

## ACKNOWLEDGMENTS

First and foremost, I want to dedicate and express my deepest gratitude to my Mother " Ali Rose Frimmel." Mom you have been my rock all through these trying times. I couldn't do it without you...

And to my father "HANK "Henry Morris Frimmel", who taught me how to be a great people person and a top notch fisherman...

And to my Son " SEAN Richard Frimmel " Who I am Unable to be there for, and has been a lost soul without his Dad. Sean I pray for you everyday, that you will find Yourself, Step up to the plate and be that responsible man.

Who knows where i would be if things had been different. I may not be in the most hospitable of places at the moment, But one things for sure, I will always make the best of a bad Situation. Let's just say that I'm a slow Learner in the Lessons of life...

Today I'm in a place Within myself that is about Change... I am a new man from this day forward. Without my experiences in life , the work here would'not have been Possible... And this is just the beginning.....

Michael Adam Frimmel  
2011

