Help! Its everywhere

There is this great tendency to do everything on your own. This is the very focal point in which you will tend to fail the most. We have a great desire to do it all, have our hands touch every screw and bolt that holds a door together but sometimes we forget to use a screwdriver. This is not only a stressful way to do things, it is complicated and also exhausting as well and can lead to unwanted health issues that you very well may not be able to recover from. The hope in thinking wisely, that you do not have to go it alone, should not be lost on the prospect of seeking help or someone else sharing your load. This is not a challenge it's called **help!** When that elderly lady is attempting to make her way across a busy street and a boy scout assist her that does not mean she couldn't use his help it just means she did not seek it. You must seek help when you need it, especially when you can use it. The thing about help is that it is okay to ask for it, it is free and most people are willing to lend it. Some may even go so far as to say, "Yeah, I've been watching and wondering just how long you were going to go at it before asking for help. Why tackle any project on your own when you do not have to? It doesn't matter if you need help using a new electronic product or changing a tire on a car, especially when getting help will keep you safe and perhaps show you a better, easier and more efficient way of doing things. Being new to society; get this, in a new century, getting help for your safety and survival should almost be a requirement you should not overlook, especially for those things you need upon your release like employment, housing, clothing, transportation and other amenities. Chances are that you have neither of the above so, why not ask for help? You'll need it. There are natural times when learning moments come into play in everyone's life. This area should be utilized by you to its fullest and you should rely on it, not self-reliance. You haven't been on the street in years, ridden a bike, driven a car, used a gas powered lawn mower or even public transportation, why wouldn't you ask for directions? Do you intend on getting lost until you get it right? Why waste all of that valuable time getting lost over getting help? Your age or gender...man, should never keep you from seeking help, especially in those areas that have been foreign to you for years. There is no need to go it alone. Seeing how

things operate from the viewing side of a TV is way different than actually physically doing them. You can never physically shift a clutch, feel texture or speed by watching TV. You do not know everything and therefore you should always be willing to seek help. Your friends and family want to help you succeed but, they are also going to be the most critical. It is true that it is hard for some people to take anyone seriously who have never succeeded in much of anything but, that should not stop you from seeking their help and wanting to succeed. If there is proof to be had; prove it to yourself that you can be a success. Even Steven King needed help getting his best written books published when he first started out as a writer. Every since then, he has been considered the greatest horror writer for the past forty some years. Obviously, his expertise lies in writing books but he needed assistance when it came down to publishing and distributing them. Simply put, he was unafraid to ask for and accept help and boy has it paid off for him. Do not be selfish. Always seek knowledge and put it to every day practical use. One of mans biggest faults is that he does not like to ask for help but he can always use it. Everyone can use a boost or a nudge. Go out and ask for yours. It's called...help! It's everywhere.