BURDENED SOUL

THERE'S A LOT OF ANGER DEP DOWN, THAT I NEED TO LET LOOSE,
THEY STACKED UP EVIDENCE AGAINST ME, AND I THOUGHT THEY HAD NO PROOF.

IT ALWAYS TAKE OVER ME, IT ALWAYS GETS THE BEST, THEN I HAVE TO CALM DOWN, AND TRY TO GET SOME REST.

MY THOUGHTS ARE EVIL, I'M CONSTANTLY HEARING SIRENS, IN MY DREAMS AND IN MY NIGHTMARES, I ALWAYS SEE VIOLENCE.

I HATE LYING DOWN, CAUSE I DON'T KNOW WHAT TO EXPECT, I LOOK OVER MY SHOULDER, THINKING AM I NEXT?

ITS GOT TO BE THE DEMONS, WHO GOT ME IN THEIR SCOPE, CAUSE THEY KNOW I'M VULNERABLE, KNOW I HAVE NO HOPE.

I GOT A LOT OF AGITATION, I HAVE A HEART THAT'S CONTRITE, I HAVE REMORSE, AND I CRY MYSELF TO SLEEP AT NIGHT.

I PRAY TO GOD, BUT EVERYTIME I'M DISTRACTED,
CAN'T EVEN ASK FOR FORGIVNESS, FOR THE WAY THAT I'VE ACTED.

I'M NOT PERFECT! IN MY BODY THERE'S NOT ONE PERFECT BONE, IF YE ARE WITHOUT SIN, I DARE YOU TO CAST THE FIRST STONE.

I HAVE A LOT OF ANXIETY, WHICH CAUSES MY THOUGHTS TO RACE, IT'S BEEN 12 YEARS, SINCE I'VE CAUGHT THIS ARSON CRIMINAL CASE.

I GOT A LOT OF DEPRESSION, AND ITS HARD FOR ME TO CONTROL,
I GOT SOME SERIOUS ISSUES! BUT THIS IS MY CONFESSION FROM A BURDENED SOUL!