

Death Row
Journal

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April 17, 2016

Sunday

Was a rough night, muscles cramping up. I got up at 2:48 am, cleaned the cell and exercised some more. I gave the breakfast away. I've been listening to my music all morning long. I'm about to work on a sudoku puzzle. Then do some more exercising, bathe and get ready for the visit.

Back in my cage after the visit. The Education Dept in Tallahassee said no, on the GED. But, I'm not taking no for an answer. So I'll be dropping another letter to the senator. And seeing what else I can do. I've got some legal books coming and one is dealing with writing officials, I may wait until I get that before pushing out any more letters.

Think right now, I'm going to do some painting, just touching up some areas. Then I may work out. Need to do a little something.

well I cleaned up, and did some painting