

REPLY I.D.: I9MR

TO: MATT MESLIER,

GREETINGS IN PEACE,

MAY THIS SHORT COMMUNIQUE FIND YOU IN GOOD HEALTH, AT PEACE, AND ENJOYING ALL THAT IS PROBABLE.

I APPRECIATE THE "COMMENTS" YOU LEFT REGARDING MY "GOODBYE LETTER". MATT, MY WRITINGS ARE A WAY THAT HELPS ME TO "HEAL" FROM PAST HURTS. I BELIEVE WE SHOULD ALL CONSCIOUSLY REVIEW THE WAY WE INTERNALIZED OUR FEELINGS, THOUGHTS AND SENSATIONS FELT AS CHILDREN. ONLY WHEN WE CAN SEE THE MESSAGE WE SUBTLY MADE OUT OF THE CIRCUMSTANCES WE HAD TO ENDURE, CAN WE THEN BEGIN TO CONSCIOUSLY "RECREATE OUR LIVES." IT HAS TAKEN ME A LONG TIME, BUT "TODAY," I REALIZE THOSE EXPERIENCES HAVE THE CAPACITY TO HELP ME TO EXPAND MY ABILITY TO "GIVE" AND TO "RECEIVE" LOVE! MATT, I FIND IT SO IRONIC HOW I HAD TO COME TO PRISON IN ORDER TO LEARN HOW TO "LOVE MYSELF", FORGIVE, AND MY TRUE, AUTHENTIC "SELF." I SWARE, "LIFE'S A TRIP!" 😊 I GUESS, BETTER LATE, THAN NEVER!

WELL, MATT, TAKE CARE AND WRITE BACK.

PEACE,
ZAKEE
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