

Walk with a goal in mind

As you are taking your very first new steps through freedom you must have a plan with goals involved. Always walk with focus, ambition and conviction but also with compassion. Walk upright and never in alley ways. When you walk with a purpose you tend not to walk over others. You should always be courteous enough to allow them their space and then proceed with your walk. When you find there is an individual who is walking or driving too slow in front of you perhaps that is an indication that you are moving too fast and you must slow down to clearly see just where you are headed. You must first figure out just what your personal goals are, target them, locate the necessary ingredients to successfully achieve them, then go for it. You may choose to go for higher education, trade school, be a mentor or get mentored yourself. Whatever you choose it is up to you to choose and successfully execute every piece of the puzzle you need to make it complete. There is plenty of room for you and your goals but if you do not put forth the effort to complete and follow them through no one else is going to do it for you. Discipline and following a project through to the end is the key to making something out of your life. Following through is the basis of achieving, especially when you do not waste time complaining. If you like to work with your hands then you must first learn to use hand tools. You will be thoroughly amazed at the help you receive when you ask for it. People love to help those who not only ask for help but are interested in helping themselves. You do not need anyone to motivate you to achieve your goals. That is the lazy way of going about it. If there is something you love to do, nothing will stop you from doing it. Having assistance and being mentored are two different things. A mentor will guide you in and to the right places for you to see your goals through. You can call on your mentor for answers to various questions and perhaps he or she can provide you with all that you need to be successful. Assistance is where you go to pick up what you need to do it on your own. This is not a wise decision because you will need help at whatever you do. On the other hand, if you wait around for some one to motivate you this is called laying-in-wait, the real lazy way of going about life period. Get up, get out and

do something positive with your life. Imagine someone telling Madonna, Lady Gaga, Nicki Minaj, Drake, Beyonce, Miley Cyrus, Taylor Swift, Usher, Justin Timberlake or even Justin Bieber they will never make it. Do you think that stopped them from being who they are today, which is very successful? not at all. Oprah heard it all her life, so did Ellen DeGeneres but that did not stop them from continuing on. Each of them practiced, went out and gathered up the needed ingredients then presented themselves to the world for its enjoyment. When you're walking toward your goals leave your insecurities behind. Instead walk confidently for the success of your goals. Remember all those times you laid on your bunk and thought about how you were going to pick up where you left off, that old girl/boyfriend and how you wanted to rekindle that old relationship? That should be far from any goals you may have. Maybe that old neighborhood or girl/boyfriend was a part of the reason you landed in prison. Why go back to something like that? Besides, you should never attempt to just *go back* and interrupt someone else's life just because you are back in town. You will surely find that people have moved on and *so should you*. Move on, move up and get going. Your way, *going back*, seldom works anyway. Your goal is to spend your time wisely and positively. Put things in perspective which means you must walk and think positive at the same time, while keeping your eyes fully open for opportunities to further reach your goals. Work toward your goals each day as if you have a deadline. Get used to working under pressure and taking orders. Tread carefully and think wisely. Nothing happens over night so, you must be willing to:

- 1). **Invest time in yourself/
goals/success**
- 2). **Connect with your community**
- 3). **Think like a winner.**
- 4). **Focus on specific goals**
- 5). **Stay on course**
- 6). **Take your time**
- 7). **Believe in yourself**
- 8). **Do not be afraid to take chances**
- 9). **Tighten not frighten your game**
- 10). **Believe you can do anything**
- 11). **Be a differentiator (stand out)**
- 12). **Never give up**