

Donald W. Clark DEATH ROW
June 6, 2016 JOURNAL
JUNE 6 - 12, 2016
monday

4:30 am. Been up since 3:50 am. washed up made the bunk cleaned the cell, I'm going to go through my cell today and throw a lot of stuff away. I'm having a cup of coffee.

5:18 am. Breakfast is here, I'm going to have a shake, oat meal milk and peanut butter. Been going through my property and discarding useless materials.

6:37 am. Laundry just came through. I've got to go through my locker. Also need to do some writing and work out. Hope the property room man brings the books today.

8:09 am. Got the locker cleaned out, threw some old paper work away, ran across several old addresses, I'll send out a few cards. Heard that their short 18 officers this morning. They need to start paying these guy's better. Well I'm going to do some walking, then go from there.

9:13 am. Was walking, then stopped and washed clothes. wrote a short letter. I've got a 1PM call out for X-ray on my left shoulder. I'm going to try to get something for this burn while I'm up there. Can't believe I got burnt using the microwave to heat cheese in the visiting park, burnt my finger and my lip. Stupid as can be. I need to write.

10:22 am. Wrote another short letter and a card to an organization about a penpal. I'm going to walk some more.

11:39 am. I don't know how I've dealt with the insanity of this cage for 26+ years. Wow. Thinking about the years, First year 1990 I spent in the jail. 1991 92 and 3 months of 93 I spent here at F.S.P. over on S-wing, now it's called F-Wing. 93, 94, 95, 96, 97, 98, 99, I was at Union C.I. 2000, 01, 02 I was here. Feb 03 till Aug 03 I was at the County jail. Came back here and stayed until Sept 04. Was then sent back to UCI where I stayed until May 4, 2015. All of this

Ronald W. Clark Jr
June 6, 2014

Death Row
Journal

Page 2 OF 9

time spent in a cage. Constantly digging deep down inside — trying to survive and not mentally break down. Cause god knows — there's nothing easy about this, "26th year's, man!" Well I'm going to walk and think.

11:53 am. Canteen is here.

12:21 pm. Barry Davis is already screaming up and down the hall and in the vents. I got 5 cookies and a soup for stamps. We have audio, and he's violating the hell out of the rules openly. I'm surprised he hasn't already gotten a Disciplinary Report. But this place isn't like it use to be.

1:07 pm. still waiting on my call out. was suppose to be 1pm. and here we are after 1pm. and no officers in sight. moron down the hall screaming a Rap song out. I hate this place.

2:56 pm. just got back from X-rays. I'm going to fill out my food package orders.

5:06 pm. Filled out my order. Just sitting here listening to the news on the radio. I did not work out today. I've got to make up for that tomorrow. I hear the Food Cart out there with dinner.

5:38 pm. just brought a new guy on to the row. He's a mental case. wanted the death penalty. He's rambling only about honor. I'm listing, but it's obvious that he's a nut job. I'm going to wash up and go to bed. It was raining, it stopped and now the humidity has picked up, and now it's even hotter than it was. That's the bad thing about Florida - the humidity. With this guy coming over here, some will be going to UCI cause there's no open cells.

6:04 pm. washed up, now going to lay under this fan and go to bed.

Donald W. Clark
June 7, 2016 Death Row
Journal

Page 3 of 9

TUESDAY JUNE 7, 2016

4:23 am. Got up at 3:50 washed up, had a cup of coffee made the bunk. I didn't get any mail, just a letter from educational programming listing some places for me to contact. I've got to have a good exercise program today. Shouldn't have missed yesterday.

5:35 am. Breakfast is here. A guy in cell 1311 on the other side threw two cups of juice, one on the inmate feeding us, the other hit the officer, so they got a mess going on over there right now. I'm going to have a shake and do some walking.

6:24 am. Nurse just came, officer who got hit with the juice also came. The inmate was throwing the juice at the inmate, not the officer.

7:58 am. Wrote two short letters, was reading the newspaper. I'm going to walk, then exercise.

9:56 pm. Just finished exercising.

11:28 am. I'm listening to the oral arguments in Perry at the Florida supreme court. From what I heard, it doesn't sound good for us older guys. Oh well, it's not a surprise to me.

11:39 am. Property room just came brought me some books, but not all the ones I was expecting. probably be another couple of weeks before I get them. Recreation has been cancelled. Not sure why. Heard secretary Julie Jones is going to be in the

12:15 pm. Lunch is here. not eating anything on that tray. Not sure what I'll have.

2:32 pm. was doing some reading, these idiots have been arguing for the past 2 hours. This new guy is a real idiot. He fits in good. And Barry Davis is already telling him how to scan Gainesville citizens united for alternative to the death penalty out of a TV, and Fan. That ticks

Donald W. Clark
June 7, 2016

Death Row
Journal

Page 4 of 9

me OFF. Cause there's guy's that need help. Barry Davis has over \$850.00 in his account, and is using this organization, that should be helping the less fortunate. That sun is shining. sure would like to be outside.

4:00PM. Just did another workout. Dinner is here.

4:55PM. I got some chicken put up for tomorrow morning. I'll make some sauce and cook it. I'm getting ready to bath and then head for the bed.

6:09PM Finished bathing, washed clothes now going to bed.

WEDNESDAY JUNE 8, 2016

3:20 am. Been up since 2:30 washed up, cleaned the cell, made the bunk, got laundry ready to go out. Now time to get to work on this chicken.

4:15am. Cooking the chicken. take a couple of hours.

5:08am. Breakfast is here. I'm going to give it away.

6:04am. Ate some of the chicken, I'm just not big on eating in the morning. Which is when I should be eating. Nurse just came through. I've been reading which is what I'm going back to doing, then I need to do some writing.

6:40am. Here's laundry. I just started a letter to my Dad.

7:49am. Legal mail man just dropped OFF some mail from me. I've got to file a motion tomorrow to get Linda appointed as my state Counsel, and Harry P. Brody removed.

8:13am. Grievance lady just came by. I've got to write another letter. wrote my Dad.

8:51PM. I had to search for a pen, then ran into a roach. killed it. Hate roachs. This place use to be

Ronald W. Clark
June 8, 2016

Death Row
Journal.

page 5 OF 9

really bad. Found out this morning that Barry Davis robbed one of the inmates. you can't do crap like that, you get out in that hall way hand cuffed up, and one of these guy's will kill you over their money. so over a few dollars, he put his life at risk.

8:57am. They're doing recount. I'm going to do some writing.

9:28am. They're pulling rec down stairs right now. I'm going to do some walking, then exercise.

11:48am. Just finished exercising pouring sweat. I'm going to lay in the floor and cool down.

12:22pm. Dinner came, trays are greasy and slimy, I gave it away. We've been told that the Regional Director Brad Cullpepper is coming through, and now we have to be in class A uniforms. He needs to be fired! "Damn its hot in here."

3:09pm. The tour group just came through. Didn't see Cullpepper, there's was about 4 or 5 men I've never seen. Damn its hot! This is just ridiculously hot!

6:31pm. Finished bathing, I'm going to bed. I ate some fish and rice for dinner. No mail tonight.

THURSDAY JUNE 9, 2016

3:00am. Got up at 2:23am. washed up, made the bunk, had a cup of coffee. I'm sore from yesterday's exercise session. I'm hoping to go to recreation this morning and do pull ups and dips.

5:24am. Breakfast is here. I'm having grits with sardines in them. I should have slept in this morning. That's just too early to be getting up. But I laid there and when I couldn't get back to sleep, I decided to

Ronald W. Clark Jr
June 9, 2016

Death Row
Journal

Page 6 of 9

get up.

6:08am. nurse just brought meds. I'm going to do some walking.

7:33am. Officer just took the rec list. I've been exercising. Need to go back to it.

8:01am. Finished exercising, now waiting on legal mail and recreation.

8:19am. Legal mail man just picked up my motions for the appointment of counsel. Now just waiting on rec.

11:28am. Back in from recreation. 5 OF the guy's are being sent to UCI. One is from over here. The only quite guy. On the yard I did some dips, pull ups and squats. We may go out again this afternoon.

12:19pm. Lunch is here. I'm eating some pasta. I'm really tired.

1:00pm. Waiting on this and recreation.

1:38pm. Terry Smith just left out of cell 2307 heading for UCI. That's a really good dude. They're not putting us for recreation.

4:22pm Just came back from recreation. They pulled us around 2pm. Food cart is on the other side. I'm ready to eat.

4:53pm. Ate dinner, a burger, it's loud in here right now. I also washed clothes. I am tired. I did more dips, pull ups and push ups soon as I get to the shower, I'm coming back and going to sleep.

7:22pm. I just used the phone to call Anne. First time I've used the phone. Took me about 20 minutes to figure out how to use it. Had to use my D.C. number and social security number, that's what took so long. now just waiting on the shower.

8:20pm Back from shower. Going to bed.

Ronald W. Clark Jr.
June 10, 2016 Death Row
Journal

Page 7 of 9

FRIDAY JUNE 10, 2016

5:01 am. Didn't get up until 4:28 waiting on breakfast. Didn't get any mail last night. That's got to change. Well I need to make my bunk and clean the cell.

5:53 am. Here's laundry, they've showed up early. Breakfast still hasn't come.

6:42 am. Breakfast is here. We also have a new runner that feeds us. Not sure what all I'm going to do today. Some point I'll exercise. Father Conrad might show up. Need to write somewhere to try to find me a pen friend or two.

9:32 am. Wrote a short letter and card. I need to walk, then exercise.

10:11 am. Was doing crunches, when the sgt. said I have a 1PM. call out. So I backed off exercising for now.

12:40 pm. Was watching Ali's memorial service. Had to turn away several times. Hard watching that. He was a great man.

3:02 pm. Back from seeing Father Conrad. I'm going to watch the rest of Muhammad Ali memorial.

5:28 pm. Just ate dinner.

6:42 pm. Finished bathing. I'm getting ready to go to sleep. Was not a really productive day. Ali's Funeral was really sad. I don't see how his kids wasn't in tears. Well they have had a whole week to cry them all out. Never be another like Muhammad Ali.

He was truly the greatest. He stood on what he believed. Now day's people don't stand up like that man did. He was loved by many, me included.

I've got to have a more productive work out tomorrow. Also hope they stop with some mail tonight. I haven't received any mail in the past 3 days. Oh well. Good Night.

Bronald W. Clark Jr
June 11, 2016.

Death Row
Journal

Page 8 OF 9

SATURDAY JUNE 11, 2016

4:48 am. Breakfast just came. oatmeal. I'll eat later. Again no mail last night. I've been up since 3:30 still havent made my bunk. need to do that, then wash some clothes, exercise this morning, do some work in the GED book's. I'm getting frustrated, cause I'm running into stuff that I don't have a clue of how to do, and I've got no help. I really need a teacher that can instruct me. There's something wrong with my brain, and the learning process. Let me get to this.

8:05am. Hear the nurse coming with meds. I've just finished washing clothes. It's already hot in here. Dang I wish we had air conditioning. I'm going to start walking, then go into my workout. I ate oatmeal about 7am. I'm now cooking some fish. 11:40am. Finished exercising. I stopped for about an hour and talked to a christian volunteer norman. Need to wash up. my knee is hurting

12:09pm. Here's lunch. I'm eating the fruit, giving the rest away. may do some more exercising.

4:39pm. It is so, so, so unbelievably hot in here! This is a sweat box! Being up here on this 3rd Floor makes it even worse.

6:00pm. I gave my dinner tray away. It hasn't begun to cool off. I needed to write a letter. Aint gonna happen.

6:45pm. Just finished washing clothes and bathing. I'm getting ready to lay down under this fan and try to stay as cool as possible. where is the winter months. Can't wait for them to show back up. I do not do well in this heat. If I was outside fine. warehoused in this hot cage. NO! Going to bed.

Ronald W. Clark Jr.
June 12, 2016 Death Row
Journal

Page 9 OF 9

SUNDAY JUNE 12, 2016

5:00am Been up since 3:30 Cleaned the cell made my bunk need to work out. also need to do some writing while it's still cool in here.

8:30am Didn't exercise wrote a short note, Just finished bathing and waiting on them to come get me for visits.

3:24pm Just got back from visit. It was hot out there. I drank so much that I felt sick to my stomach. I've got to write a short letter to this woman.

4:14pm They just served dinner, I gave it away. writing a letter.

6:44pm Getting ready to go to sleep, they can wake me up for weight and bar check. I'm really tired. I've heard 50 people were killed in a night club in orlando sad situation, and this is a mad world we live in.