



"A man is not finished when he is defeated. He is only finished when he quits"

Richard M. Nixon

"Being defeated is a temporary condition. Giving up is what makes it permanent."

Marilyn Vos Savant  
Columnist

"In the long run we shape our lives and we shape ourselves. The process never ends until we die. And the choices we make are ultimately our own responsibility."

Eleanor Roosevelt

"silence in the face of evil is evil itself."

Dietrich Bonhoeffer  
1906-1945

"None of us has gotten where we are solely by pulling ourselves up from our bootstraps. We got there because somebody bent down and helped us."

Thurgood Marshall - U.S. Supreme Court  
1908-1993

"I made up my mind to love because hate is too heavy a burden to bear."

Martin Luther King Jr. 1929-1968

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."

Martin Luther King J. 1929-1968

"To acquire love, fill yourself up with it until you become a magnet"

Charles Haanel

"We must find some spiritual basis for living, else we die."

Bill Wilson, co-founder AA

"Unless you have a spiritual experience, there is nothing that can be done. You are too much conditioned by alcoholism to be saved in any other way." Bill Wilson, Co-founder AA



BY: LEON IRBY DATED JUNE 07, 2015

# Serenity Prayer

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

Living one day at a time;

Enjoying one moment at a time;

Accepting hardships as the pathway to peace;

Taking, as Jesus did, this sinful world as it is, not as I would have it;

Trusting that He will make all things right if I surrender to His Will;

That I may be reasonably happy in this life and supremely happy with Him

Forever in the next.

Amen.

Reinhold Niebuhr



## One Day Outside My Prison Window

One day outside my prison window,  
A sparrow came to me.  
I asked, "Hey, little sparrow,  
How's it feel to be so free?"

He shook his head, as he replied,  
"I thought the prisoner was me . . .  
For you have the ability to pray  
And only prayer can set you free."

*Efrain Frank Hernandez*

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ON WISDOM

I'd pretend to be rugged, so fast and so cool  
When actually lost like a blinded old fool.  
I'm getting too old for this tiresome game  
Of acting real hard with no sense of shame.

It's time that I change and get on with my life,  
Fulfilling my dreams for a family and wife.  
What my future will hold I really don't know,  
But the years that I've wasted are starting to show.

I just live for the day when I'll get a new start  
And the dreams I still hold deep in my heart.  
I hope I can make it, I at least have to try  
Because I'm heading toward death, and I don't want to die.

*Dave LeFave*



## A FRIEND,

“It is a person with whom you dare to be yourself. Your soul can go naked with him. He seems to ask of you to put on nothing, only what you are. When you are with him, you feel as a prisoner feels, who has been declared innocent. You do not have to be on your guard. You can say what you think, express what you feel. He is shocked at nothing so long as it is genuinely you. He understands those contradictions in your nature that leads others to misjudge you. You can abuse him, neglect him, and berate him. Best of all, you can keep still with him. It makes no matter. He likes you... You can weep with him, laugh with him, sin with him, and pray with him. Through and underneath it all he sees, knows and loves you.”

BY: LEON IRBY      DATED: JUNE 08, 2015



SEE ALSO: STEPHANIE MILLER (RADIO)  
MONDAY APRIL 20, 2015 INRE NEW BOOK:

BY JEFFREY E. STERN, P. 10, 77  
JUNE 2015 THE ATLANTIC.COM

THE EXECUTION OF CLAYTON LOCKETT

- LETHAL INJECTION IS SUPPOSED TO BE  
CLINICAL AND PAINLESS. ITZSUT TURNING  
OUT THAT WAY!

"That same day, a shocking reversal: Gov-  
or many fallin stepped in. She issued an executive  
order saying she did not recognize the OKIA-  
homo Supreme Court's authority to grant the  
stay." The execution of -- for Clayton Derrill  
Lockett, she announced, "is therefore sched-  
uled for April 29, 2014" -- just one week away,  
and the same night as Charles Warner's  
execution!"

v1 "IT'S NOT OVER" Author Michael  
ANTHONY -- GUEST.



### Fire continues at Wyoming natgas facility, disrupts supply: Williams

NEW YORK (Reuters) - A fire is still raging at Williams Companies Inc's natural gas processing plant in Opal, Wyoming, that exploded on Wednesday afternoon, disrupting regional supplies, a company spokeswoman said on Thursday.

The fire broke out at 2 p.m. MDT (2000 GMT) on Wednesday and led to the evacuation of residents in a nearby town and 42 employees at the facility. No injuries were reported and the cause of the fire is still unknown.

Williams has shut natural gas gathering pipelines that feed the facility, interrupting nearly 1 billion cubic feet of natural gas supply, spokeswoman Michele Swaner said.

The outage comes at a time when natural gas stocks are at 11-year lows following high demand during an especially brutal winter. This will reinforce concerns that the industry will not be able to restore depleted inventories.

Traders said the Opal natural gas basis for May delivery was up 2.5 cents early Thursday.

This is the second explosion at a Williams plant in four weeks. A fire and explosion damaged the company's liquefied natural gas facility in rural Washington state in late March.

The Opal plant processes natural gas from local wells before it is injected into pipelines and converts gas into natural gas liquids. It can churn out about 2 percent of U.S. daily natural gas supply.

The plant is at a crossroads for five pipelines that connect to California, Oregon and Canada and head east across the Rocky Mountains.

### Shipwreck found in San Francisco Bay; Chinese crew heroic after disaster revealed

SAN FRANCISCO -- For a century and a quarter, the SS City of Chester steamship lay forgotten at the bottom of San Francisco Bay.

But on Wednesday, the National Oceanic and Atmospheric Administration announced it found the ship by accident last year in 216 feet of water about a quarter of a mile east of the Golden Gate Bridge. The fascinating discovery is already pushing researchers to correct the historical record and recognize the heroics of Chinese crewmen once blamed for sitting idly by while white passengers drowned.

"While this is not a Titanic, we shouldn't focus our shipwreck history on only the big

names," James Delgado, NOAA's maritime heritage director for the Office of National Marine Sanctuaries, said at a news conference at Crissy Field at the headquarters of the Gulf of Farallones sanctuary. "Every wreck, like every person, has a story, and this is something that we've forgotten about -- the stories of the people on the ship."

On the misty morning of Aug. 22, 1888, the 202-foot long Chester collided with the Oceanic, a steamer twice its size carrying mostly Chinese immigrants, as the smaller ship was trying to leave the harbor and head to Eureka with 106 people aboard. The Oceanic sliced through the Chester's bow, ripping away wooden floorboards and iron walls -- launching passengers into the water. Many were trapped by the onslaught of water, while others were fighting to stay afloat in the bay's rough waters.

Because of the dense fog, the crew members of the two ships didn't notice each other until they were separated by half a mile. The Chester tried to avoid the Oceanic, which was arriving from Asia, but swirling tides whipped it into the approaching vessel.

Crew members aboard the Oceanic scrambled to save the Chester's passengers, reaching down to grab their outstretched hands and hoisting them up, but six minutes later the impaled steamer sank. Sixteen people died, including two children and three crew members.

It was the second-worst maritime disaster inside the San Francisco Bay. The worst was the 1901 sinking of the SS City of Rio de Janeiro, a steamer that struck a reef, leading to 123 deaths.

After the 1888 accident, local newspapers had reported that Chinese crewmen ignored the screams of drowning white passengers, said Delgado, who grew up in San Jose and was chief scientist for the 2010 mapping of the Titanic wreck.

Despite the prejudice, courts showed at the time that the crewmen had actually displayed great heroism in saving the white passengers, according to Robert Schwemmer, NOAA's West Coast maritime heritage coordinator. In one case, he said, a crewman jumped into the frigid water to save a child. The new discovery, he said, "adds to the story being retold correctly."

"We've conducted more research into testimony, court trials and crewmen interviews," he said. "So we can rewrite history and recognize the heroes in this case."

Two years after the collision, a salvage crew had sailed to recover what it could of the wreck but turned back after a dead body floating in the ship's fatal gash spooked the diver performing the recovery. So for decades the location of the shipwreck

remained a mystery. Last May, however, Laura Pagano, an NOAA researcher, stumbled upon it while surveying the wreck of the freighter Fernstream, which the bay swallowed in 1952.

Pagano and her crew members were on their 30-foot aluminum hull ship when Delgado gave her a call and asked if she could expand her search area to look for the Chester.

At that time Pagano had never heard of the ship or the story behind its wreck, she said, but her crew spent an extra two days running a high-tech multi-beam sonar to find it. With the sonar, Pagano and her team painted the seafloor with sound, she said, with different colors indicating different depths in the water.

After surveying the area, Pagano returned to her lab to analyze the portrait of the ocean floor. Her eyes darted to a small red dot illuminated by a ring of yellow and green among a sea of blue.

"Even to the untrained eye, this looked like a boat," she said. "There was a bit of excitement getting to zoom into the picture. It was a very special moment."

When she measured the length against a chart of the boat from 1888 and found a match, she and her colleagues stood up and started cheering.

"When we knew that we had found it, we became incredibly excited to have been such a big part in the maritime history of the wreck," she said.

Stephen Haller, a historian for Golden Gate National Park, said the shipwreck offers insights into a time when San Francisco was one of the major ports in the world.

While they have no plans to pull up the ship, Haller said, the next step will be to create an exhibit at Crissy Field that will educate people about the wreck.

"The rediscovery," he said, "means that we have a much richer story to tell to our visitors."

### The Supreme Court says that racial discrimination is bad (and good)

OCALA, Fla., April 24, 2014 — Is racial discrimination in public affairs ever a good thing? Even the Supreme Court can't reach a unanimous conclusion.

On Tuesday, our nation's highest judicial body ruled in favor of Michigan in a case which pitted the state's voter-approved affirmative action ban against a jumble of special interest groups. The decision was 7 to 2, with Associate Justice Elena Kagan abstaining.

In the plurality were Associate Justices Anthony Kennedy and Samuel Alito, along with Chief Justice John Roberts. Concurring with this reliably right-of-center bloc were

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its usual fellow travelers — Antonin Scalia and Clarence Thomas — and one progressive voice: Stephen Breyer.

The justice who captured the public's attention was none of these, however. Sonia Sotomayor, in a dissent accompanied by Ruth Bader Ginsburg, made no bones about her perspective.

Technically, the matter at hand was whether or not Michigan ran afoul of the Fourteenth Amendment in its abolition of affirmative action. The subject quickly ran over into America's continuous debate over race.

Sotomayor, the Court's only minority member, wrote that she "cannot ignore the unfortunate outcome of today's decision: Short of amending the State Constitution, a Herculean task, racial minorities in Michigan are deprived of even an opportunity to convince Michigan's public colleges and universities to consider race in their admissions plans when other attempts to achieve racial diversity have proved unworkable, and those institutions are hobbled in their pursuit of a diverse student body."

She then specified that "(t)he Constitution does not protect racial minorities from political defeat. But neither does it give the majority free rein to erect selective barriers against racial minorities. The political-process doctrine polices the channels of change to ensure that the majority, when it wins, does so without rigging the rules of the game to ensure its success. Today, the Court discards that doctrine without good reason."

She later remarked that "(t)oday's decision eviscerates an important strand of our equal protection jurisprudence. For members of historically marginalized groups, which rely on the federal courts to protect their constitutional rights, the decision can hardly bolster hope for a vision of democracy that preserves for all the right to participate meaningfully and equally in self-government."

Kennedy, on the other hand, claimed that "(w)hat is at stake here is not whether injury will be inflicted but whether government can be instructed not to follow a course that entails, first, the definition of racial categories and, second, the grant of favored status to persons in some racial categories and not others.

"The electorate's instruction to governmental entities not to embark upon the course of race-defined and race-based preferences was adopted, we must assume, because the voters deemed a preference system to be unwise, on account of what voters may deem its latent potential to become itself a source of the very resentments and hostilities based on race that this Nation seeks to put behind it.

"Whether those adverse results would follow is, and should be, the subject of debate. Voters might likewise consider, after debate and reflection, that programs designed to increase diversity—consistent with the Constitution—are a necessary part of progress to transcend the stigma of past racism.

"This case is not about how the debate about racial preferences should be resolved. It is about who may resolve it. There is no authority in the Constitution of the United States or in this Court's precedents for the Judiciary to set aside Michigan laws that commit this policy determination to the voters.... Deliberative debate on sensitive issues such as racial preferences all too often may shade into rancor.

"But that does not justify removing certain court-determined issues from the voters' reach. Democracy does not presume that some subjects are either too divisive or too profound for public debate."

So, who is right and who is wrong? Legally-ordained racial discrimination, even if done to achieve a supposedly positive outcome, is discrimination nonetheless. No matter how one should choose to phrase an affirmative action policy, it is nothing less than the flip-side of Jim Crow.

All institutions open to the public ought to accept people on the basis of merit and nothing more. This is the true nature of racial equality; when race does not matter at all.

It is good to see that the Supreme Court finally came around to the side of reason.

#### Teen Stowaway Survives 5-Hour Hawaii Flight in Jet Wheel Well

A 16-year-old boy stowed away in the wheel well of a flight from California to Hawaii, surviving the voyage halfway across the Pacific Ocean unscathed despite frigid temperatures, FBI and airline officials said.

FBI spokesman Tom Simon told NBC News the teenager was questioned by the FBI after Maui airport personnel found him on the tarmac without identification. After questioning, the boy was taken by child protective services, Simon said.

Simon said the 16-year-old is a runaway from Santa Clara, Calif., who stowed away aboard Hawaiian Airlines Flight 45 on Sunday morning after apparently choosing the plane at random.

The FBI estimates the boy was unconscious for most of the flight, which reaches altitudes of 38,000 feet, according to Simon.

The boy was in good condition medically, Simon said, although he was disoriented when he was discovered by airport employees.

In a statement, Hawaiian Airlines said personnel "noticed the individual on the ramp after the flight's arrival and immediately notified airport security."

"Our primary concern now is for the wellbeing of the boy, who is exceptionally lucky to have survived," the airline said.

The boy will not be charged, according to Simon.

#### America's fastest shrinking cities

The U.S. population rose by just 0.72% in 2013, the lowest growth rate in more than 70 years. Not only has the country become less-attractive to immigrants than in years past, with net immigration down from nearly 1.2 million as of 2001 to 843,145 last year, but also the U.S.'s domestic birth rate has dropped to a multi-decade low.

While the population of most of the country's metro areas grew at a low pace in recent years, in a small number of metro areas the population actually shrank. Looking at the most recent years, the U.S. population rose by just 2.4% between April 2010 and July 2013, but in 30 metro areas the population shrank by at least 1%. The population in Pine Bluff, Arkansas, fell a nation-leading 4.4% in that time. Based on recently released U.S. Census Bureau estimates, 24/7 Wall St. examined the cities with shrinking populations.

Most of the metro areas with the largest declines in populations have been shrinking for decades. The total population of Cambria County, Pennsylvania — which makes up the Johnstown metro area — has fallen 34% between 1940 and 2013. Allegany County, Maryland — the central county of the Cumberland, Maryland metro area — peaked in population during the 1950 Census. The county's population has since fallen by 18%, according to the Census Bureau's 2013 population estimates.

In many of these areas, long-term drops in manufacturing jobs are tied to specific industries. The Youngstown, Ohio; Weirton, West Virginia; and Johnstown, Pennsylvania metro areas were all once home to major employers in the steel industry. Each of these areas lost many of the jobs these businesses once supported. Similarly, automotive factory closures have hurt the Saginaw, Michigan and Mansfield, Ohio metro areas.

Kenneth M. Johnson, senior demographer at the Carsey Institute at the University of New Hampshire, told 24/7 Wall St. that industry declines and job losses can lead to population declines. "It's entirely plausible that the loss of jobs in a specific industry sector could be the driving force in that kind of decline," he said.

Of course, manufacturing jobs have declined nearly 30% in the U.S. between 2001 and

BY: LEON IRBY 5 of 5 DATED: JUNE 8, 2015



Governor Scott Walker (R)  
WISCONSIN STATE

UPDATE:

When Gov. Scott Walker (R) was County Executive of Milwaukee, he bankrupted the County. This is a matter of Public Record.

Then in 2010 was elected to office of Governor - as a fiscal, Tax cutting conservative.

Now in 2015, having Bankrupted the state, he is running for President. SEE HERE AND NOW WPT.ORG WHA21 (MADISON, WI.).  
MAY 8, 2015 FRIDAY 7:30 P.M.

BY: LEON ZRBY DATED: JUNE 8, 2015