

Daily Journal



APRIL 6-12 2015

Monday April 6, 2015 5:10 am I still don't feel good, my jaw is really sore and it's hard

to open and close my mouth. My joints are hurting especially my hips. I just woke up at 4:30 washed up, filled out a sick call slip, but I'm going to lay back down.

5:30 AM. They just served breakfast, this Sgt who was passing out the trays was saying, any one who call's me a pussy Cracker or F--- Boy I'll give them an extra tray. Obviously that Sgt has psychological problems, and they wonder why inmates get abused and killed in the Florida Dept. of Correction. I tried to eat a pancake, but my jaw hurts.

5:39 am. Nurse just came through picked up my sick call slip. said she's going to try to get me in to see the Doctor today. I made my bunk. I need to lay down.

10:24 am. I'm suppose to see the Doctor at 10:00 am I've just been laying in bed. I've got a lot that I need to do, but I feel so bad, I hope the Doctor gives me a shot of antibiotics and



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that will clear this up. I filed the grievance this morning on medical. I need to lay down 3:35 P.M. I went and seen the Doctor, she's giving me some antibiotics. my blood work was done and that, sonogram. my liver is swollen, I also have a cyst on my left kidney, so she's sending me to see a specialist. G Wing went to rec this afternoon. They went out at 1 P.M. and have went back in already, so they didn't even get the full 3 hours. I've got to lay back down.

4:32 P.M. The yard Sgt, who I'm having problems with, came by at 4 P.M. then just came through again, stopped at my cell and said, I'm still here, you can't get rid of me, you called that senator on me and then he went down the hall talking, I couldn't hear what all he was saying. I guess I've got to write another letter. I just don't feel good. I hope I get to feeling better tomorrow.

4:49 P.M. This yard Sgt is saying as he's feeding us, "ain't no fun when the rabbit's got the gun." Then he was saying, some of you may not want to eat, I turned my tray down. This Sgt, is an idiot!" He should know that I'm going to be writing about this. I need to lay back down.

9:32 a.m. Back from the shower, going to bed.

Tuesday April 7, 2015 5:22 a.m. Got up at 4 a.m. washed up, made the bunk, cleaned the cell, wrote a grievance against that Sgt from his actions

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Yesterday and Friday. Here's breakfast
6:22am. I ate breakfast then wrote an e-mail that
I'll have my friends send the secretary of the
EDOC. Now I need to write a couple of letters.
8:57am. I wrote a couple of letters. Legal
mail lady dropped off a letter from my attorney
who just acknowledged my letter. I'm going to
watch R.T.M. then write another letter.

9:59am They are calling yard, so we will be go-
ing out this afternoon. I'm writing a letter
to mom. I need to write one other letter. The
new canteen list was passed out, not any good.

12:25PM. Watched the House meeting on their Bill
on corrections, now just waiting on recreation.
They should be down here in about 30 minutes.

4:09PM. Back in from the yard, the Assistant warden
showed up out there pulled me to the side and talked
to me about the formal complaints and letters. They
not going to do anything, the Inspector General is
investigating, so oh well, it'll be swept under the rug.
4:44PM. Just ate dinner, chicken, need to wash clothes
and bath.

7:22PM. Finished washing clothes and bathing now
going to sleep.

Wednesday April 8, 2015 7:02am. Got up at 4:30 cleaned
up, read my mail ate breakfast had a cup of
coffee then wrote senator Joyner. I've got
some writing to get to.

8:00am. They picked up legal mail. I'm writing.



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12:22 PM. just finished a piece for another web site that I hope gets posted. wrote a letter. I've got more writing to do.

4:13 PM. I'm done writing, my hand is hurting.

4:40 PM. just finished eating spaghetti. now just wait on the showers.

7:52 PM. Back from the shower, going to watch survivor then go to bed.

Thursday April 9, 2015 6:48 am. Been up since 3am washed up cleaned the cell made the bunk then watched a show from Christ to Constantine. I then got an idea to write a letter to send out to have people get their senator's and House Representatives to change the law to have officers wear body cameras and stuff submit to annual Polygraph test and have staff trained by the feds. These 3 things would change the EDOC. Cause SB 7020 and HB 7131 is nothing more than more pretty words on paper we need away to ensure those officers are following and abiding in them rules and laws. well I need to get ready incase they call rec this morning. and I need to write several letters.

7:27 am. They just called yard.

10:48 am. just got back in from recreation. all I did was walk around and talk. Told guys about what I'm trying to do with this letter and the rec yard. They gave me some input. Every one I spoke to liked it. well I've got to



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wash clothes, bath, and do some writing. My knee and back is killing me!"

11:58am just ate a soup the OFFICER came through and said we have a tour coming in make sure your dressed and the cells are straight. They haven't brought lunch or canteen.

1:43 PM. Canteen just came, I didn't get the items I ordered, out of stock.

4:40 PM. ate dinner, I fell asleep about 3 PM till just after 4. I'm going to lay back down.

7:23 PM. Going to bed.

Friday April 10, 2015 4:38 am. Been up since 3:20. washed up, made the bunk and cleaned the cell. I'm going to listen to some music and walk. Need to think about what I'm going to do next to fight for this change.

5:22 am. Breakfast came, sausage biscuit & grits.

10:25 am. wrote 2 letters started a 3rd, did some legal work watched RTM. now waiting to go to the law library. From there I'll go to see Father Conrad.

1:46 PM. just got back, Father Conrad was sick so he had to leave early and go to the Doctor next week he's going to come on Wednesday.

3:43 PM. was doing some, heard the warden is coming around. It is very hot in here. I do not look forward to these summer months. were first in the shower tonight so I can come right back and go to sleep. I need to write

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up a piece on the recreation yard. I need to write the regional director and the senator. I have enough to keep me busy for the next few days.

6:52 PM, Back from the shower, now going to bed.

Saturday April 11, 2015 7:25 am. Got up at 4 am. washed up, cleaned the cell, started and finished a letter as I washed sheets, they are currently drying. I got someone in my life now, who I think will help me fight for change.

I've got a couple of other letters to write one to a reporter. I got a letter from him last night, so I need to get to writing.

10:11 am. wrote a 1/2 page letter to the newspaper.

Then wrote another letter. I've got to make my bunk and then get ready to make my lunch.

12:06 PM just finished eating. I need to do some more writing. I've got all my clothes washed.

4:35 PM. just ate hot dogs. just been watching some sports shows.

7:02 PM. Race is coming on, but I'm going to sleep.

Sunday April 12, 2015 6:42 am. just finished eating breakfast it was late. I got up at 4 am. washed up cleaned the cell, made the bunk, watched Father Cedric, now watching the Sunday mass.

7:24 am. couldn't watch the Sunday mass, channel went out. The TV system here is really bad.

I'll bath in about 30 minutes and get



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ready for the visit; seen a show on Lauren Hill a 19 year old girl who died of brain cancer. Had me in tears. That was a heart breaking story. She died this past Friday.

8:09am. Just finished bathing. watching GMA waiting on the visit.

2:21pm mom was really tired, so I let her leave early. The warden was out there. I didn't speak to her. I've never really talked to her. only the assistant wardens. I need to do some reading and then writing.

4:58pm. Did some reading in the Bible + Catechism and some writing. ate some grits for dinner. Getting ready to watch the Road to the Octagon. The Fight's will be on next, Saturday night.

6:23pm. Getting ready to go to bed. I need to have a more productive week. I need to get back into exercising. Well another week has gone.

Certificate of Full Communion



Church of

St. Edward Catholic Church

Starke, FL

This is to Certify

That Ronald W Clark Jr.

Baptized at Union Correctional Institution

on the 2nd day of April 2015

Was received into the Full Communion of the Roman Catholic Church

on the 2nd day of April 2015

Dated 4/2/2015

R. Conrad Cowart

Pastor

Notations

FIRST COMMUNION

{ Date _____
Church _____
Place _____

CONFIRMATION

{ Date _____
Church _____
Place _____

MARRIAGE(S)

{ To _____
Date _____
Church _____
Place _____

DIACONATE

{ Date _____
Church _____
Place _____

RELIGIOUS
PROFESSION

{ Date _____
Church _____
Place _____