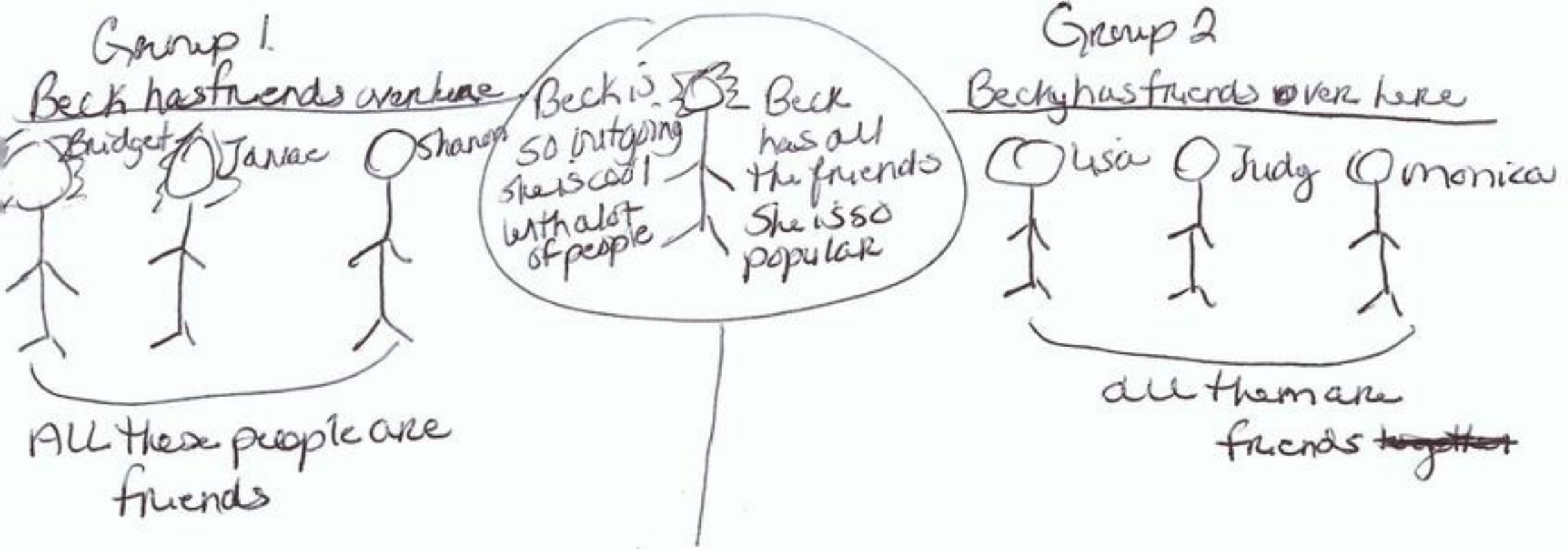


A friendship that tumbles



Both of these groups begin to ~~be upset~~ ~~be upset~~ against each other over he/she says stuff. Beck has nothing to say she is chilling. Group 2 start the whole fire spreading lies so now Group 1 is mad at each other and about to fight each other and then they mad at Group 2. In both Group you have people that are possessive of their friends. Don't want nobody talking to their friends. If they do they get mad and jealous. A couple of these people control their friends. What do you do when you're in a situation like this?

Red flags to friendship; you should watch.

1. When somebody want to control who you talk to or be friends
 2. Betrayal, If they betrayed one time they will do it again.
 3. Jealousy
 4. A Bunch of strife, confusion all the time
- Ask yourself is these friendship worth it?

How to handle conflicts in friendships.

This weekend Group 1 and Group 2 was going at it. They was arguing so till they got up in each other faces about this he ~~says~~ /She say stuff. Each one came to me for advice.

One when you mad with a person never confront them, because things go wrong quickly. My advice to them was Everyone needs to wait a couple of days to cool down and get out of yourself. (your feelings) Then everyone come together and sit down, talk it out. It's important that everyone come. Cause everybody involved are in the inner circle. But I told each individual if your still upset do not ~~include~~ include yourself meeting with no one until you have cool down.

They took my advance. Came together when everyone had cool down. An talk about the situation. Everyone is Ok. We all watch TV together last night and had a good time.

P.S For my people who stay angry in a situation like this for a long time. you need anger management and counseling because the situation is not the problem that causing you to be angry it's some deeper rooted in you. You need to find that trigger that is causing you to be angry for long period of time.