JUNE 17, 2015: 11:00am: LISTENING TO: WHATS NEXT BY: GODSMACK

BUONGIORNO EVERYONE, TODAY I WANT TO INTRODUCE EVERYONE TO PRESTON.

PRESTON IS A BROWN POODLE THAT LOVES TREATS, LOVES TO BE PETTED AND HE CERTAINLY LOVES TO PLAY IN THE SNOW. PRESTON IS ABOUT 8 MONTHS OLD NOW. SADLY, HE HAS SEVERE ALLERGIES AND HAS BEEN SENT OUT OF THE PRISON UNTIL THEY CAN DETERMINE HIS ALLERGIES AND TREAT HIM FOR THEM. HE'LL BE MISSED BECAUSE HE IS A VERY PLAYFUL AND LOVABLE LITTLE PUP. I APOLOGIZE FOR THIS PICTURE, IT IS NOT THE BEST. IT CAME OUT BLURRY AND WELL THATS THAT. BUT I RECENTLY TOOK ANOTHER PHOTO WITH A BIG PUPPY NAMED TYCO. THAT WILL BE POSTED WHEN I GET COPIES MADE.

DOGS ARE SO THERAPEUTIC, ESPECIALLY FOR US PRISONERS. THE DOG TRAINING PROGRAM IN PRISON IS PRETTY SPECIAL TO ALOT OF US. I'M AN ANIMAL LOVER. SHIT, I GET YELLED AT FOR FEEDING THE BIRDS BREAD FROM MY OWN TRAY. A QUESTION WAS RECENTLY ASKED IF I THOUGHT IT WOULD BE A GOOD IDEA TO LET THE PRISONERS BEING LOCKED UP IN THE HOLE (OR RHU, SEG., SHU, THE NAME MAY DIFFER BUT THEY ARE ALL THE SAME THING) IF I THOUGHT IT WAS A GOOD IDEA TO LET GUYS IN THE HOLE TO SEE, TOUCH, FEED AND INTERACT WITH THE PUPPY DOGS IN HERE. I THINK IT WOULD BE AMAZING FOR THEM ALL AND IT WOULD BENEFIT THE MEN TRAPPED IN THE HOLE WHO WANT ONE OF 2 THINGS, TO GET OUT AND INTERACT WITH PEOPLE OR TO KILL THEMSELVES. I HAVE MET DOZENS OF MEN IN THE HOLE WHO HAVE HURT THEMSELVES, CUTTING, HANGING, STARVATION, OR JUST SMASHING THEIR HEADS INTO A WALL. WHEN YOU'RE IN THE HOLE, WITH NOTHING TO DO, NOTHING TO LOOK FORWARD TO, LIFE SEEMS HOPELESS. I WATCHED A NICE DOCUMENTARY ON PBS LAST NIGHT. CHECK IT OUT WHEN YOU HAVE TIME. IT IS VERY REALISTIC. IN MY 17 YEARS IN PA STATE PRISONS, I HAVE SEEN. OR BEEN IN THE HOLE WHILE OVER 1 DOZEN MEN HAVE COMMITTED SUICIDE. THEY DON'T CHANGE THE RULES BECAUSE THEY JUST DON'T CARE. WE'RE DEEMED WEAK BECAUSE MENS MINDS BREAK AFTER BEING LOCKED IN A SMALL ROOM WITH NOTHING IN IT. NO HUMAN CONTACT, NO PHONE, MOST OF YOUR MAIL IS NORMALLY THROWN AWAY BY GUARDS. YOU'RE FOOD GETS SPIT IN IF YOU PISS THE GUARDS OFF. SOMETIMES THEY WONT EVEN FEED YOU. BUT IT'S YOUR WORD AGAINST THEIRS SO THEY STICK TOGETHER, LIE AND SAY WE FED HIM AND THATS THAT. WE'RE DEEMED LIARS BECAUSE WE'RE IN PRISON. I'VE BEEN STARVED BEFORE. ONCE I WASN'T FED BY GUARDS FOR 4 DAYS. BUT I DON'T BOTHER COMPLAINING BECAUSE THERE IS NO ONE TO LISTEN. WHEN YOU GO TO THE HOLE, IT'S NOT FOR A FEW DAYS, SOMETIMES IT'S FOR YEARS. MOST OF THE TIME IT'S 3 MONTHS ON AVERAGE. I KNOW ALOT OF PEOPLE ON THE OUTSIDE JUST DON'T CARE, THEY SAY "WHY SHOULD I CARE, THEY DID THIS TO THEMSELVES, THEY DID THE CRIME" BUT IT'S BEYOND THAT. EVERY HUMAN BEING DESERVES TO BE TREATED DECENTLY. NO ONE DESERVES



TO BE STARVED OR HAVE ROACHES PUT IN THEIR FOOD OR SPIT ON. AND THAT INCLUDES STAFF. THEY HAVE A HARD JOB, THEY DON'T DESERVE TO BE ASSAULTED OR SPIT ON BUT WHEN IT DOES HAPPEN, IT'S NOT RIGHT THAT EVERYONE FROM POLITICIANS ON DOWN ALL TURN THEIR BACKS ON THE ABUSE IN PA STATE PRISONS. I SPIT ON A GUARD ONCE. HE DIDN'T FEED ME DINNER BECAUSE I TOLD HIM HE'S AN ASSHOLE, THEN HE TOOK MY MAIL AND THREW IT IN THE TRASH CAN RIGHT IN FRONT OF MY FACE. SO 2 DAYS LATER, WHEN HE DID FEED ME DINNER, I SPIT ON HIM. I NEVER GOT MY MAIL. I WAS STILL ANGRY. I WAS 22 YEARS OLD AT THE TIME. THEY TURNED OFF THE VIDEO CAMERAS, 3 GUARDS CAME INTO MY CELL AND BEAT ME, CHOKED ME, AND BROKEN ALMOST EVERYTHING I OWNED. ABUSE IN AMERICAS PRISONS HAPPEN EVERY DAY, MANY TIMES PER DAY. BUT THE HOLE, OR SOLITARY, IT BREAKS YOUR MIND, YOUR SPIRIT, YOUR WILL TO LIVE. CHECK IT OUT, GOOGLE SOLITARY CONFINEMENT. AND GO TO THIS:

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LOOK FOR "INSIDE THE RISE OF SOLITARY", PRETTY POWERFUL STORY. BUT TO TAKE A PUPPY DOG DOWN TO MEET THE GUYS, LET THEM FEED THE PUPPY SOME TREATS, PLAY FETCH, IT WOULD WORK WONDERS WITH THE PRISONERS MINDS AND SPIRITS. REMEMBER, MOST OF THESE MEN WILL COME HOME ONE DAY AND THEY WILL COME HOME AS BROKEN MEN WITH BROKEN SPIRITS WHO WILL RE-OFFEND.

SOLITARY CONFINEMENT (THE HOLE) WAS CREATED IN THE 1800'S AS A WAY TO DETER PRISONERS FROM GETTING INTO MORE TROUBLE. IT WAS ABANDONED DUE TO IT BEING LABELED AS A TOTAL FAILURE. IT MADE PRISONERS WORSE, BUT IN THE 1980'S, THE U.S.A. BEGAN LOCKING MORE & MORE PRISONERS IN THE HOLE IN AN ATTEMPT TO END GANG VIOLENCE. THAT FAILED TOO. BUT THIS HAS BECOME THE WAY OF OUR COUNTRY. LOCK EVERYONE UP SO WE DON'T HAVE TO DEAL WITH THEM. IT HAS STOPPED BEING ABOUT REHABILITATION.

BUT LETS GET BACK TO PUPPIES IN PRISON. BEING ABLE TO INTERACT WITH THEM, AFTER NOT EVEN SEEING A DOG IN 17 YEARS, THIS IS AN AMAZING FEELING AND I HOPE EVERY PRISON GETS A PUPPY PROGRAM UP & RUNNING. WELL I GUESS THATS ALL FOR THIS WEEK. I HAVEN'T BEEN WRITING AS MUCH AS I ONCE DID BUT THATS BECAUSE PRISON IS EXTREMELY BORING! ANY QUESTIONS, PLEASE FEEL FREE TO ASK. MY FAMILY HAD A PRETTY BIG FAMILY REUNION IN BUCKS COUNTY SO I AM WAITING TO GET SOME PICTURES OF EVERYONE. MY LITTLE COUSINS, RHIANNON, DESIREE, ASHLEY, BRITTNEY & TIFFANY, THEY WERE ALL LITTLE KIDS WHEN I WAS HOME. NOW THEY ARE ALL GROWN WOMEN WITH KIDS OF THEIR OWN. I PROBABLY WONT EVEN RECOGNIZE THEM. BUT I'M STILL EXCITED TO SEE THEM. WELL THANX FOR READING. TAKE CARE, ENJOY THE SUMMER AND GOD BLESS. CIAO.