

FEAR!

6-5-16

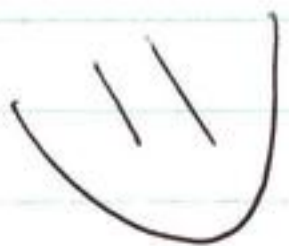
Fear often leads to defeat and disaster. It is a friend of inertia and instability. It supports dependency and will keep the most competent individual from taking the first step to achieve a lifelong goal. Fear is real and many will allow it to stifle and suffocate their dreams.

We fill our minds with thoughts that hold us back, habits that limit us, distractions that derail us, negative people who drain us, fear that paralyzes us, and time-zappers that sabotage our productivity.

We spend so much time and energy on things that don't matter - we fail to focus on what does matter. We fill up with so many things that generate negative energy, there is no room for positive energy to exist.

All throughout the scriptures, God encourages us not to be afraid or anxious. As His children, we have no basis for fear. Of course, there are reasons for us to be extremely cautious about what we do and where we go, but God's people are not to live in a state of anxiety.

If you think about it, you can identify at least six anxieties that are basic to all humanity. They are the fear of criticism, illness, old age, poverty, death, and losing a loved one. Although these are universal worries, they are in reality symptoms of something deep inside that feeds our fears.



#V69138
RECHELL Williams
P.O. Box 5248 A3/17/5
CORCORAN, CA 93212