

TRADITIONAL GREATNESS



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SANKOFA

GO BACK AND FETCH THAT LIGHT FROM THE DARKNESS OF
YOUR PAST; AND SHINE BRIGHT, PAST, NOW, AND FORWARD!

THERE ARE SOME PAINS THAT SEEM SO STRONG THAT ONE MIGHT BE CONVINCED THAT THEY MAY NEVER GO AWAY NOR DOES IT SEEM THAT SOME SPECIFIC HURTS THAT COME FROM BEHIND US WILL EVER WEAKEN OR CEASE NO MATTER HOW MUCH WE TRY TO FORGET. THERE IS A PATH HOWEVER, THAT IS DIRECT, ACCURATE AND SURE TO OVER-COME THIS DARKNESS IN OUR LIVES THROUGH GIVING OUR PRESENT ATTENTION TO THE LIGHT THAT IS MOST POWERFUL AND "BRIGHT-NOW" IN OUR LIVES. THE GREATER THE DARKNESS THE MORE OUR FOCUS SHOULD, AND MUST BE ON MAGNIFYING OUR LIGHT.

TRADITIONAL GREATNESS IS AN ONGOING ANCIENT PRACTICE THAT WORKS TODAY TO REMIND US THAT THE ONLY THING THAT CAUSES US TO BE STUCK IN UN-HEALTHY MEMORY IS THAT AS OFTEN AS WE TRAVEL BACK TO OUR PAST HURTS, WE DO "NOT" REMEMBER TO "BRING THE WISDOM FORWARD INTO OUR NOW." THAT SOMETHING THAT WE CANNOT LET GO OF IS OUR FORGOTTEN APPICATION OF UNDERSTANDING THE PURPOSE OF MISTAKES = LEARNING = HOW-TO = BETTER LIVING.

TRADITIONAL GREATNESS IS ALL ABOUT REALIZATION AND THE ACTUALIZATION OF INTERNALIZING WHERE WE LITERALLY STAND IN EVERY ^{THROUGH} AREA OF OUR "OWN" LIFE, AND FACE AND DECIDE WHAT IT IS THAT ~~THE~~ ^{IS} IMMEDIATELY IN FRONT OF US NOW, AND WHAT ACTIONS AND BEHAVIORS ARE REQUIRED NOW.

THESE ARE THE HIGHEST QUALITIES OF HABITS THAT ARE GRIPPING TRUTHS, AND THE PROOF OUR DIVINE RELATIONSHIP WITH THE ULTIMATE SOURCE. NOW IS THE TIME TO REMEMBER, RECALL, REVISIT, RESTORE, AND RECONSTRUCT THE MAJESTIC PATTERNS OF OUR HISTORICAL ROOTS. WHEN ^{WE} FOLLOW THE LIGHT, WE MUST ACCEPT THAT IT SHINES IN ALL DIRECTIONS; PAST, PRESENT, AND FUTURE. IF IN OUR PAST WE HAVE FALLEN OR STUMBBLED AND NOT YET RECOVERED; THEN WE MUST GO BACK TO THE PAST IN OUR SPIRIT, HEART, AND MIND, TO THOSE ~~THE~~ BROKEN PLACES AND SHINE ON THE AREAS THAT ARE HIDDEN AND PAINFUL SO THAT WE CAN HEAL AND RECOVER IN A WAY THAT IS ACCURATE AND BALANCE IN REAL TIME, TODAY, NOW.

OH BUT IT DOES NOT END THERE. WE MUST, I MUST, YOU MUST LOOK INTO THE EYES OF OUR REPULSIVE PAIN AND MAKE THE CORRECTIONS OF OUR PAST BY BEING CONSCIOUS NOW ABOUT THEM. ONLY THEN WILL WE BE ABLE TO CONNECT THE FLOW OF OUR LIVES WITH GRATEFUL MEMORIES OF HOW WE HAVE NEVER BEEN ALONE, AND ALWAYS, WE HAVE BEEN GUIDED. WE TEND TO BELIEVE THAT WE ARE HOLDING OUR "SELVES" AND WE ARE; WE ARE HOLDING OURSELVES BACK AND WEIGHING OURSELVES DOWN. NOW IS THE TIME TO RELEASE OUR SELVES TO OUR HIGHEST GOOD. IT WILL NOT FEEL FAMILIAR, IT WILL FEEL UNCOMFORTABLE. BUT THIS IS WHY REVERENT REPETITION IS REQUIRED. IT IS THESE KINDS OF ACTIONS THAT SPEAK LOUDER THAN WORDS AND DECLARE LIBERTY, JUSTICE, HEALTH, AND PEACE AS THE MOST EXCELLENT WAY. RITUAL

Traditional Greatness is the on-going practice that makes perfect. Perfection is a state of being complete, and healthy repetition contributes to the environment needed for wholeness to continue developing and be maintained. Our needs are met immediately when we awaken to the ability that is available within us now, to act. We do so much crap in this life. Surely — we are ready to move to the other end of the spectrum.

There has to be a permanent choice to act in more innovative ways that are intentional, on-the-spot-changes, and communications in attitude, body language, and words that are authorised to nothing less than keep us on track, moving in the right direction, and that direction is progressive. Great thoughts, great intentions, great words, great desires are all elements that call for ^{REPETITION} repetition. The door to our personal Greatness will always be open when we spend time in the mirror, and looking at what we have "caused" in our own life, world, relationships, and affairs. The apex of our highest thinking is core-inclusive and reveals our inter-connectedness and inter-dependence. Unity

Great traditions are authentically intended to perpetuate the experiences of the "better self" in route and process to our "best" self. But each step is most accomplished through another great tradition called — baby steps. So remember that Eternity is the sum of every existing, moment past, present, and future.

IT IS UNFORTUNATE THAT SO OFTEN WE CONFUSE THE REFLECTION WITH WHAT AND WHO IS "ACTUALLY" BEING REFLECTED. THE SOURCE OF OUR REFLECTION IS UNIQUE AND EXTRAORDINARY BECAUSE WE OURSELF ARE AN IMAGE; THE IMAGE OF OUR CREATOR; INSIDE, OUT, IN THE DETAILS, AND THE ON-GOING MANIFESTATION OF THE BIGGEST PICTURE.

THE SPECIFIC KIND OF TRADITIONAL GREATNESS THAT I AM SPEAKING, WILL DRAW US ALL CLOSER TO ALL THINGS LIGHT IN HUMANITY; AND CAUSE US ALL, ESPECIALLY THE INDIVIDUAL TO PURSUE THE PRACTICE - MEANING OF OUR OWN LIFE AS IT RELATES TO THE COLLECTIVE LIFE, AND LEAD US INTO THE SINCERE CONCERN FOR APPROPRIATE AND SPECIFIC RELATIONSHIPS NOT JUST WITH EACH OTHER; BUT ALSO THE SPIRITUAL REIGN. WE ARE AUTHORIZED TO INVENT WAYS TO ADDRESS AND LESSEN THE IDENTITY OF THE PERSISTANCE OF EVIL AND SUFFERING SO THAT WE MAY DEVELOPE AN UNCOMMON CONFIDENCE TO MOVE, MOLD, AND SHAPE OUR OWN LIFE EXPERIENCE IN A WAY THAT WE ARE WILLING TO AGREE WITH THE NATURAL ORDER OF THE UNIVERSE AND PASS ON OUR UNDERSTANDINGS THROUGH THE SACRED ORAL TRADITIONS WHICH ARE THE INFLUENCES OF PERSONAL IMMATE TESTIMONY, INSTRUCTION, LIFE EXPERIENCE, RITUALS, AND A WAY THAT IS OF ITSELF — A RITE OF PASSAGE; THE AUTHENTIC ROUTE OF REALLY SHARING POWER.

THE RECORDS HELD IN THE PRACTICE OF TRADITIONAL GREATNESS IS EVIDENT IN OUR MATERIAL MAKE-UP ALSO. THE PERIODIC TABLE OF ELEMENTS ARE PROOF POSITIVE THAT IN OUR D.N.A. IS RESIDUE FROM THE STARS.

AND SO —

FROM DUST TO DUST; ETERNITY TO ETERNITY;
GRACE TO GRACE; MOUNTAIN TOP TO MOUNTAIN TOP;
TRADITIONAL GREATNESS IS A SACRED CALLING
TO STAND FIRM AND FORWARD; AGAIN AND AGAIN,
OVER AND OVER, TO INFINITY AND BEYOND!

I Am An African Classic
African Priest & Warring King

X Gay Robinson is Amua Meeku

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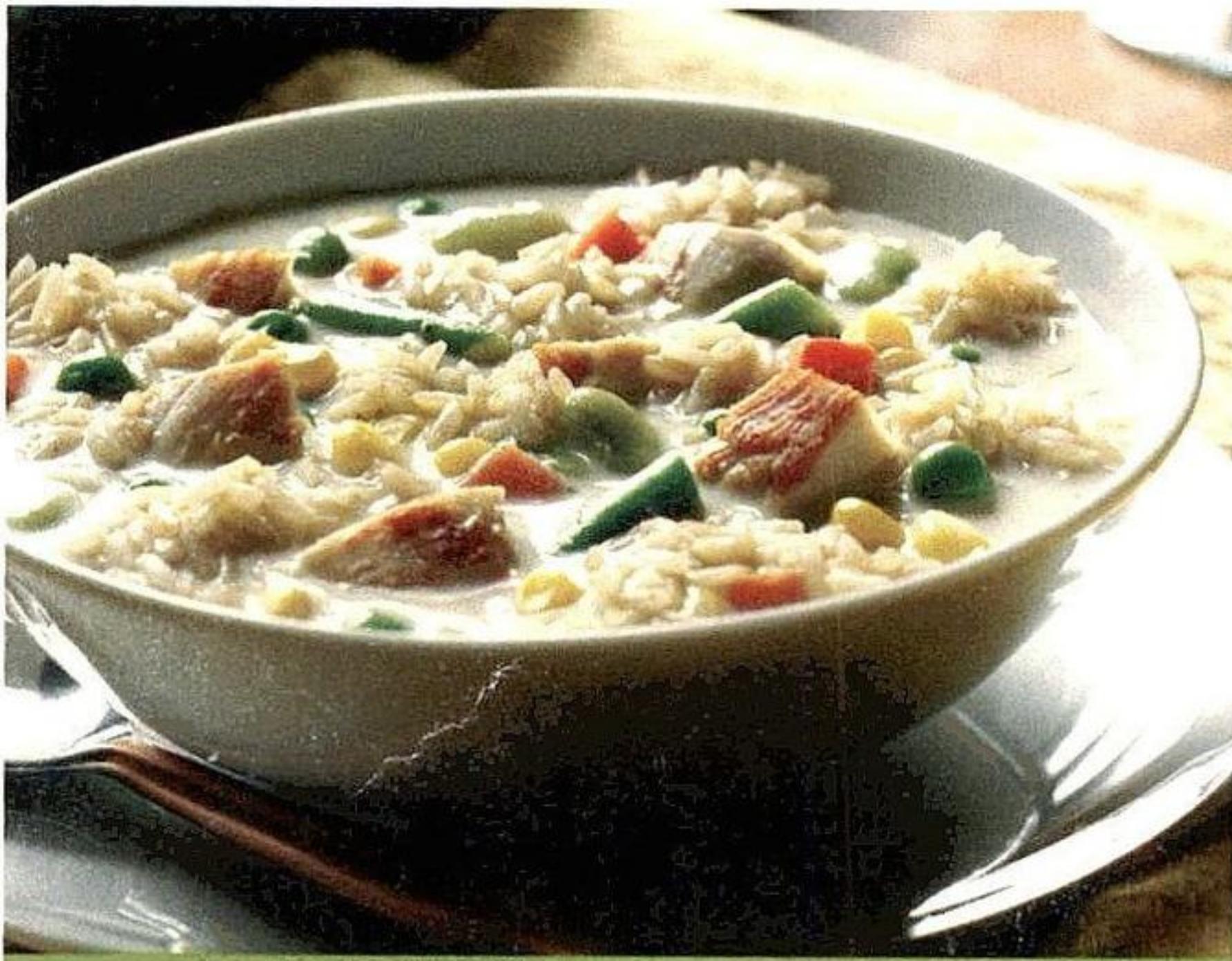
NOTE: IF WE REMEMBER THAT THE PROBLEMS OF my BROTHER
AND SISTER ARE ALSO MY PROBLEM —

THEN WE WILL BE LED TO SOLVE THEM TOGETHER.

TRADITIONAL GREATNESS IS IN THE "US", NOT IN ME.

“In recognizing
the **humanity**
of our fellow
beings, we pay
ourselves
the **highest**
tribute.”

—Thurgood Marshall



Creamy Chicken & Rice Soup

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