

## Never take over: Unless you are invited

Your reality is that you have been incarcerated for multiple years; living by someone else's rules but you still believed you governed yourself; you were your own boss and you were running things. You may have even believed you had governorship over others during that time and perhaps that made you feel as good as a whimsy fur coat wearing bunny rabbit in a winter storm. So, with leaps and bounds you pocket this attitude and smuggle it out of prison to help you begin a new life but wait, that attitude faces immediate opposition. What will be your answer to this opposition to this foreign behavior, something you have not planned on because you were used to getting your way? How shall you deal with it? Do you still try to force this learned and accepted prison behavior upon others in society? Or do you; because you cannot handle rejection, return to familiar grounds, prison, where it is accepted, tolerated and makes you feel all better? Your answer; if you are very wise should be, *none of the above*. You should never want to return to prison. You should never be intrusive in this manner toward others. Just imagine having the works; your own spacious home, car, career, etc. You have been used to your own schedule, watching favorite shows, everything in your home has a place and everything is in its place; situated just right. Your home is nice and cozy, peaceful and calm, and then you invite someone to live with you. Things immediately become testy and your rules are not being followed. Your company takes over the remote for the television and it becomes a problem watching your favorite programs, the house becomes messy all of a sudden and you cannot stand it, your guest becomes controlling and begin telling you what you can and cannot wear, where you can and cannot go and who you can receive calls from. The abnormality of the entire deal begins taking over and affecting not only your personal life, family, friends and your upbeat personality, it also affects your job, bills and you begin to develop health issues that you have never known before and you begin to be isolated and withdrawn from everything you would normally do. Think of how this would make you feel before doing it to someone else. Why do unto others that in which you do not wish done unto you?

Have you not learned anything? You did not like being Governed under those State rules. That is why, in your mind, you were Governing yourself for all those years. When you enter someone else's life, you should ask for permission to do everything there is you wish to do, unless that permission is not required. This is not only good etiquette, it is very normal in society and makes for good relations and a happy home . It's not only good to just have good table manners, practiced etiquette must also be extended to life, home and property of others and it must remain that way and *not* your way. You are the *guest* until otherwise stated and you must conduct yourself in that manner. It is not necessary to have power over others but it is acceptable to lead without taking over.

There are two things that will instantly make a newly released individual lose control of himself and feel he can or have the right to take effortless control over someone else.

The **vastness and freedom** the great outdoors have to offer. In which he may believe in his mind that he is strong enough to control his emotions but will fail immensely.

When one, especially one who has completed a lengthy stretch in prison, have the instant ability to physically sit under a tree, see animals up close and personal, no guard dogs, hear a babies cry, he , no matter how strong he may believe he is, will be limited or, perhaps, powerless over the very Governorship of his own body and true emotions and will break down or, perhaps he will find his happy feet and do some sort of dance.

For those things, no one in such a position **can** control himself, which may be equal to those you **can**. **Do not allow control to define your worth.**

**You must, at all cost, leave the institutional mindset, antisocial behavior, the want to be self-isolated and greed for material ownership far behind you, as you leave prison.**

Always remember, it only take one step out of prison and the wrong two steps will send you back