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TOP 10 MOST OBVIOUS INDICATIONS THAT YOU'RE LOSING YOUR MIND IN PRISON.

- 10. YOU WAKE UP IN THE MORNING ALL EAGER TO START THE DAY.
 - 9. YOU START WALKING OUT OF THE CHOW HALL FEELING SATISFIED.
 - 8. YOU CAN'T KEEP FROM CRYING WHEN YOUR PET SPIDER RUNS AWAY.
 - 7. YOU REALIZE THE ONLY GUYS WHO TALK TO YOU ANYMORE ARE THE ONES WHO HAVE ALREADY LOST THEIRS.
 - 6. YOU PURCHASE A YEAR SUBSCRIPTION TO NATIONAL ENQUIRER.
 - 5. You START ANTISIPATING YOUR MONTHLY APPOINT-MENTS WITH THE PSYCH DOCTOR.
 - 4. YOU'RE SEEING THE PSYCH DOCTOR TO BEGIN WITH,
 - 3. YOU LOAN SOMETHING TO A GUY WHO SAYS HE'LL PAY YOU BACK, AND YOU BELIEVE HIM.
 - 2. YOU GLANCE AT YOUR LATEST GAIN-TIME SHEET AND REALIZE YOU MISSED YOUR RELEASE DATE.
 - 1. YOUR ONLY HIGHLIGHT IN LIFE IS GETTING LETTERS FROM PEOPLE YOU'VE NEVER EVEN MET.