



# Daily Journal

APRIL 20-26, 2015

Monday April 20, 2015 5:08am  
Been up since 3:50 washed  
up made the bunk cleaned

the cell. I've got to do some writing. Need to  
write Amnesty International and the Florida ACLU.  
Fact I need to get on that right now.

5:44am. Finished breakfast pancakes and oatmeal.  
need to get back to writing.

7:42am. mail lady just picked up my legal mail  
and gave me a letter from the regional office, the  
contents of which called me a liar. so now I'm  
going to put together a formal complaint. That's  
what I'm going to work on right.

9:10am. Laundry just come through picking up the  
jackets. I'm working on a formal complaint. stopping  
now to watch RTM.

10:53am. Here's lunch. I'm writing this formal compl-  
aint which I'm going to post on my blog. I'm not  
going to be played with.

12:18PM just finished this 5 page formal complaint.  
I'll file it next Monday I've got to get copies I'm  
sending it to the media. I'll teach them about  
calling me a liar. That made me mad. I need



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to lay down for a while

1:07 PM. They just did recount, so some one messed up the count. I've been laying down. I have a soup heating up that I'm going to eat shortly.

5:08 PM. Just got dinner, it was running late tonight. It's been raining the past 3 hours. I've just been relaxing, just been tired. I'm ready to get my shower and go to sleep.

7:09 PM. Back from the shower. I'm going to bed.

Tuesday April 21, 2015 4:48 am. Got up at 3:28 am washed up, cleaned the cell made the bunk, had a cup of coffee, watched some news. I don't care for the news, it's all bad and depressing. I got a little bit of mail birthday cards. I've got to get a couple of legal letters ready to go out.

5:42 am Breakfast just came, sausage biscuits grits and potatoes. Grits were the only thing cooked right. Back to writing.

6:09 am Sgt and co just came by opening the cell doors with the key doing the weekly checks. I finished one letter I've got so much more to do.

7:28 am. Just sent out 5 legal letters well 4 and one to a news paper. Got another letter from the regional office telling me to use the grievance procedure which is garbage. 4-wing is going to recreation this morning. I've got some writing to do.

10:02 am. Just finished watching R.T.M. Been

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writing, which I need to get back to.  
11:18 am. Food came I ate the noodles + meat. Waiting  
on canteen, should be here sometime today. I  
think their on 6-wing now. my knee is hurting  
back hurts I need some Ithuprophen. I'm watch  
ing the House in session to see if they vote on  
HB-7131.

1:34 PM. Been watching this House in session so  
far nothing on HB 7131 No canteen yet either.  
I need to wash some clothes. No recreation  
is being ran on this side of the building. Don't  
know what that's about. I'm going to keep  
fighting to get this recreation changed. Today  
at 5:50 will make 120 hours since out last  
recreation on Thursday.

2:23 PM. Clothes are washed, still haven't heard any  
thing on the canteen. It may not come today.

2:42 PM canteen just showed up. I'm still watching  
for HB 7131

4:52 PM. Ate a piece of chicken for dinner watched  
the house nothing on HB 7131 I'm about ready to go  
to bed. These idiots down here are getting on my  
nerves arguing all the time. I'm about ready to  
move. I'm going to look into it. well I'm going to  
lay down for a while.

6:42 PM. I'm going to sleep.

wednesday April 22, 2015 4:39 am. Been up since 3:16  
washed up, cleaned the cell. Took the sheets off the  
bed and put them in the laundry bag since I

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Couldn't wash them Saturday due to humidity, and it looks like it's going to rain again this Saturday. Well I'm going to eat some cereal and then start writing. Still got a lot of work to do trying to get these Body Cameras, annual polygraph and more training. Got a card in last night. Some of my mail is disappearing.

5:47am. I gave the breakfast away coffee cakes.

I wrote a letter to senator Evers trying to get these annual polygraph test and body cameras.

I've got to get to work.

6:41am. Finished a letter, was told I'm on the list to see the doctor this morning. I hope they don't call recreation. Time to do some more writing.

10:18am. I just received communion from Bishop Snyder. Then I spoke with the Chaplains who were walking through here. I'm now going to write Archbishop Wenski and the other Bishops here in Florida.

11:08am They just called us for afternoon recreation. I just finished a letter to the Archbishop Wenski.

11:42am They brought lunch, nasty. I'm not sure if I'm waiting on the doctor or if I can go to recreation. And can't get an answer from this officer cause all he can do is give a moronic sarcastic answer. We will pull you when we pull you. That's why we need body cameras. Cause I'd have stopped him. Quoted the rule and if he continued acting stupid, I'd have

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written it up and used the camera as evidence. I've been working on an e-mail that I'm going to have my friends send Julie Jones to try to change things around here.

2:19 PM They never did run yard. I went and seen the Doctor, she's going to see me again next week, and she put me in to see the Orthopedic surgeon. Sgt. Blue came out there saying something smart to me, then said you going to write the senator about that. He said "your lucky the doctors out here. He's an idiot. Doesn't know when to leave well enough alone."

4:32 PM. Just finished a grievance of reprisal against this sgt. I'm also going to have some one e-mail the secretary. I need to write her now. I got to stop this idiot.

5:02 PM. Gave the dinner tray away, Pizza but not real pizza, the pizza dough is made out of corn bread. Nasty! Just waiting on the shower.

7:02 PM. Got back from the shower. It was suppose to be back to front but they started up front. I'm glad because I get to be the 2nd one in the shower. Going to lay down now.

9:08 PM. Watched Survivor then, they just did master count which usually doesn't take place until 9:30 I'm going to bed now.

Thursday April 23, 2015 4:44 am. Woke up at 3:26. like clock work washed up, cleaned the cell, had a cup of coffee, made the bunk now I'm going to do

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some writing, and listen to some music may  
walk first. I've got to get back to exercising.

5:28am. They served breakfast. it's one of my  
favorites, but I gave it away. I've got to start  
dieting and exercising again.

7:16am. I did a few pushups, was walking, I  
wrote Bishop parkes about these body cameras  
polygraph and better training. I have two more  
Bishops to write later today.

7:26am. They just called recreation need to get  
ready.

11:06am. just got back from recreation. talked to  
several guys. I also worked out doing dips and  
some pull ups. I'm so hungry. I'm going to eat  
some sardines. I've got to wash some clothes.  
and do some writing.

12:06PM. The Sgt and Co. just came by doing count  
The lunch cart still hasn't come. I'm really  
tired. They had a Sgt. meeting at 11:30. That  
yard Sgt who messes with me came down here  
for recreation.

12:10PM. Lunch just came. I had some beans. I have  
some cabage for later. I need to do some writing.

4:25PM just washed some more clothes. we  
got our 2nd food package. all of it's overpriced.  
Six wing top went to recreation. wish I could  
have went out again. just waiting on dinner.  
after that I'll wait on the nurse to come,  
then I'll bath and get in bed and call

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it a day. I am really tired.

6:04 PM Finished bathing going to lay down and call it a day.

Friday April 24, 2015 4:58 am. I didn't get up until 3:57. washed up cleaned the cell made the bunk, had 2 cups of coffee. I didn't get a good night's sleep. woke up at 8 PM. took me over an hour before I fell back to sleep. woke up at 11:30 and again took over an hour before I could go back to sleep. I know this because every 30 minutes the officer's come through, the front door pops from the electrical button then closes with a slam. I've got some writing to do. I'm listening to music, I need to do some walking. I'm sore in my chest from working out yesterday. I'm going to the law library and going to see Father Conrad today. So I want to get to go to recreation. I also need to write this grievance appeal on the recreation. I got that in last night.

5:57 am. Breakfast came about 5:25 I put it in a bowl, just the grits and sausage. I wrote this grievance appeal. Nurse came by, who is my favorite nurse she's been gone for over a month well I need to get to work.

7:02 am. They are calling recreation but I've got law library this morning, and Father Conrad at 1 til 2 PM. So I can't go out.

7:13 am. just wrote a grievance on that cause

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We are entitled to both the law library and to recreation, so I'll have to change that as well 8:09 am. I rewrote an e-mail that I'm going to have my friends send to the secretary trying to bring change back here.

8:44 am. I started a letter, my Classification Officer just picked up my grievances. Well back to the letter.

11:27 am. Just got back from the law library. Couldn't get any of the rules I wanted or anything because the printers are shut down the computers want print. I'm hungry. Well I'm just waiting for Father Conrad to show up, that's another hour and a half away.

2:09 PM. Back from seeing Father Conrad. Went to confession and received Holy Communion. I'm going to lay down for a bit. My back is hurting.

3:31 PM. Been doing some writing. I'm hungry. I'll be glad when dinner gets here. Probably be an hour away. I'm listening to the House, nothing on the FDQC.

5:35 PM. Well I watched SB 7020 go before the House, it was approved 112 to 2 and body camera pilot program will be starting here at USC. It's going to effect us in many ways, but it's going to help in many ways. Stopping assaults and a lot of the fraudulent unethical conduct. There will be no more passing that'll hurt, and no more extra food, and things like that, but



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No more assaults. Well I'm waiting on the shower then bed. I need to wash some clothes.

7:02 PM, Back From the shower. I'm going to sleep.

Saturday April 25, 2015 4:57 am. Been up since 2:48 washed up, cleaned the cell, made the bunk and watched a movie Walking Tall that I haven't seen in years. I made some oatmeal that I'll eat in a little bit. I woke up having a bad dream about being on an airplane that was about to crash. Well I need to do some writing, I also need to exercise. Been thinking about the body cameras. I'm really looking forward to those. Once they start, I won't have to worry about verbal attacks, bogus NRS it's going to change this place. Some guys aren't going to like it, because they'll have to make their bunks keep their cells in compliance. I do all of that any ways.

5:25 am. Breakfast just came I'm eating the oatmeal that's it.

9:34 am. Wrote a letter this morning, then just finished a letter that I'm going to have typed up and sent to senators, House Reps and churches cause we need annual polygraphs. I need to walk for a while. My hand hurts.

11:03 am. Wrote another letter and messed with this letter I'm going to send to the senate. I'm going to watch some racing at 1 PM.

12:13 PM. Got lunch I kept the carrots and

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and squash. I'll eat that and a tuna fish later. I've got to do some more writing. I was reading the bible and catechism earlier. I'm going to walk then lay down for a while.

3:08 PM. Been working out for the past two hours. I also prayed the Rosary and the Chaplet of Divine Mercy. I'm going to have to wash clothes then bath.

4:03 PM. Washed clothes bathed, this was a very productive day. Now watching motor cycle racing.

4:36 PM. Dinner came. I ate the corn and salad with a tuna. Gave the spaghetti away. Going to lay back and watch TV.

5:51 PM. This blog is getting a lot of attention. They had been talking about it yesterday. Now I'm hearing that I was suppose to have called a Sgt. a piece of sh--. I don't do that verbally or in writing. I'll say they're an unethical dishonorable criminal in a brown uniform. Oh well. It is what it is. My right knee is killing me. Well I'm going to lay down watch some of this race, then go to sleep.

Sunday April 26, 2015 4:42 am. Been up since 3 am. Washed up, made the bunk cleaned the cell had two cups of coffee. I need to do some writing and exercise this morning before a visit.

5:51 am. Breakfast came. 30 minutes ago I put it in a bowl. I just wrote a piece Criminal Correctional Officers. I'm going to eat here shortly then do some exercising.

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7:08 am. Watched the Catholic mass, before that I prayed the Rosary and then the Divine Chaplet OF Mercy. I also did a cardio exercise. I need to get back to some exercising what I really need to do, is start praying more.

8:13 am. Finished bathing, shaving now watching GMA and waiting for them to come get me for visit.

2:42 PM. Back from the visit. Had a good one. Nice to be out of this cage. I'm going to watch some basket ball and the race. Flip back and forth. I heard I was in the Florida times union this morning. Need to see if I can get a copy of it.

4:38 PM. Dinner came, I gave it to my neighbor. I'm tired and going to lay back down.

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