

Between The Bars

Message In A Bottle'

say to Kindness, "Let me be your slave!"
"Tell Me Why"

I have been off line for quite a while. Each time I started to write about a black youth getting killed before I could complete the blog another black youth or dark skin would be shot dead mostly by Cops and occasionally by frightened citizens. Young men + womyn. Sometimes kids. Imprisonment provides a when time to focus and concentrate about situations he would be distracted from were he not imprisoned. The knowledge of these killings got to me, young suicide bombers overseas blowing themselves to shreds and on this side of the pond dark skin adults and youth male or female killed as if it was open hunting season on people with dark complexions. I began to feel a sense of shame and misery about my being a human being and member of the human race. The individuals pulling the triggers were not being held accountable. Immersed in self-pity the realization that I was alive and to be thankful was not lost on me. On 30, 2015 a man 42 in a cell next to my cell died in the early hours of dawn. He displayed no signs of illness or dying earlier in the day + evening. He asked for an item of property of mine. Reluctantly I gave it to him. My final interaction with him was positive and favorable. I'd have felt lousy after his death had I refused his request. I saw how its best to be kind in my interactions with people because I cannot know if what I do and how I do it will be the last chance I have to do so. End life on the wrong foot with a negative/selfish act for me is not my preference. The moment of near despair is quite often the moment that precedes courage. With this fresh awareness I am motivated to get back in the game and on-line. Power and Control requires balance + begins with the individual having power and self-control with themself. This is required to be a slave for Kindness to yourself and others. A huge amount of will power is needed to impartially + without bias be kind to others. To Be Kind develops a great skill set and with practice becomes 2nd nature. As ever being kind in a world gone mad is risky. Will power for the will to accept taking the risk. Willingness to not be intimidated from ridicule or bursting from pressure as does a pipe. Power and Control over self is key,

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Should the contents of my message resonate with one or more readers who agree or disagree you are welcome to write to me.

For the record I'm imprisoned looking at some serious time.

I continue in Federal Court post conviction, representing myself fighting the Calif Attorney General for a new trial. Obstruction of Justice reigned supreme during my trial which was bogus and unfair. I will perish in prison if not do not prevail.

Nothing beats a failure but attempt or trying to succeed. In this vein I ask anyone please to help with either of two request.

- a good attorney knowledgeable about criminal law and licensed to practice in California.
- A guitar. I play Tagg guitar. I played prior to my imprisonment. I havn't touched a guitar in 11 yrs. It's the perfect companion to do time with. Intimacy is encouraged + it is honest letting one know when improvement is needed. Fender CD-60, item# HV 70152 comes w/case. See WWW.GoldenState.CP.COM. This instrument will assist me in making sounds that remind & have music home made because I am alive irrespective of my environment.

In this world I must be a little too kind to be kind enough. There's the sub. High value efforts, resolutions and goals rarely are a piece of cake.

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