I'm still hurting, my kidneys hurt, my joints hurt, I think what I got was blood poisoning. I'm so tempted to get back in bed. I've just got so much to do.

Sunday April 5, 2015 2:01 PM. I went to visit. I drank some orange juice, went to the bathroom and threw up. Mom left at 11:50am. She was going over to see my Dad, he had surgery and is over at RMC Lake Butler. They should be visiting right now. I didn't sleep more than 3 hours last night. My kidneys were hurting. I came back got in bed, and I'm getting back in bed right now. I don't feel good, can't keep anything on my stomach. Hopefully I'll see a doctor this week.





INMATE REQUEST

STATE OF FLORIDA DEPARTMENT OF CORRECTIONS

Mail Number: Team Number: #6 Institution: Union

3-15-421

TO: (Check One) [X] Warden [ ] Asst. Warden [ ] Classification [ ] Security [ ] Medical [ ] Mental Health [ ] Dental [ ] Other Andrews

Table with 6 columns: FROM, Inmate Name (Ronald W. Clark Jr), DC Number (812974), Quarters (P-5126), Job Assignment, Date (3-27-15)

Check here if this is an informal grievance [X]

33-601.830(7)(i) Exercise - - An exercise schedule shall be implemented to ensure a minimum of six hours per week of exercise out-of-doors. The problem is staff instead of spreading the six hours out, throughout the week is trying to jam the 6 hours into 2, three hour periods, so an inmate may receive rec on Mon + Tue and then remain confined to his cell for the next 5 to 6 days straight. This long term confinement is harmful to our mental and physical health, staff's convenience is out weighing the inmates needs. These rec sessions need to be broke down into 2 hours and spread out throughout the week. And just because there's a minimum

All requests will be handled in one of the following ways: 1) Written Information or 2) Personal Interview. All informal grievances will be responded to in writing. see continuation ->

Inmate (Signature): Ronald W. Clark Jr DC#: March 27, 2015

DO NOT WRITE BELOW THIS LINE

RESPONSE Capt. TI Robinson DATE RECEIVED: 3/30/15

D DC rules and regulations demand that Death Row inmates receive 6 Hours of Rec: at week It does not indicate when you will be pulled that is at my discretion.

[The following pertains to informal grievances only: Based on the above information, your grievance is Denied. (Returned, Denied, or Approved). If your informal grievance is denied, you have the right to submit a formal grievance in accordance with Chapter 33-103.006, F.A.C.]

Official (Print Name): TI M Official (Signature): TI M Date: 4/1/15

Original: Inmate (plus one copy) CC: Retained by official responding or if the response is to an informal grievance then forward to be placed in inmate's file This form is also used to file informal grievances in accordance with Rule 33-103.005, Florida Administrative Code. Informal Grievances and Inmate Requests will be responded to within 10 days, following receipt by staff. You may obtain further administrative review of your complaint by obtaining form DC1-303, Request for Administrative Remedy or Appeal, completing the form as required by Rule 33-103.006, F.A.C., attaching a copy of your informal grievance and response, and forwarding your complaint to the warden or assistant warden no later than 15 days after the grievance is responded to. If the 15th day falls on a weekend or holiday, the due date shall be the next regular work day.



Continuation  
33-601.830 (7)(i)

doesn't mean rec staff should end rec there. when recreation yards are still available staff should be pulling inmates all the way up until Friday evening. staff could easily run 3 recreation yards a day. First starting from 7:30 til 9:30 am. second at 10 til 12 pm. hour for lunch and the third yard from 1:15 til 3:15 pm. we need changes here. I'm hoping you will grant this grievance and make the changes to ensure that we don't suffer from long term confinement. Thank you for your time and hopefully your help.

812974

Ronald W. Clark