

"Heaven speaks with the same voice in Memphis and in Macedonia;
I despise the man, however learned, who does not grant this.
God is God, in whatever form He chooses to appear."
- Steven Pressfield, 'The Virtues of War'

Dear Readers,

10-11-15

Howdy! As I recall, I left with coming to the Hole after being assaulted.

If anyone has read this, they will recall all the problems I had with the sociopath Psycho-Bitch Atwood. Well, in order to avoid more problems, I specifically asked the Lt. (Lieutenant) to put me & Atwood on separate ranges, (halls) Two days later they put Psycho Bitch Atwood in the cell right across from mine.

Immediately he started yelling to everyone, including the guy who assaulted me whom they also put on the same range, that I was a twice-convicted child molester who is spreading AIDS everywhere - none of which is true. Again, Atwood molested minors, not me.

There are 4 ranges in this SHU (Special Housing Unit / Segregation / Hole). So please, someone explain to me why they had to put both Psycho Bitch Atwood & the guy who assaulted me on the same range as I?

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To further complicate matters, at the time I was in a cell with a "straight-up" white boy who was a Crip gang member (as in "Bloods" and "Crips") who himself said he was paranoid / schizophrenic and needed to be on medication. Are you fucking kidding me? It's like these people wanted me to be assaulted again.

Fortunately, I was able to get out of that cell the very next day. Unfortunately, they kept me on the same damn range. I was, however, put in a cell with the same guy from last time, Rube.

Well, I had to put up with this yelling for a week and a half on a nearly daily basis. Atwood even got other guys saying stuff. Then, more good + bad news. The good news is that Atwood was transferred, but the bad news is that so did my cool cellie. Dreat.

That same day they moved me into Atwood's old cell with his now-former cellie. He immediately asked to move or for me to be put elsewhere. Of course. They moved him + put another guy from the same range in with me. He too asked to be moved, but was told "no." At first the hostility radiated off him.

That same day I asked both the Lt. + the Captain to put me in a cell by myself because of all the hostility directed toward me due to Atwood.

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They refused. Now, it's not like this place is packed full. Right now there is one whole range, which previously had a few cells occupied, which is now completely unoccupied. There are also empty cells on this range.

It's seriously like they want me to be assaulted. No other prison I've been to forces you to cell with someone else in the SHU. I'm getting along OK with my cellie now, but he did tell me that at first he was going to beat me up because of what he'd heard about me. I would have gone after these people so hard if that had actually happened.

The staff here at El Reno is constantly saying that this is the best prison in the BOP. I don't think any inmate would say that & it's probably the worst I've been to. Remember, this is the place that Pres. Obama visited.

The SHU is certainly the worst. We can only shower three times a week, which isn't unusual. The commissary in SHU is the worst. The only food item you can buy is one candy bar per week - period. I've lost at least 10 pounds & I'm way too skinny as it is. They have no lotion for sale & my skin is dry & itchy. I was basically told, "too bad."

They won't let you get any books or magazines while in the Hole, assuring you that they'll be put

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in your property. Well, I was "packed out" for my transfer this past Friday & was told that I couldn't transfer any magazines, so they were thrown in the trash. Therefore, the magazine subscriptions that I pay for were thrown away without my even being able to look at them. Fair, huh?

As always, when they went through my property, a great deal of it was missing: shoes, most of my hygiene, all of my food items, etc. This is the 3rd time I've been ripped off like this of at least \$100. I can't afford to stay here!!

So, I was packed out on Friday. Staff won't tell you where you're going, for some stupid reason. I leave this Tuesday, the 13th. All I know is that I'm going to the Southeast Region. There are no good prisons I've heard of there & there's no telling how long I'll last before I'm in the SHU & waiting for another transfer. I just hope I don't get ripped off as much as here.

Wish me luck....

Love & Blessings
