

Daniel Gwynn Blog Update

Date: 11/22/15

Subject: "No Good Deed"

"No good deed goes unpunished" is something I use to hear a lot when I was growing up. I didn't want to believe it, nor could I understand how helping others could be a bad thing. For years I've gone out of my way to help people, and often at my own expense. In some cases, I took one beating after another for not minding my own business. I discovered the hard way that some people just don't want to be helped, or aren't ready to accept any.

One example was when I tried to help my neighbor who was being beaten very badly by her babby-daddy. I rushed over to stop him from punching her. Instead of thanking me, she screamed at me, chastising me for interfering.

Another example, on the day of this incident I stand convicted of, I was cleaning a neighbors basement & helping him move to his new apartment. Then I went around the corner to his room-mate's mom's house to help him move out & clean his mother's yard. When I was arrested for this murder, I asked them to come forward with the truth of my whereabouts. They refused to get involved, even though I've been sentenced to be executed for a crime I didn't commit.

For so many years I believed in the practice of helping others, being Christ-like. I don't expect a medal, thanks or any accolades for what I do because the greatest gift comes from the selfless act itself. My spirit has been so enriched by the joy of giving. You can't really comprehend what I am saying unless you've selflessly helped someone. What I hope for is the act to be paid forward to someone else in need. I dream of a better world where people are helping one another, being the best part of themselves as God intended. Can you imagine a world with less violence, no war and more nurturing.... The road we are currently heading down is a very self-destructive & unproductive one. How can we become better than we have been if people are so unwilling to be receptive to help or to help each other selflessly?

Although I've been beaten down several times for 'being too helpful', I continue to be of service, I'm just a little more careful about who I help. It hurts my heart that I can't help everyone.

A handwritten signature in cursive script that reads "Daniel Gwynn". The signature is written in dark ink and is positioned in the lower right quadrant of the page.