



## **FOR TODAY**

**For today, I will embrace life.  
For today, I will make the best of my circumstances.  
For today, I will celebrate the joy of simple things.  
For today, I will learn something new.  
For today, I will be a better person.  
For today, I will reach out to someone in need.  
For today, I will be thankful.  
For today, I will dream with my eyes open.  
For today, I will laugh.  
For today, I will encourage a friend.  
For today, I will use my imagination.  
For today, i will reiax.  
For today, I will listen.  
For today, I will take time...**

— AUTHOR UNKNOWN

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