

## Letting Go of Resentment & Bitterness Prayer

Heavenly Father, I come to you now in the Name of my Lord and Savior Christ Jesus. Heavenly Father, life seems so unjust, so unfair. The pain of rejection is almost more than I can bear. My past relationships have ended in strife, anger, rejection, resentment, bitterness. Father help me to let go of all bitterness and resentment. You are the one who binds up and heals the broken-hearted. I received your anointing that breaks and destroys every yoke & bondage. I receive emotional healing by faith according to your word, ~~Isaiah~~ Isaiah 53:5 and with his stripes we were healed." I thank you for giving me the grace to stand firm until this process is complete. I acknowledge and I thank you for my wise counselor, the Holy Spirit! Thank you ~~for~~ for helping me work out my salvation with fear and trembling, for it is you, father, who works in me to do your will and to act according to your good purpose. In the Name of Jesus, I choose to forgive those who have wronged me. I choose to live a life of forgiveness because you have forgiven me. With the help of the Holy Spirit, I get rid of all resentments, bitterness, rage, anger, bawling, and slander, along with every form of malice. I desire to be kind and passionate to others, forgiving them, just as through Christ, you forgave me. With the help of the Holy Spirit, I make every effort to live in peace with all men and to be holy, for I know that without holiness, no one will see you. I chose to receive and to not miss your grace cause trouble. I will watch and pray that I will not enter into temptation or cause others to stumble. Thank you Heavenly father, that set free is free ~~indeed~~ indeed. I declare that I have overcome resentment and bitterness by the Blood of the Lord Jesus Christ and by the word of my testimony. Amen