

**SOMETIMES YOU NEED  
SOMETHING BAD TO  
HAPPEN, TO STOP YOU  
FROM DOING SOMETHING  
WORSE!**

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GENERAL TOPIC: THE AXIOM OF CAUSE AND EFFECT

HELLO WORLD,

IT'S ME AGAIN, WRITING TO YOU FROM CALIFORNIA'S FORTRESS OF FEAR CALLED SAN QUENTIN. MAY THE PEACE AND BLESSINGS OF THE CREATOR OF ALL THINGS SEEN AND UNSEEN, BE UPON YOU AS YOU READ MY WORDS.

QUICK UPDATE: I'VE COMPLETED MY PHILOSOPHY CLASS AND RECEIVED A "B+" GRADE FOR THAT COURSE. I NOW HAVE FOUR CLASSES REMAINING BEFORE I ACHIEVE MY ASSOCIATE OF THE ARTS DEGREE. TO BE HONEST, I WAS A LITTLE DISGRUNTLED WITH MY GRADE, AS I STRIVE TO BE THE BEST AT EVERYTHING I DO; HOWEVER, OVER THE COURSE OF THIS CLASS, IT BECAME APPARENT TO ME THAT THE BESETTING SIN OF ALL PHILOSOPHERS IS THAT, BEING MEN, THEY ENDEAVOR TO SURVEY THE UNIVERSE FROM THE STANDPOINT OF GODS... WHICH CANNOT BE DONE!

WHICH BRINGS ME TO THIS TOPIC; CAUSE AND EFFECT.

REFLECTING BACK OVER MY LIFE'S JOURNEY, I HAVE COME TO UNDERSTAND THAT THERE IS A CAUSE FOR EVERY EFFECT (i.e; EVENT) IN MY LIFE. THERE IS NO "MISTAKES", "ACCIDENTS", OR "LUCK", BECAUSE EVERYTHING

THAT OCCURS TO US IS THE RESULTS OF CAUSES. IN MY PHILOSOPHY CLASS, WE FOCUSED ON THEORIES LIKE DUALISM, MATERIALISM, BEHAVIORISM, FUNCTIONALISM, AND DEALT WITH THE CONCEPTS OF "CONSCIOUSNESS", AND THIS MADE ME REALIZE THAT OUR "THOUGHTS" ARE THE FOREMOST CAUSE OF ALL OF OUR EXPERIENCES. THINK ABOUT IT. EVERYTHING IN THE WORLD THAT IS "MAN-MADE" STARTED AS A THOUGHT IN SOMEONE'S MIND. THE HOUSE OR APARTMENT YOU LIVE IN, THE COMPUTER YOU'RE CURRENTLY USING TO VIEW THIS BLOG, THE CHAIR YOU'RE SITTING ON, YOUR CAR, SKYSCRAPERS IN THE CITY, TRAINS, BOATS, AND AIRPLANES; EVERYTHING BEGAN WITH A THOUGHT IN THE MIND OF THE INVENTOR OR DESIGNER.

IT DIDN'T TAKE ME LONG TO FIGURE OUT DURING MY PHILOSOPHY CLASS, THAT MY LIFE UP TO NOW IS THE CONSEQUENCES OF ALL THE THOUGHTS I'VE HAD UP TO NOW. THEREBY, IF I DO NOT LIKE ANY PART OF MY LIFE, I CAN MODIFY IT, BY TRANSITIONING MY THOUGHT PROCESS TO OBTAIN WHAT IT IS THAT I WANT.

DEAR READER, CHECK THIS OUT. YOU HAVE THE LIBERTY TO CHOOSE YOUR "OWN" THOUGHTS. NO ONE CAN TAKE THAT AWAY FROM YOU. SO SELECT THOUGHTS WHICH WILL ENABLE YOU. TRY TO AVOID THOSE NEGATIVE THOUGHTS THAT CAN HOLD BACK OR IMPEDE YOUR PROGRESS. BY REASON OF YOU HAVING THE POWER TO SELECT YOUR OWN THOUGHTS, YOUR LIFE IS THEN YOUR RESPONSIBILITY. YOU ARE TOTALLY RESPONSIBLE FOR YOUR OWN SUCCESSFULNESS OR FAILURE, FOR YOUR JOYFULNESS OR MISERY. AS A RESULT, I'VE STOPPED MAKING EXCUSES AND QUIT

BLAMING OTHER PEOPLE FOR THE CONDITIONS AND CIRCUMSTANCES GOING ON IN MY LIFE, TODAY.

AS I KNOW, FIRSTHAND, HOW YOU CAN HAVE A "THOUGHT" AND DO SOMETHING IN AN INSTANT THAT WILL GIVE YOU A "HEADACHE FOR LIFE" THE MORE CAPABLE YOU ARE AT CONTROLLING YOUR THOUGHTS; THE CAUSES, THEN THE MORE FAVORABLE OR SATISFACTORY YOUR RESULTS WILL BE; THE EFFECTS.

IF YOU AGREE OR DISAGREE, PLEASE FEEL FREE TO LEAVE "COMMENTS" AND/OR CONTACT ME DIRECTLY AT MY MAILING ADDRESS AND I WILL RESPOND.

UNTIL NEXT TIME, WALK IN PEACE, TAKE CARE AND BE SAFE...

SALAM,

Zabree  
X