

My life on Five Acres
BLOG
Joaquin Jordan J-27227
It has been a long time

6/11/2015

Wow, it has been a long time since my last entry, years in fact. Due to a spike in replies, 2 in 4 months :), I am inspired to return. :)

Seriously, I have been very busy the last two and a half years. I am still living within the Universal Ironic Paradox of having a life sentence, but not enough time in the day to do everything I want and need to do.

Since my last entry:

1. I have earned another college degree (AA). I have completed all of my basic education courses to become a certified addiction treatment counselor (432 Hours eight courses of Basic Training Education Hours.
 - a. *Introduction to Addiction Studies*
 - b. *Pharmacology and Physiological effects of Addiction*
 - c. *Case Management and Documentation*
 - d. *Addiction Prevention Education and Outreach*
 - e. *Dual Diagnosis and Mental Health*
 - f. *Group and Family Processes*
 - g. *Codependency and Family Systems*
 - h. *Substance Abuse in Special Populations*

The classes were super interesting and informative and I learned a lot.

2. I am working as a **California Consortium of Addiction Programs and Professionals (CCAPP) Registered Alcohol and Drug Trainee (RADT I) #R4370115** within a Substance Abuse Treatment Program offered at this prison.
3. I have completed work on my evidence based Transtheoretical informed substance abuse education curriculum (**T-Step: Transtheoretical Informed 12 Step**)
4. I have ran a sub six minute mile (5.55)-PR
5. I have ran a 95 minute half marathon-PR

I also have started work on a manuscript titled, **The Silly, the Absurd, and the Ridiculous**. It is a collection of stories about life at Mule Creek State Prison and the title speaks to the fact that everything and I mean everything that occurs here falls into one of those categories, silly, absurd, and ridiculous.

On June 19 and 21, 2015 I will be participating in two fundraising events to raise money for **Northern California Special Olympics**. The 19th, I will be running in a 4-mile race and on the 21st I will be running a marathon. If you would like to assist me in supporting **Special Olympics**, please go to the following site and sponsor me by making a tax-deductible donation to **Special Olympics**.

Here is how:

To make an online donation go to: 5kforchange.com
Scroll down "TO SUPPORT AN INMATE" and "Click Here"

1. You enter my last name and CDCR #.
Last name Field: **Jordan**.
First name Field: **J27227**.
2. Click on "Search" to go to the donation page
3. Click on my name.
4. Click on the "Give Now" in the right corner.
5. Enter a donation amount.

This website belongs to Special Olympics of Northern California. CDCR Staff or Inmates do not manage this site. This fundraising site will be up the entire month of June 2015.

Thanks for your support.
Until next time.

Joaquin Jordan J27227